

## LAMAYURU TO CHILLING

06 Nights – 07 Days

### DAY 01: Leh - Lamayuru

Drive for about Six hours enroute visit the Famous Likir and Alchi monasteries, overnight in Camp 3600mtrs. Alchi: The Choskor, or religious enclave, is one of the most important culture sites in Ladakh build in the 11th Century, it is a treasure trove of early Buddhist art in the Kashmir tradition, a style quite different from the Tibetan art founding Ladakh's other monasteries - also unlike other Gompas it is hidden down by the river rather than in the more usual elevated position, this may explain why it was not destroyed by the various invaders who have passed by throughout the centuries, it was constructed under the supervision of Golden Sherab, a follower of Rinchain Zangpo, the man responsible for reviving interest in Buddhism at the time. Alchi is one of the few remaining examples of the area.



### DAY 02: Lamayuru to Wanla: 4 to 5 hours

Today after breakfast start your trek slowly down along the water channel until the Junction from where you will turn your right gradually up in the tide valley in the busy trail along the green fields and water channel then steep up until top of Pringkitila pass 3700 mtrs then steep down in the Canyon and flat walk along the stream from Shila village to Wanla but you will walk one hour further to a nice camp site at the bank of the Wanla river and to compensate next day long walk. Overnight in camp 3327 mtrs.



### DAY 03: Wanla to Henju: 4 to 5 hours

The trek leads you through beautiful village ascending gradually and turning your left when you reach at Phanjila hamlet which is the main junction where you will leave the famous Zasker trail aside and pass through many typical houses of Phanjila and Ursi, Overnight in Camp (3810mtrs).



# HIMALAYA INSIGHT TOUR

Create Memories For Life

## DAY 04: Henju to Sumda: 5 to 6 hours

Walk ascending up through the zigzag path until the top of the pass-after crossing Kongskila(4907 mtrs) arriving in a small village with a small monastery and nice camp site with view of Stok Kangri, overnight in Camp at 4220 mtrs.

## DAY 05: Sumda to Lanak: 4 to 5 hours

Walk on the zigzag path where you will meet many other trekkers passing by or accompanying you in this famous and busy trek after crossing stream, we will reach the camp site. Overnight in Camp 4100 mtrs.



## DAY 06: Lanak to Chilling: 5 to 6 hours

Walk gradually ascend up to Dun-dun Chan la (4800mtrs) ,from the pass one can have a very nice view of the surroundings and the Zansker range ,following down the stream through the gorge reach the nice village of Chilling near the Zansker river, Visit the old village and monastery, This village was famous for producing some of the best Metal works in Ladakh is believed that the people are descended from Nepalese craftsmen who came to Ladakh in the 17th century to help construct the statue of Buddha at Shey. Today it seems that only one elderly craftsman is still at work and what he produces tends not to be quite as attractive as what was once made here.

## DAY 07: Chilling to Leh: 3 to 4 hours

Today your drivers will drive you back to Leh visiting the Phyang and Spituk Monasteries, in about Five hours-overnight in hotel.

HIMALAYA INSIGHT

*Create memories for life*

TOUR & TRAVEL COMPANY

Address: Opposite Hotel Siddhartha Fort, Road Leh-Ladakh UT INDIA 194101 |  
EMAIL: [abidleh@gmail.com](mailto:abidleh@gmail.com) , [ladakhtrip@protonmail.com](mailto:ladakhtrip@protonmail.com) | TEL: +91-1982-251667 |  
MOB: +91-9419299067 / +66-803866450 |  
INSTAGRAM: @himalaya\_insight | Twitter: @greathimalaya | LINE: @ladakh.travel  
WEBSITE: [www.ladakhtravel.info](http://www.ladakhtravel.info) | BLOG: [www.himalayainsight.wordpress.com](http://www.himalayainsight.wordpress.com)