enovis.

360 PATHWAY

The 360 Pathway Program is delivered by a specialised physiotherapist to optimise your experience throughout the joint replacement journey.



Home based personalised exercise and rehabilitation program



Surgeon designed approach to prepare you for surgery and recovery



Treatment plan updated to match your rate of recovery

PRE TO POST OPERATIVE PROGRAM



Consultation with Surgeon

- Surgeon confirms you as a suitable patient for a total joint replacement
- Surgeon refers you to 360 Pathway Program
- Surgeon and your Pathway Specialist personalise your journey of care



Prehabilitation

- Up to 6 weeks preoperative preparation
- Individualised prehabilitation program
- Surgeon endorsed education







Surgeon Engagement

- Surgeon and your Pathway Specialist discuss your surgical plan and
 - rehabilitation preparation
- Activity levels and outcomes fed back to your surgeon



Rehabilitation

- 6 weeks postoperative personalised exercise program
- Telehealth consultations tailored to your needs with your Pathway Specialist
- 24/7 support throughout your recovery



WE ARE REAL PEOPLE, COMBINING KNOWLEDGE AND TECHNOLOGY THAT POSITIVELY IMPACTS THE EPISODE OF CARE



Digital Experience Platform

- 360 Pathway Specialists use innovative technology to assist with the delivery of your rehabilitation program
- Technology allows for 24/7 communication with Pathway Specialists

Included in your 360 Patient Pack

- 360 iPad on loan or bring your own device
- Garmin Activity Watch
- Cold compression knee wrap *Knee patients only



About your Pathway Specialist

- AHPRA registered physiotherapists who specialise in surgical management and rehabilitation
- They work together with your surgeon to provide quality support throughout your joint replacement journey

For further information please contact 360pathway@enovis.com or contact your local representative.



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