



# Power to...FORGIVE

## Forgiving each other

Some activities to help you to explore the ideas in our assembly

### Teacher's notes



- The activities we've included are designed to support spiritual, personal and social development.
- These suggestions are for use by pupils on their own, with others in class or as a whole school project.
- There are ideas to help both explore and reflect on the story and it's relevance to us today.

**Bible references:** Acts 9.1-19

**Watch the story here:** <https://youtu.be/ILxFy3zjlh4>

**Aims:** To explore and reflect on the story of how forgiveness changes Paul's life and how it can work in our own lives.

#### 3 things to do!

**Focus:** Reflecting on forgiveness and how it can change our relationships.

**Activities:** 1: Paul's Journey. 2: Forgiving hands. 3: Make a puppet.

**Resources:** Worksheet, additional sheet for storyline, print out of puppet, stiff card and lolly sticks (optional), scissors, glue, pens.

- In '1 : Paul's journey' there is an additional sheet with the same activity as on the worksheet but with room to note down the words or emoji the children think of.
- In '3 : Make a puppet' there are different making suggestions and a suggestion to make an additional one of themselves.

#### 2 things to do!

**Focus:** Working together to explore what forgiveness is.

**Activities:** 1 : Words from Forgiveness 2 : Hands of Forgiveness.

**Resources:** Pens, paper, scissors.

- In '1 : Words of Forgiveness' the anagram game could be done with a time limit for each category and even in groups if the children are in school..
- In '2 : Hands of Forgiveness' it would be a good idea to discuss answers in groups or with the whole class first.

#### 1 thing to do!

**Focus:** Combining our ideas and reflections about the power of forgiveness.

**Activities:** 1 : Forgiving hands

**Resources:** Craft, paper and pens.

**Brentwood Schools Christian Worker Trust**

is a local educational charity serving schools in the Brentwood area with Assemblies, Lessons, Clubs, Prayer Spaces and Pupil Support.

Office@bscwt.org <https://bscwt.org>



Meaning Value Transcendence Connecting Becoming



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**3**  
things  
to do!

Some activities to help you to explore the ideas in our assembly

### 1 : Paul's Journey

Paul's Journey of Forgiveness

START

Saul gets arrest letters



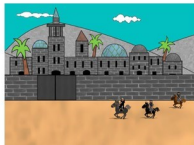
Ananias hears from God



Ananias prays for Paul



Saul nears Damascus



Saul sets off to Damascus



Paul's eyes are opened



Saul hears Jesus's Voice



Saul cannot see



Paul is a follower of Jesus



FINISH

Both Paul and Ananias change on their journeys because of FORGIVENESS.

Can you draw a line to make a path between the pictures linking Paul's journey in the correct order?

Can you think of one word to describe what each person was like at each stage of their journey?

If you like, you can use the sheet attached to write your word or draw an emoji.

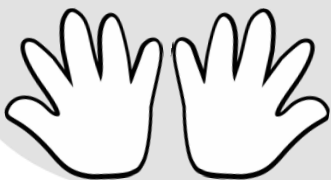
### 2 : Forgiving Hands

Forgiveness is a gift to receive and give.

It is in our hands!

Hold your hands in front of you, palms up and spend some time thinking about things you have done which you regret, and things other people may have done which have upset you.

Now, turn your hands to face palm down and say 'I forgive and let go'. Next, turn your hands back palm up and say 'I am sorry and ask for forgiveness'.



### 3 : Make a puppet

Use the template attached to make a double sided puppet of Paul: one side before forgiveness, the other side after!

You could also design one of yourself and decorate it to reflect how you feel before and after forgiveness.

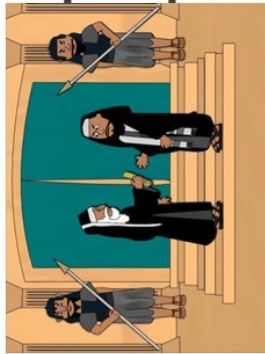


## Paul's Journey of Forgiveness

Can you draw a line between the pictures to show Paul's journey in order? Try to write one word in the box to describe Paul or Ananias in each picture. (I've done the first one for you!)

START

Saul gets arrest letters



Angry



Ananias hears from God



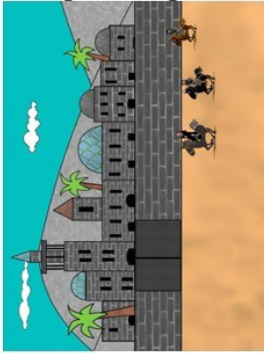
Paul's eyes are opened



Ananias prays for Paul



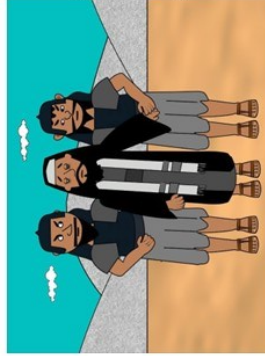
Saul hears Damascus



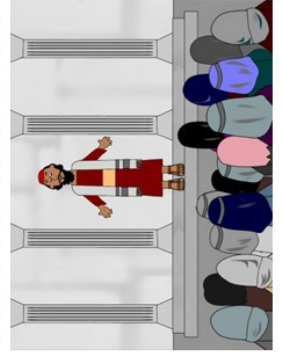
Saul hears Jesus's Voice



Saul cannot see



Paul is a follower of Jesus

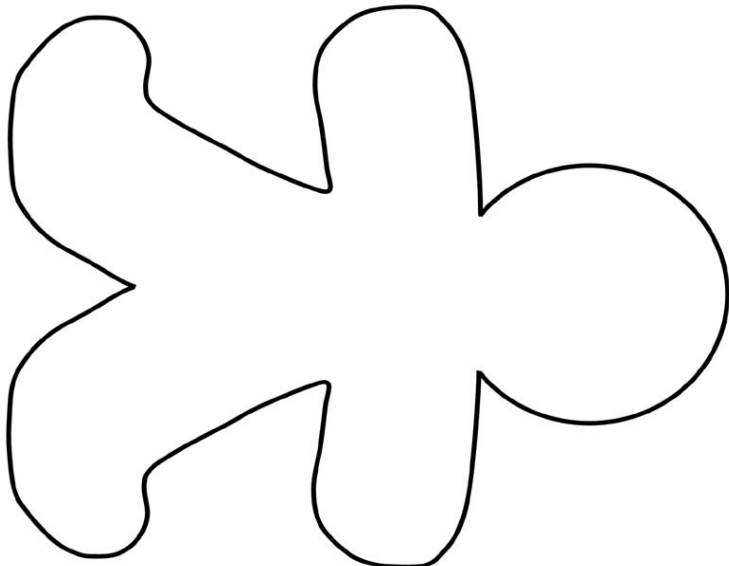


FINISH

# Forgiven/not forgiven Flip puppet

## Some ideas

- Cut out the two figure templates and stick them back to back.
- In this template, Paul has a sword for before he is forgiven and a Bible for afterwards when he is a follower of Jesus.
- You could use a lolly stick or some stiff card and attach the body to make flipping him easier.
- You could cut out the body on stiff card and decorate both sides
- You might like to make a second one of yourself.
- You could use emojis to decorate each side with the feelings that go with being,





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Some activities to help your class to explore the ideas in our assembly

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### 1 : Words from Forgiveness

Have some fun with anagrams and the word 'forgiveness'.

1. See how many 2 letter words, then 3 letter words, then 4 letter words you can find.
2. See who can make the longest word by rearranging the letters.
3. See if you can make 2 words out of the letters.
4. Use the letters to invent some new words!

You could also play around with names

1. Write your name at the top of the page.
  2. See how many words you can make from it.
  3. Play around with the letters to make yourself a new name!
- 

### 2 : Hands of Forgiveness

Spend some time talking to the class about forgiveness.

How does it feel when we have done something wrong?

How does it make us relate to other people when there is something 'wrong' between us?

Why is it difficult to say sorry?

Why is it difficult to forgive others?

How does it feel to be forgiven?

How does it change how we think about the future if we have been forgiven?

Draw around your hands and use some of these ideas to decorate the hands—either with phrases, words, emojis, colours or pictures.



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An activity to help your school to explore the ideas in our assembly

### 1 : Forgiving hands

Collect the hands created by each class and combine them to make a wall of forgiveness! It could be on a school display board, or a virtual picture on your website.

You could include pictures and ideas shared from the students such as:

- Things learned from the assembly about forgiveness.
- How it feels to be forgiven.
- How it feels to forgive someone.
- Things that might help us to forgive.
- Why forgiveness is important.

You might also include some hands which say 'sorry' and 'I forgive'.

If you are in school, you might have a box for people to anonymously post notes saying something they are sorry about or someone they are choosing to forgive.

