



HeartFire
Academy

SERVICES



PROGRAMS

Parent Care - Corporate Care - Youth Care

HeartFire Circle

We're here to support you!



WORKSHOPS

Personalized, Educational & Experiential

Workshops and Wellness Classes

for Parents, Organizations and Schools



COACHING

Individual and Group Coaching

Leadership and Life Coaching

Parent and Relationship Coaching



RETREATS

Wellness and Self-Care Retreats

for Parents, Organizations and Caregivers

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