



# Power to... HOPE

## Keeping HOPE strong

Some activities to help you to explore the ideas in our assembly

### Teacher's notes



- The activities we've included are designed to support spiritual, personal and social development.
- These suggestions are for use by pupils on their own, with others in class or as a whole school project.
- There are ideas to help both explore and reflect on the story and it's relevance to us today.

**Bible references:** Acts 9.23-25, 16.16-37, 27-28.

**Watch the story here:** [https://youtu.be/5t\\_3BuseTSO](https://youtu.be/5t_3BuseTSO), <https://youtu.be/QPe1TcsW8w4>

**Aims:** To explore and reflect on the story of Paul and where Hope comes from in our lives.

#### 3 things to do!

**Focus:** Reflecting on our own Hopes and what helps us be positive.

**Activities:** 1: Words of Hope 2: Make a Tree of Hope 3: What am I hoping for?

**Resources:** Worksheet, templates for tree picture, tree craft and leaves.

- In '1 : Words of Hope' the solution to the secret code is in the teachers' pack but not the student one.
- In '2 : Make a Tree of Hope' the ways to make it are deliberately flexible. It might also be possible to suggest a twiggy branch can be used too.

#### 2 things to do!

**Focus:** Working together to generate ideas to help us keep positive and hopeful.

**Activities:** 1 : Snakes and ladders game 2 : Images of Hope activities

**Resources:** Snakes and Ladders board, dice, counters, template for positive ideas.

- In the Snakes and Ladders game, you could play it with the teacher on one side, throwing the dice in the classroom, and the children could be the other team taking it in turns to have a go. You could play it with the teacher throwing the dice for the individual players.
- In the images activity, you may wish to send the template out to the children to gather their ideas on, then have an enlarged version in the classroom to collate the images and ideas. You could add any poems around the edges to create a class display.

#### 1 thing to do!

**Focus:** Working together as an effective community to encourage Hope

**Activities:** 1 : Grow a Tree of Hope

**Resources:** Images, tree template.

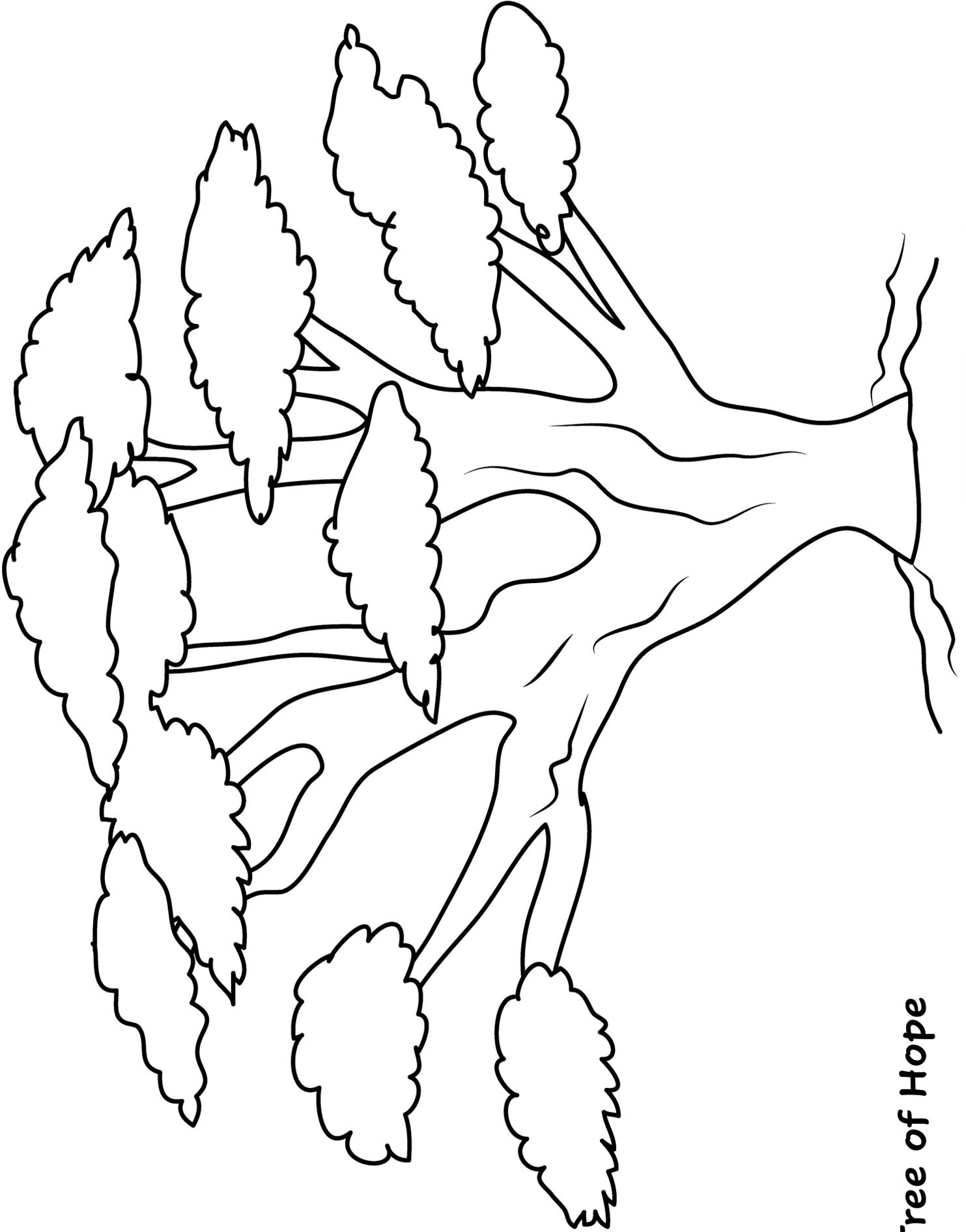
**Brentwood Schools Christian Worker Trust**

is a local educational charity serving schools in the Brentwood area with Assemblies, Lessons, Clubs, Prayer Spaces and Pupil Support.

Office@bscwt.org <https://bscwt.org>







**Tree of Hope**

# Tree of Hope template

## Tree Trunk

*On the 1st tree, cut from the top down to the middle stopping midway.*



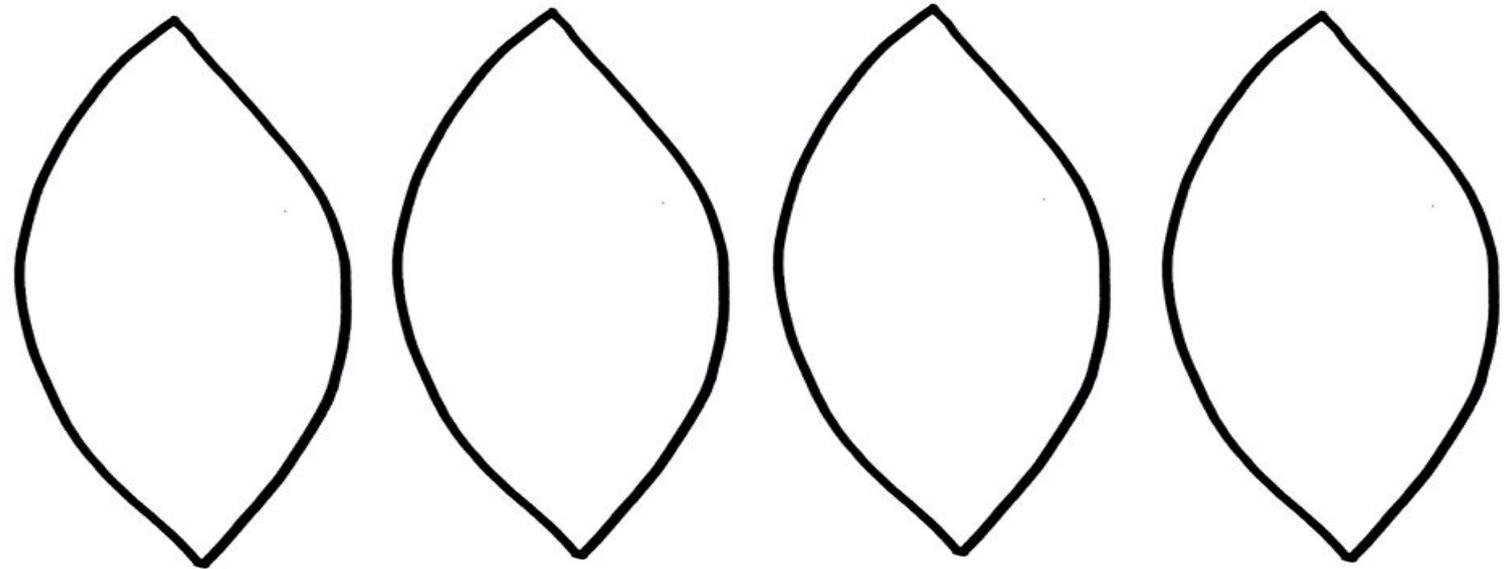
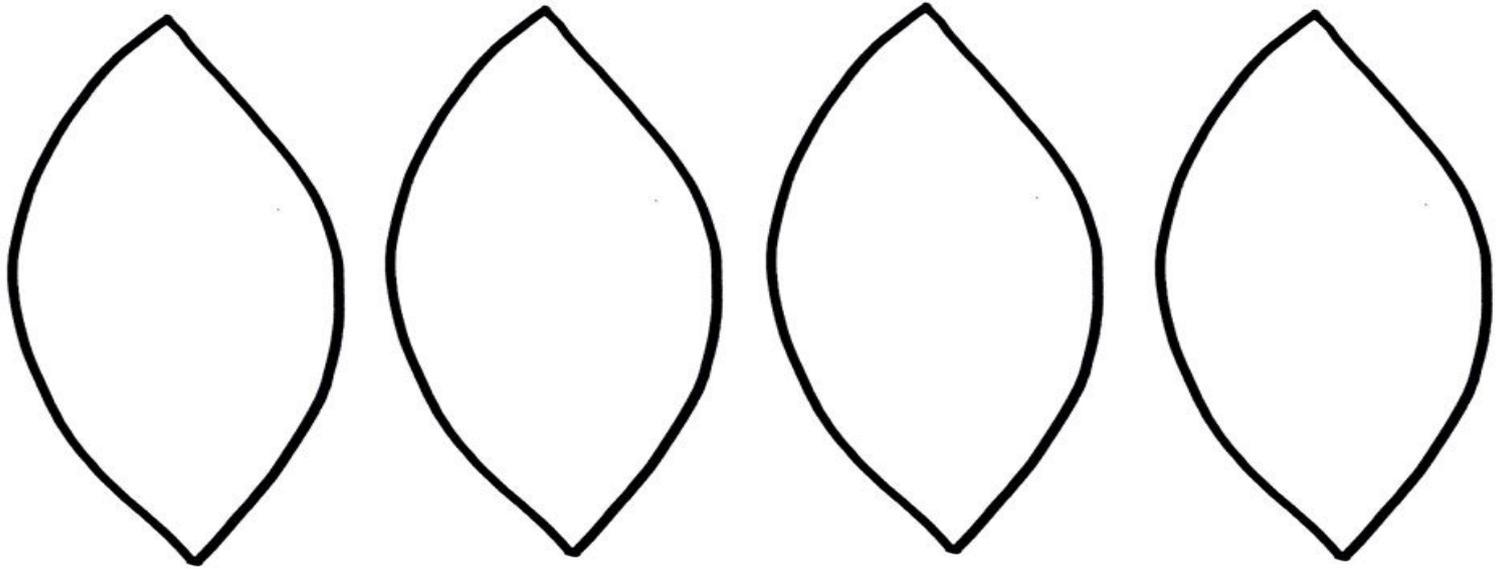
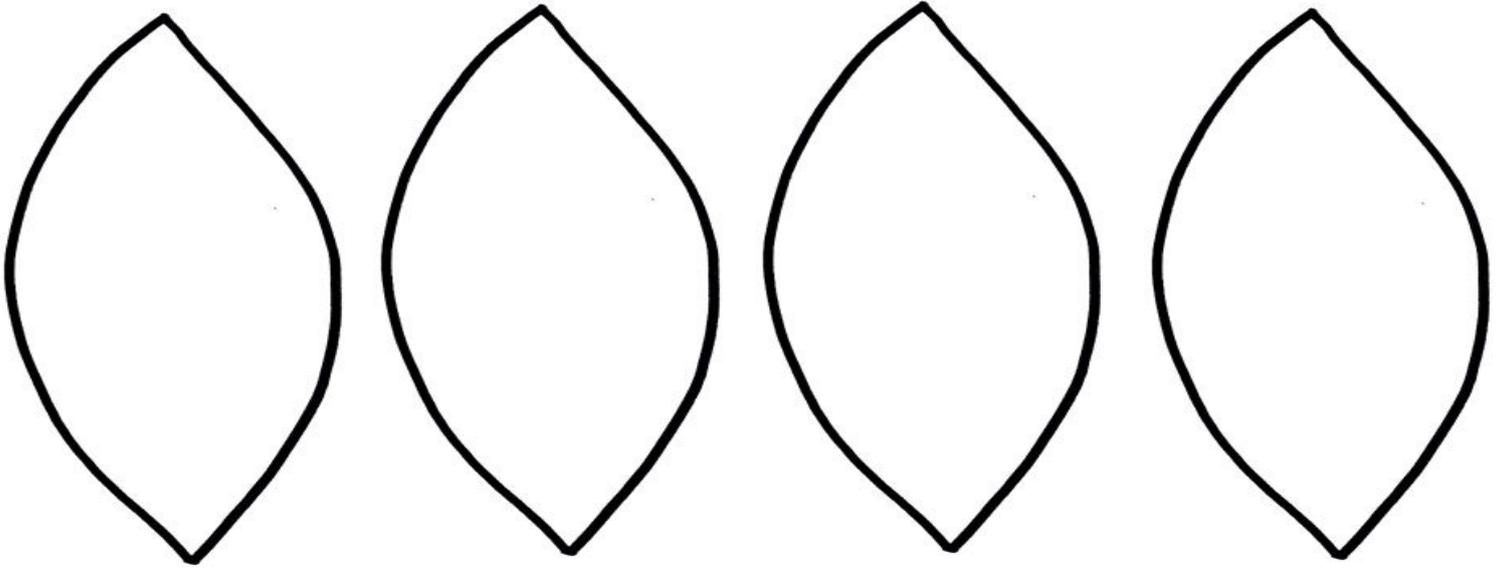
*Make 2 tree outlines by drawing around the tree template on some old parcel cardboard or stiff card.*

*The two shapes can now be slotted together to make a 3D standing tree.*



*On the 2nd tree cut from the bottom up to the midway mark.*

# Leaf templates



# Secret message and solution

Answer sheet

Secret Code

## Paul's words of HOPE

Decode the secret code.

The secret message is written in symbols. In the code key at the bottom of the page you can find what each symbol means. Write the letter above the symbol and you can read the secret message.

Good luck!

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X□□□ □□□□ □□□□ □□□□ □□□□ □□□□  
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( □□□□□□ 15.13 )

Code Key:

a □ b ◇ c △ d ▽ e ○ f □ g ▽ h X i □ j ▽ k ▽ l m  
n o □ p ▽ q ▽ r ○ s □ t ▽ u X v □ w ▽ x ▽ y □ z □

secret-code

www.edu-games.org

Secret Code

## Paul's words of HOPE

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□□□ m a y □ g o d, n □ □ □ t h e s o u r c e o f  
h o p e, f i l l □ y o u w i t h a l l  
l o v e a n d p e a c e b y m e a n s o f  
y o u r t r u s t i n h i m, s o t h a t  
y o u r h o p e w i l l c o n t i n u e  
t o g r o w b y t h e p o w e r o f  
t h e h o l y s p i r i t. □□□  
( r o m a n s 15.13 )

Code Key:

a □ b ◇ c △ d ▽ e ○ f □ g ▽ h X i □ j ▽ k ▽ l m  
n o □ p ▽ q ▽ r ○ s □ t ▽ u X v □ w ▽ x ▽ y □ z □

secret-code

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# Power to...HOPE

## Keeping HOPE strong



Some activities to help your class to explore the ideas in our assembly

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### 1 : Snakes and Ladders

The story in the assembly is all about holding fast to hope. Paul uses lots of strategies for himself, but also for others. All the time he 'practises' Hope, deliberately doing things to raise his spirits, reflecting and writing about his Hope, encouraging others to be hopeful and most of all, staying close to God through worship and prayer, asking for his help and allowing the power of God's Spirit to strengthen him.

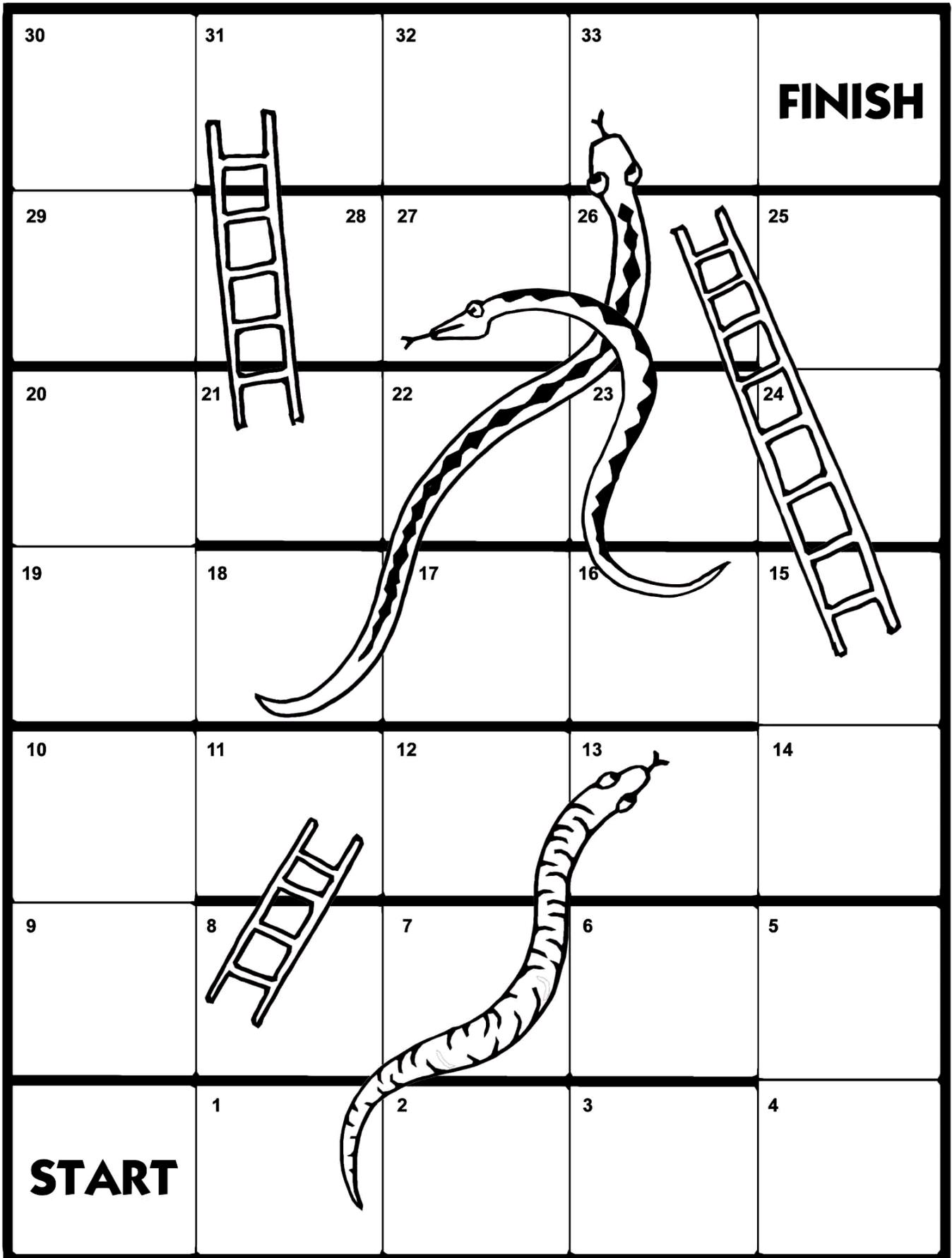
Spend some time thinking about these ways that Paul deals with difficult situations, then introduce this game as 'practising' Hope (it helps us to be aware of things that might cause us difficulties, and is a way of encouraging each other and sharing ideas about how to climb out of them).

- You can have any number of teams playing as the whole class or in small groups.
  - Each time someone is at bottom of a ladder they have to share something which will give us hope.
  - Each time at the top of a snake, share something that will make us feel hopeless.
  - Encourage them to use the different strategies of heads, hearts and spirits.
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### 2 : Images of Hope

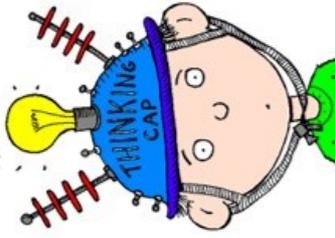
- Using the template attached, create a display board full of ways to create positive thoughts & ideas, feelings & emotions, beliefs and relationships.
- Create poems using the theme of things we are hoping for and words or images that make us feel hopeful

# Power to Hope Snakes and Ladders

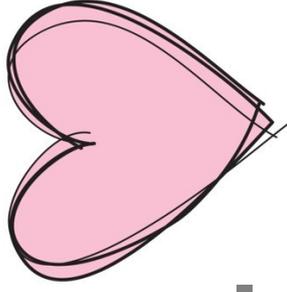


# POSITIVE

HEADS



HEARTS



SPIRIT



Empty rounded rectangular box for notes under HEADS.

Empty rounded rectangular box for notes under HEARTS.

Empty rounded rectangular box for notes under SPIRIT.



# Power to...Hope

## Keeping HOPE strong



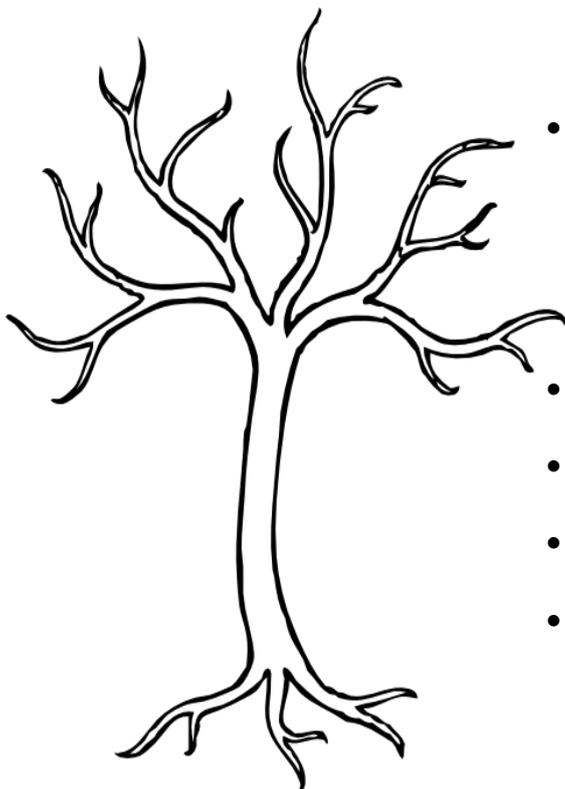
An activity to help your school to explore the ideas in our assembly

### **1 : Grow a Tree of Hope**

Encourage the whole school to create a tree of hope to encourage each other in the present and look forward to the future. It could be in the school or virtual!

You could include pictures and ideas shared from the students such as:

- Things learned from the assembly that gave us hope.
- Hope from our Heads: positive thoughts, ideas, perspectives etc.
- Hope from our Heart: feelings and emotions that give us hope, things and people we love, things that help us to feel happy etc.



- Hope from our Spirit: things in nature and the world that raise our spirits, connections with other people that give us hope and things we believe that help us.
- Encouraging success stories from lockdown
- Shared pictures of spring.
- Helpful thoughts and suggestions.
- LOADS MORE!