



Welcome to our 'It's Your Move' digital resource pack, supporting pupils as they prepare to move to a new school or college.

How to use these resources

When you begin your new school/college, you are bound to face some **CHANGES**, **CHALLENGES** and **CHOICES**. Our resources include three worksheets with these headings, each allowing you to work through some activities and have some time for thinking. There are further reflective questions at the end.

Each worksheet also contains a link to a short video exploring the life of Peter from the Bible and some of the **CHANGES**, **CHALLENGES** and **CHOICES** he had to face. You can also find these videos at www.bscwt.org/iym11 and on our [YouTube Channel](#).

Everyone at BSCWT would like to wish pupils a wonderful time as you move to your new school/college!

Changes



Start here!

There will be lots of changes when you leave your school. You may be really excited about some and others may seem a little scary. Don't worry though! You are not alone. Everyone will be feeling a little unsure but a great way to help is to think about the changes and how you can get ready now.

Try to unscramble the anagrams to reveal the changes you might face. Then read the story below and pick out the changes Timothy faced. How do you think he felt about each one?

Anagrams

There will be many changes at 6th form or college. Unscramble these words to find out what some might be.

- | | |
|---------------------|----------------|
| 1. schumitLen | 2. wrmeHoko |
| 3. ewN cherTaes | 4. rvTela |
| 5. gergiB uBgnisdli | 6. wNe rdnsFei |

(Answers at the bottom of the page)

How do you feel about these changes? Have a chat with friends & family and come up with some ways to help you get ready.

Story

Timothy's Dad got a new job. This meant that Timothy's family had to move to a new town a few hours away. Timothy was excited but also a little nervous because he would have to start a new school. There was lots going on.

On the way to their new town, the van that carried all their things got a flat tyre and they couldn't drive any further. They had to spend the night at a hotel. Timothy had never stayed in a hotel before; it was a bit odd being there with so many strangers.

Time

When Timothy's family got to their new house, he unpacked all his clothes and toys into his new room, which was much bigger than his old one, and bright blue (Timothy's favourite colour)!

On Monday, Timothy started at his new school. He quickly made some friends and had lots of fun playing football and telling jokes. There was another boy in Timothy's class with the same name, so he and his new friends decided he would be called Timmy. He loved his new nickname. Lots of things had changed, some harder than others, but Timothy was happy.

WANT TO KNOW MORE?

Follow the YouTube link to learn about Peter in the Bible and the changes he faced in his life.

<https://youtu.be/QPgWwdHW4L4>

Next Stop:

CHALLENGES

What changes did Timothy experience? How might he have felt?

Challenges

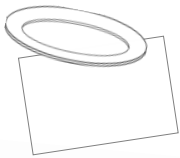


Can you do these challenges?

Throw a ball in the air and catch it ten times in 30 seconds

Make a paper aeroplane in 30 seconds

Balance a paper plate on the thin edge of a sheet of paper in 30 seconds



like this!

Try the challenges to the left and see if you can complete them, taking no more than 30 seconds for each one. *Did you manage them?*

Some challenges may be easy, like throwing a ball in the air. Some may be a bit trickier or take a bit longer, like making a paper aeroplane; and some may seem almost impossible, like balancing a paper plate on the edge of a piece of paper (if you roll the paper into a tube you can do it!)

You will face challenges when you join 6th Form or College, or even leave school. Some will seem easy, some will take time and some will seem impossible. Have a think about what you can do when you face challenges? Maybe you could ask for help from friends, family or your new teachers. Remember your teachers are there to help you, not to make challenges impossible.

Story

Remember Timothy? He was enjoying his first few days at his new school. Some days were more difficult than others because he would get lost or forget where the canteen was. Timothy's new friends were always kind and helped him get around when he was unsure.

Timothy also found the work very different. He had already looked at the Romans in his old History class and knew most of the answers to the quiz they had, but geography was a lot harder.

Time

All the class knew the different names of the continents, but Timothy wasn't sure, so he kept quiet and really struggled with his homework.

At the end of class one day, Timothy's teacher asked to speak to him. "Timothy, your homework hasn't been completed," she said. Timothy told her that he didn't know the answers like the other students because he hadn't learnt it in his old school. "That's okay! But if you find something challenging, you should ask. There is always someone to help you!"

Timothy promised that he would.

WANT TO KNOW MORE?

Follow the link to find out more about Peter in the Bible and some of the challenges he faced.

<https://youtu.be/3yoMw95LLko>

Next Stop:

CHOICES

What challenges did Timothy face?

Choices



Lots of things will be different when you go to 6th Form, College or leave school, and you may find you have a bit more freedom and a bit more choice. There will be all sorts of clubs to join, new friends to make, lunches to eat and, when you're a bit older, subjects to choose. Some choices will be really easy to make and others will be much harder. Have a look at the choices in the question mark. These might be some things you have to decide when you start your new school. Which will you pick?

Some choices, like what to eat, are up to you, whereas other choices have a right and wrong answer, like choosing to be kind rather than laughing at someone.

Why not try and think now about some of the choices you may have to make and chat about them with friends and family. Why not give them some choices?

Which would you pick?

Packed lunch OR
canteen dinners?

Chips
OR
Salad?

Sports Club
OR
Drama Club?

Laugh at
others
OR
be kind?

Be a good
listener OR
a gossip?

Do your
homework
when you
get home
OR later?

Car/bus/
train OR
walk/
cycle?



Story

Timothy was in his maths class when he heard laughing from the other side of the room. He saw some boys laughing at the girl in front. Timothy thought what they said was a bit funny, but then he saw how upset the girl looked and stopped laughing. He told the boys they were being unkind and needed to stop.

Timothy decided to walk to lunch with the girl and they started chatting. She seemed kind and enjoyed hearing Timothy's stories

Time

and jokes. When they arrived at the canteen, Timothy joined the queue for lunch. Today's choices were lasagne, chicken salad or vegetable curry. "Brilliant!" thought Timothy, "Lasagne's my favourite!"

The afternoon lessons soon ended and Timothy walked home just in time for his favourite T.V. show. "Haven't you got homework?" asked Mum. "I'll do it later," grumbled Timothy. "Make sure you do!" Later that evening Timothy ate tea, played games and, just as he was nodding off to sleep, he thought "Oh no, my homework!"

WANT TO KNOW MORE?

Follow the link to find out more about Peter in the Bible and some of the choices he faced.

<https://youtu.be/MhgbdxBlX8k>

Next Stop:

6th Form
or College

What choices did Timothy have to make?
Which were easy/hard or right/wrong?

My Thoughts



Changes

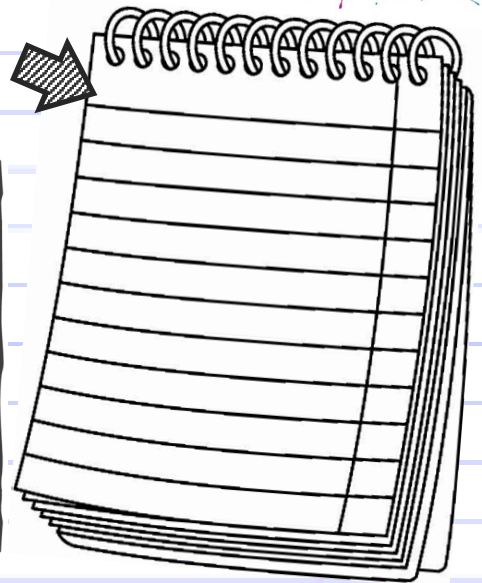
Things I can do to
get ready for these
changes now

3 things I'm looking forward to:

- 1
- 2
- 3

3 things I'm NOT looking
forward to:

- 1
- 2
- 3



Challenges

People I can
ask for help

3 challenges I might
have to face:

- 1
- 2
- 3

3 things I can DO to overcome
these challenges:

- 1
- 2
- 3



Choices

Some choices I
might have to make

Think of a time you made a wrong choice:

What did you do about it?

1 thing I can do NOW to get ready:

