



Patient Partner Program

360 Patient Partner Program is delivered by a specialised physiotherapist to optimise your experience throughout the joint replacement journey



12-week personalised exercise and rehabilitation program



Surgeon designed approach to prepare you for surgery and recovery



Treatment plan updated to match your rate of recovery

12 Week Program

Consultation with surgeon

- Surgeon confirms you as a suitable patient for a total joint replacement
- Surgeon refers you to the Patient Partner Program
- Surgeon and your Patient Partner personalise your journey of care

Surgeon engagement

- Surgeon and your Patient Partner discuss your surgical plan and rehabilitation preparation
- Activity levels and outcomes fed back to your surgeon



Prehabilitation

- 4-6 weeks preoperative preparation
- Individualised prehabilitation program
- Surgeon endorsed education pack

Rehabilitation

- 6 weeks postoperative personalised exercise program
- Face to face & telehealth consultation with your Patient Partner
- 24/7 support throughout your recovery

We combine people, knowledge, and technology to optimise the episode of care.



Digital Experience Platform

- Patient Partners use innovative technology to assist with the delivery of your rehabilitation program
- Technology allows for 24/7 communication with your Patient Partner

Included in your 360 Patient Pack

- 360 iPad (on loan)
- Activity monitoring device - Garmin activity watch
- Cold compression knee wrap
**Knee patients only*



About your Patient Partner

- Physiotherapists that specialise in surgical management and rehabilitation
- Working together with your surgeon to provide quality support through your joint replacement surgery

