



HIMALAYA INSIGHT TOUR

Reg.No.TRM/TRL

Create Memories For Life

Tsokar to Tsomoriri Trek

📅 05 Days - 04 Night

🏔️ Challenging 📍 June to October

If you are willing to trek in lake side valley of Chanthang than this one is the best option. It is a trek of 5 days and 4 night start from Tsokar lake and end at Tsomoriri. There are four passes to climb which are above 5000 mtrs. difficulty level fall In the category of medium hard. The landscape of the valley is unique similar to Tibetan plateau. Only fittest of fit wild life can be survived in these areas as the average altitude of the land is 14600 feet. While doing this trek you will really enjoy the view of valley and the lakes. Best period for this trek is from June to Ending September.



DAY 01: Leh to Rachungkaru/Tsokar by Taxi via Taklang la

Its about 140 kms from Leh lies to the east of Leh town, located in Rupsho valley. The altitude varied between 4500 M to 5500 M. belongs to Changpa nomad rear animals for their livelihood Famous among tourist for salt water lake and existence of bird like black neck crane. Overnight in camp the camping site.

DAY 02: Rachung karu to Nuruchan

It takes around 4 hours to get to the next destination. On the way to Nuruchan you get a pass called Horlamkongka with average height. The route is ascend, just need to follow the trails. View is beautiful all the way. Overnight in tent at Nuruchan camping site.

DAY 03: Nuruchan to Gyama barma.

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With gradual ascend route. Two pass need to climb Gyama and Kangyuru la height of 5300 M. from the top view of surrounding lake and valley is awesome. Take time of 4 hours get to the next destination. Overnight in tent at Gyama barma camping site.

DAY 04: Gyama barma to Tsomoriri

It will take 6 to 7 hours to get to Tsomoriri. Need to climb a pass called Yalang yugu la height of 5300 M. the route is gradual ascend, easy but quite long. The view of Tsomoriri lake from the top is beautiful. The down ward trail is bit steep. The camping site is near the village.

DAY 05: Tsomoriri to Leh via Mahe bridge

Around 220 kms distance will take around 5 to 6 hours. Need to start driving early. Lunch can be taken at Chumathang hot spring/Upshi. You will get Leh by afternoon.

www.himalayainsight.in

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