



HEARTFIRE CIRCLE

A SPACE FOR HEALING AND GROWTH

HeartFire Circle is a community-based program designed to offer a space for people to connect, heal, grow and enjoy life again.



Self-care

Take time for yourself.
Learn strategies that promote wellness and joy.
Get your fire back!



Support

Enjoy a community of encouragement and compassion that supports self-reflection and growth.



Resiliency

Equip yourself with the tools and resources needed to thrive through life's challenges.

www.HeartFireCircle.com

HeartFire Circle is an extension of HeartFire Academy and HeartFire Ranch, founded by Dr. Leslie Cary, Ph.D. licensed marriage and family therapist.

Interested in hosting a Circle for your community?

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