



HIMALAYA INSIGHT TOUR

Create Memories For Life

SHAM VALLEY TREK

05 Nights - 06 Days

DAY 01: Arrive Leh

Early morning transfer to domestic Airport to take flight for Leh. Arrive Leh, transfer to hotel. Day is at complete leisure to get you fully acclimatize with the altitude of Ladakh. Overnight at hotel in Leh. (3500 m)

DAY 02: Drive Leh - Likir then trek to Yangthang (55 km)

Morning, after breakfast, drive on Leh-Srinagar highway to Likir, 65 km, 2 hours drives. En-route, you will enjoy the awesome view of confluence of Zaskar and Indus River before Nimo village. Arrive Likir, visit the monastery and start your trek right from the monastery to Yangthang (4 Hours), from the monastery walk in the field few minutes, leave behind the last house of the villages. Enter in an arid terrain, start easy ascending towards the small pass, Phobe La (3978m). Then descend towards Sumdo village, 3 houses, cross the stream (bridge) and enter into spectacular narrow gorge and ascend gradually towards Chagatse-la (3700m). From the pass, view of Yangthang village upon a small plateau, totally isolated from other part of the valley, surrounded by huge marvelous huge mountains. After explore small village and interact with villager. Overnight at camp in Yangthang.



DAY 03: Trek Yangthang - Tsermangchan-la (3750m)-Hemis Shukpachan (3/4 hrs)

Morning: After Breakfast start easy and gentle trek to Hemis Shukpachan, today you cross another small pass Tsermangchan La (3750m). It can be seen right from the Yangthan village and it takes more than one hour to reach at top. From the top, enjoy the awe-inspiring view of panoramic landscape and view of beautiful charming village (Hemis Shukpachan). Cross the pass, easily descend down towards Hemis Shukpachan where approximately 250 families live, After Lunch explore the village. Evening visit local house and spend few moments with Ladakhi family. Good and nice camping site. Overnight at camp. (3500m)



DAY 04: Trek Hemis Shukpachan - Mebtak-la (3720m) - Ang (3400 m) - Temisgam

Morning: After Breakfast, continue trek with easy walk. Pass village and follow the clear trek route upon flat terrain. Steep descent followed by deep gorge and then again you climb a steep slope to the summit of Mebtak-la pass (3720 m). It is little bit difficult but slowly and steadily with zigzag route, it seems easy and it takes about 30 minutes to reach at the top. Enjoy exquisite enchanting landscape and its surrounding wonderful mountains. Cross the pass then easy and gentle trek as far as Ang village then follow the road that leads to Charming

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Temisgam village. Afternoon visit Temisgam castle built on hill top with attractive view of charming village and enchanting valley. Overnight at camp in Temisgam village. (3550m).



DAY 05: Drive Temisgam - Lamayuru - Moonland, Alchi - Leh (156 km)

Morning after breakfast, drive to Lamayuru, 36 km from Temisgam and is located on the Leh-Srinagar highway. Arrive Lamayuru; visit Lamayuru monastery. This monastery belongs to Digungpa order of Tibetan Buddhism and it says that it was founded by Lama Nyimagung before 11th century. According to history, great Mahasiddha Noropa visited this place in 11th century. The cave where he resided and meditated is still to be seen inside the monastery. After the visit, drive to Leh while enjoying the view of imposing lunar landscape and via visiting Alchi. En-route you pass across several beautiful charming village, beautiful landscape along with the Indus River. Cross Indus before saspol village, this road leads to Alchi village. Visit Alchi monastery, built by Lama Lotsava Rinchen Zangpo (The translator) 1000 years ago. After then continue your journey to Leh, still 68km. Arrive Leh by afternoon. Evening, enjoy hike around Leh Market. Overnight in hotel. (3500m)



DAY 06: Airport Drop

After early breakfast at hotel, transfer to Leh airport for return flight to Delhi.