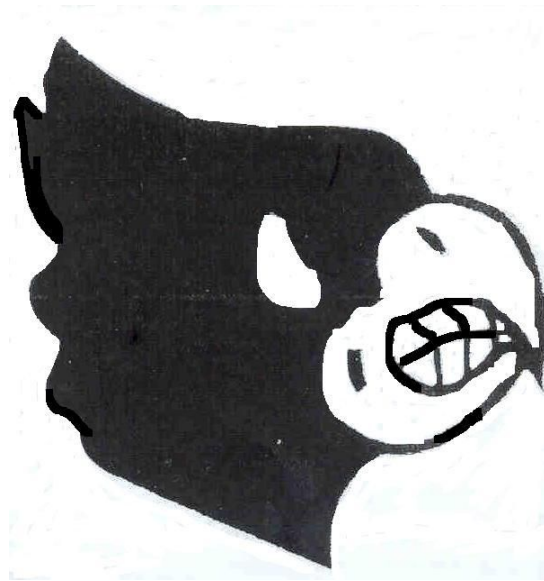




ATHLETIC HANDBOOK



Parents or Guardians of Holy Name Athletes,

REVISED JUNE 2017

We want you and your children to enjoy participating in sports at Holy Name School. We encourage you to support them by attending their games and getting involved in every way you possibly can. They will look back on these years with many fond memories. We feel we have chosen the best coaches for your children to grow as athletes and as young Christian men and women. The guidelines and information that follow should be helpful to you. If you have any further questions feel free to contact one of us.

Fr. Larry McBride, Pastor

Julie Eadens, President

Scottie Koonce, Principal

Kevin Steele, Athletic Director

WHAT IS ASKED OF PARENTS OF ATHLETES?

Parents of athletes at Holy Name are responsible for the following:

- Helping with fundraisers that support and fund the booster club.
- Work the concession stand or gate at least one night a year at basketball / volleyball games.
- Be supportive of coaches and their decisions. If there is an issue with a coach, address the issue with the coach first. If a resolution cannot be reached, any parental concerns should be taken to the athletic director. If the parent is not satisfied with the athletic director's action, then an appointment may be made with the principal. Parents and coaches are asked to handle themselves appropriately at all times.
- Never drop your child off for practices or games without a coach being present.
- Pick up your child promptly after practices and games.
- Appropriate Christian adult behavior at games is expected at all times. Anyone not acting in such a manner may be asked to leave the premises.
- Parents must sign a form stating they have read this handbook and the Diocese of Owensboro Good Sports pamphlet which outlines what the Diocese expects from parents.

RULES THAT GOVERN ATHLETES

The following are rules that athletes must abide by when participating in sports at Holy Name School:

- All athletes in grades 6-8 must have a sports physical (use the middle school form) before starting practice. Any 5th graders playing on a middle school team (with 6th-8th graders) are required to have a physical completed as well.
- A once a year sports fee of \$40 must be paid before the athlete's first competition. This is per athlete and not per sport. As a completely self-funded program, this fee is essential for the operation of the athletic program; report cards may be held in the office if this fee is unpaid.
- Athletes who stay after school for games and practices or re-enter the building before their coach arrives may not wander the building unsupervised. If athletes need to stay after school before games to wait for their coach or a bus, they must go to the bleachers and wait for Mr. Steele. Students staying after school for games must bring \$5 that covers food, drink, and after school supervision. If athletes want to order pizza, Mr. Steele will take care of ordering.

- Athletes are asked not to chew gum in the gym and to pick up all trash as they leave the building.
- Athletes who have 3 unexcused tardies may not participate in any practice or sport event the day they have the 4th unexcused tardy and any subsequent unexcused tardies.
- A student who is absent (more than ½ a school day) may not participate in any sport activity that day.
- Any student who is suspended will not be allowed to participate in the next 3 events or competitions. Any student serving an in-house suspension will be ineligible for any athlete games or practices on that day as well.
- Athletes are reminded that while they are representing Holy Name School they are expected to behave and dress according to Holy Name's standards. All consequences that apply during school hours also apply during athletic events.
- Athletes must be passing all classes in order to practice or play sports. Grade reports are run by the Athletic Director on Friday's. An email will be sent to the parents of any students that are currently ineligible. The student's grade for each 9 week grading period will be used. Students will have a 2 week grace period at the beginning of each 9 weeks to allow points to build up.
- Good behavior is expected at all times. Students will meet with the Principal when behavior demerits approach an unacceptable level. Consequences for future behavior demerits will be discussed during this meeting. Any further demerits will result in corrective action deemed appropriate by the Principal
- Any middle school student who repeats the same grade from one school year to the next is, under no condition, allowed to compete the following year either on a 7th grade team or an 8th grade team. This affects a student beginning with his or her 6th grade year.
- No student may play a sport at another school if Holy Name offers the sport at the same level of play. Exceptions: students playing on JV or Varsity level teams at an area high school in the same sport.
- Any student who is tardy or absent the day following a ball game will need to submit to the office valid proof of absence or reason for tardiness. Sleeping-in or finishing up homework will result in the student sitting out the next game.
- Students may not sign-out early to attend a school sponsored athletic event.
- Athletes must sign a form stating that they and their parents have read this handbook and the Diocese of Owensboro Good Sports pamphlet which outlines what the Diocese expects from athletes, fans and parents.
- Holy Name School reserves the right to deny any student the privilege to represent Holy Name in any activity.

UNIFORMS

The Athletic Booster Club provides all 6-8 grade teams with uniforms and supplies needed. Uniforms are expected to be cleaned and returned promptly after a season has

ended to the office with the athlete's name attached. An athlete's parents may be asked to replace a lost or damaged uniform. Normal wear of a season is not considered damaged. If a uniform is not returned by the end of the school year, report cards may be held in the office until the uniform is returned. A coach may attend a Booster Club meeting and ask for anything they feel the team needs. They may not have fundraisers or solicit businesses for sponsors. Cheerleaders and dance team members may have to purchase accessories that are not passed down year to year. Track is the only sport where shoes are provided. They are also returned at the end of the season. The 5th grade Celtic teams are funded by the local ABA. The Athletic Booster Club works hard to keep the cost of participation in sports at Holy Name at a minimum.

COACHES

Coaches at Holy Name School are either volunteer or paid a minimum salary by the Athletic Booster Club. The principal and athletic director interview or choose each coach based upon his or her knowledge of the sport and Christian attributes. Coaches must abide by the Diocesan Sexual Abuse Policy and procedures for all personnel. Coaches must sign a letter from the Diocese of Owensboro's superintendent that outlines the diocesan expectations of a coach. Coaches keep with them the Diocese travel forms, which contain emergency information, with them at all times. They are also responsible for carrying a first aid kit to all practices and events. A coach must get the athletic director's permission to ask any player to play up.

FIRST AID

Each team will have a first aid kit available to them. Emergency numbers provided on the Diocesan travel forms will be used in case of an emergency. At least one person at all home events is trained in CPR. A defibrillator is available in the school's gym.

PRAYER

A prayer will be cited before every athletic event. A coach, athlete, parent, priest or event supervisor may lead the prayer. Coaches are strongly encouraged to make prayer an important part of each practice and game.

TRANSPORTATION

Athletes will be transported to away events by Henderson County buses or volunteer parents. Buses are paid for by the Athletic Booster Club. In order to drive athletes to

events, parents must fill out the Diocesan Volunteer Driver Form and have attended the Safe Environment Program. A parent may sign their child out after an event at coaches' discretion.

SPORTS BANQUETS

The Athletic Booster Club sponsors a banquet or awards ceremony for each team. All 6-8 grade teams will be honored at a ceremony toward the end of the school year. Every athlete will receive a plaque. Coaches of each sport choose four special awards. Recipients and title of these awards are at the coaches' discretion. In addition, five special awards are granted to 8th graders. The Pete Lindenberg Awards are given to one basketball boy and one basketball girl. The Louie Barron Awards are given to one track boy and one track girl. The Debbie Bannister Award is awarded to a cheerleader. Coaches will nominate students for these awards and teachers will also evaluate those nominations. Nominees will be evaluated on the following criteria:

1. Candidate may be any student who has played two years of basketball, track, or participated in cheerleading for both 7th and 8th grades at Holy Name.
2. Candidate must have good moral character and have a good behavior record.
3. Candidate must have maintained at least a C grade point average both years and have remained academically eligible throughout both years.
4. Candidate must strive to reach both team and personal excellence.

Students are to dress appropriately for these events. Girls are not allowed to wear spaghetti straps, halter-tops, or shirts/pants that allow the midriff to show. The school reserves the right of final judgment of appropriate attire for any school event.

STUDENT INSURANCE

The school does not have accident insurance coverage on students. Parents and guardians may purchase a student accident insurance policy that is made available at the beginning of the school year. The school does not pay doctor or medical costs for students injured during an athletic practice, event or while traveling to such events.

ATHLETIC TEAM OFFERINGS AT HOLY NAME SCHOOL

4th Grade

Archery

Celtic Boys Basketball

Celtic Cheer

Celtic Girls Basketball

5th Grade

Archery

Celtic Boys Basketball

Celtic Cheer
Celtic Girls Basketball
Cross-Country (if needed)

Tennis (if needed)
Track (if needed)
Golf (if needed)

6th-8th Grade

Archery
Boys Basketball (6th, 7th, & 8th grade teams)
Boys Soccer
Boys Tennis
Cheer
Cross-Country
Dance
Girls Basketball (6th, 7th, & 8th grade teams)
Girls Soccer
Girls Tennis
Golf
Track
Volleyball (6th, 7th, & 8th grade teams)

Celtic ABA based teams, cheer, and dance teams are the only teams with cuts.

SCHOOL SONG:

Three cheers for ol' Holy Name
Bring down the rafters shouting her name
Sound the chorus from on high
Shake down the thunder from the sky
Whether the odds be great or be small
Ol' Holy Name will win over all
As her loyal students go marching forward to victory.
Rah! Rah! Rah!

BOOSTER CLUB AT HOLY NAME

Holy Name's Athletic Booster Club is an organization made up of Holy Name parent officers and members devoted to promoting and organizing sports at Holy Name. Together, with the athletic director and principal, the club's functions are:

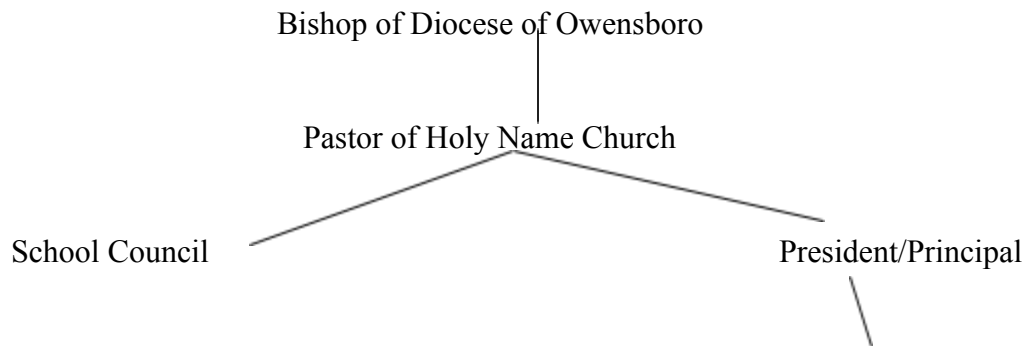
- (1) To promote good sportsmanship and physical well being through the athletic programs at Holy Name School.
- (2) To promote community spirit and support for athletic programs at

Holy Name.

- (3) To engage in fund raising projects that the membership votes affirmative at any meeting. The principal must approve all fundraising projects.
- (4) To support any school administrative decision or school council policy concerning athletes.
- (5) To help finance the improvement and upkeep of athletic and school facilities.

The Athletic Booster Club meets once a month at the school.

CHAIN OF COMMAND



Athletic Director



Athletic Booster Club

Please sign below and return to Mr. Steele.



We have read and agree to abide by the HNS Athletic Handbook for the 2016-17 school year. The handbook is posted on HNS' website: www.holynameschool.org. Please return this form to Mr. Steele.

Student-athlete signature _____

Parent or guardian signature _____

Date _____