





Rooftop barre | June 6

Move your body. Renew your mind.



SCHEDULE

 **9:15 AM** – Outdoor sound bath + devotional

 **10:00 AM** – Rooftop barre (45 min)

 *Optional: Salt room experience
before or after*



SCULPT

Strengthen
with intention



CALM

Release stress
& reset



CONNECT

With yourself &
your community

Reserve your spot today!
(limited spots)

