



# Ready for Work!

## Employment Readiness Workshop

### Learning Outcomes:

In this workshop participants will learn:

- Resume Writing
- Interview Techniques
- Challenging Job vs. Dead End Job
- Job Search Strategies
- Informational Interviews
- Career Planning
- Available Community Resources

### Workshop Description

This workshop will provide tips on standing out as an applicant, resume writing, interview strategies and give participants the tools required to navigate the job search process.

Looking for a job is no fun, it is tedious, repetitive and often results in undesired outcomes. Many young professionals feel hopeless and negative thoughts begin to creep in. They start feeling inadequate, frustrated with the recruitment process and feel like no path lead to success. Just because we are not getting the result that we desire does not mean we can't be content with our efforts. A sense of accomplishment even in disappointment allows us to keep persistent and push through our job search.

There is a big difference in waking up everyday applying for jobs and waking up everyday **motivated** to apply for jobs. The latter reflects a positive attitude which can drive a person to look at challenges as opportunities and barriers and stepping stones. This workshop will show how to make that a reality for you!

### Workshop Options

#### Half Day Group Workshop

- Fee: \$200
- 3 hour workshop
- Facilitator Led
- Group activities

For Booking Inquires, please contact (289)-635-5578. If cost of the workshop is a barrier, please contact Nabeel Rahman at [nabeel.rahman@positivethought.ca](mailto:nabeel.rahman@positivethought.ca) to discuss pricing options.