

CHLOROPHYLL

Unflavoured or Mint - 500 ml

Preservative free and sourced from non-GMO alfalfa. Chlorophyll acts as an internal deodorizer to reduce body odour.



TRY IT AS A REFRESHING
CHLOROPHYLL LEMONADE
SCAN FOR THE RECIPE



HEALTH FIRST®



**YOUR CANADIAN PARTNER
IN WELLNESS SINCE 1999**

We are a proud Member of Health First Network, the association of independent natural health retailers across Canada. Founded in 1999, Health First is dedicated to supporting local businesses and promoting health and wellness in their communities.

Health First supplements are proudly made in Canada using the best manufacturing processes and high-quality, efficacious ingredients.
All products are free from GMOs, gluten, artificial colours, flavours, and preservatives.

healthfirst.ca



PROUDLY CANADIAN
FIÈREMENT CANADIENNE

SUMMER
 IN-STORE
SPECIALS



PRIMEZYME

60 capsules

An effective full spectrum digestive enzyme formula from plant and bacterial source enzymes with betaine HCL.

HEALTH
FIRSTSUMMER
IN-STORE
SPECIALS

MADE FOR EVERY BODY, EVERY STAGE.

Trusted support for your changing wellness needs.

Find trusted Health First formulas for every stage of your wellness journey. From foundational supplements to targeted formulas, these exclusive in-store specials make it easier to support your daily health and well-being.



UTI SUPREME 120 vegetable capsules

Contains clinically-studied ELLIROSE™ hibiscus along with cranberry and D-mannose which are shown to reduce recurrent urinary tract infections.



ON SALE!
46⁴⁹



VITAMIN K2 60 vegetable capsules

Contains 120 mcg of the preferred MK-7 form of K2 from fermented natto bean to help in the development of bones.



ON SALE!
14⁴⁹



PRE AND POST NATAL MULTI SUPREME 90 vegetable capsules

Is a highly bioavailable and easy to digest full spectrum multi vitamin and mineral formula to help support the health of mother and baby.



ON SALE!
25⁹⁹



MACA 180 vegetable capsules

Helps to support the emotional aspects of sexual health. Gelatinized for easy digestion. Organic Peruvian source.



ON SALE!
29⁹⁹



MEN'S 50 PLUS MULTI SUPREME OR WOMEN'S 50 PLUS MULTI SUPREME 60 vegetable capsules each

Formulated to meet the nutritional needs of men and women over 50, featuring highly bioavailable vitamins and minerals, plus ElderCraft® elderberry for immune and joint health and Kaneka Ubiquinol® for heart health.



ON SALE!
37⁹⁹



LIVER & GUT SUPPORT

Your liver and digestive system work together to help process, filter, and eliminate what your body doesn't need. Supporting both can help maintain overall digestive wellness and everyday balance.



LIVER SUPREME 60 vegetable capsules

Features Siliphos® silybin Phytosome® milk thistle extract, alpha-lipoic acid, plus dandelion root to help support liver function and relieve digestive disturbances.



ON SALE!
39⁹⁹



ALOE VERA JUICE Unflavoured or Pomegranate - 500 ml

Contains certified organic aloe, a source of antioxidants to help soothe inflammation of the intestinal tract.



ON SALE!
10⁴⁹