

Sherilyn T. McCollum, D.O., FACR 1456 Ferry Road Suite 403 New Britain, PA 18902 Phone: 267-483-8094 Fax: 267-483-8312

E ASSESSMENT OF PATIENT INDEX DATA

The RAPID3 includes a subset of core variables found in the Multi-dimensional HAQ (MD-HAQ). Page 1 of the MD-HAQ, shown here, includes an assessment of physical function (section 1), a patient global assessment (PGA) for pain (section 2), and a PGA for global health (section 3). RAPID3 scores are quickly tallied by adding subsets of the MD-HAQ as follows:

OVER THE LAST WEEK, WERE YOU ABLE TO:	without ANY DIFFICULTY		with SOME Difficulty			WITH MUCH DIFFICULTY		UNABLE TO DO				0.3
a. Dress yourself, including tying shoelaces and doing buttons?	0)	_	1			_ 2		3	3	3=	=0.7 =1.0 =1.3
b. Get in and out of bed?	0		1			2			3	3		1.7 2.0
c. Lift a full cup or glass to your mouth?	0		1			2			3		7=	2.3
d. Walk outdoors on flat ground?	()		1			2		3	3		=2.7 2 =3.0 2
e. Wash and dry your entire body?	()		1			2		3	3)=3.3 2 =3.7 2
f. Bend down to pick up clothing from the floor?	0		1			2			3	3		2=4.0 2 3=4.3 2
g. Turn regular faucets on and off?	()		1			2		3	3	13=4.5 28 14=4.7 29 15=5.0 30 2. PN (0-10	
h. Get in and out of a car, bus, train, or airplane?	()		1			2		3	3		
i. Walk two miles or three kilometers, if you wish?	()	1			2			3	3	2. PIN (0-	
j. Participate in recreational activities and sports as you would like, if you wish?	0		1			2			3	3	3. PTGE	
k. Get a good night's sleep?	0		1.1			2.2			3	.3		
I. Deal with feelings of anxiety or being nervous?	0		1.1			2.2			3.3		R	APID3
m. Deal with feelings of depression or feeling blue?	0		1.1			2.2			3.3			
2. HOW MUCH PAIN HAVE YOU HAD I PLEASE INDICATE BELOW HOW SEV NO PAIN 0 0.5 1.0 1.5 2.0 2.5 3.0 3.5		R PAI	n ha	S BEF	EN:	•	PAIN	AS B	AD AS	ST W IT COU 0.0 9.	JLD I	
8. CONSIDERING ALL THE WAYS IN WI At this time, please indicate bel Very Well								ons		AFFE		
0 0.5 1.0 1.5 2.0 2.5 3.0 3.5	4.0 4.5	5.0	5.5	6.0	6.5	7.0	7.5 8	8.0	8.5 9	9.0 9	5	10

Low Severity (LS): 4=1.3; 5=1.7; 6=2.0 Moderate Severity (MS): 7=2.3; 8=2.7; 9=3.0; 10=3.3; 11=3.7; 12=4.0 21=7.0; 22=7.3; 23=7.7; 24=8.0; 25=8.3; 26=8.7; 27=9.0; 28=9.3; 29=9.7; 30=10.0

HOW TO CALCULATE RAPID 3 SCORES

1. Ask the patient to complete questions 1, 2, and 3 while in the waiting room prior to his/her visit.

- 2. For question 1, add up the scores in questions A-J only (questions K-M have been found to be informative, but are not scored formally). Use the formula in the box on the right to calculate the formal score (0-10). For example, a patient whose answers total 19 would score a 6.3. Enter this score as an evaluation of the patient's functional status (FN).
- 3. For question 2, enter the raw score (0-10) in the box on the right as an evaluation of the patient's pain tolerance (PN).
- 4. For question 3, enter the raw score (0-10) in the box on the right as an evaluation of the patient's global estimate (PTGE).
- 5. Add the total score (0-30) from questions 1, 2, and 3 and enter them as the patient's RAPID 3 cumulative score. Use the final conversion table to simplify the patient's weighed RAPID 3 score. For example, agatient who scores 11 on the cumulative RAPID 3 patient workd score a weighed 3.7. A patient who scores between 0–1.0 is defined as near remission (NR); 1.3–2.0 as low severity (LS); 2.3–4.0 as moderate severity (MS); and — 4.3-10.0 as high severity (HS).