

PPE Housewrap Gowns

PRINTED side of the vapor barrier is the “right” side of the fabric, will be on the outside of the gown

Supplies: Vapor barrier fabric

½ to ¾ inch wide elastic, 14 inches per gown

Overlock machine with thread or Sewing machine with multi-stitch function

Sewing machine with zig zag capabilities and thread

Sewing clips, rotary cutter, tape measure, scissors, marking pen, straight edge

*** A heavy needle such as a denim or leather needle is helpful when sewing the elastic and ties to the gowns

1. Cut 2 blanks at 45 inches, 1 sleeve blank at 22.5 inches for each gown
2. Cut 2 strips at 1.5 x 36 inches for ties and thumb loops for each gown
3. Cut 2 pieces of elastic at 7 inches for each gown if available
4. Cut the front of gown on the fold
5. Cut the back of the gown on a folded blank but cut all the way around so it is 2 pieces, mark for ties
6. Fold 22.5 inch piece in half long way and in half again, cut sleeve on the fold creating 2 sleeves at once, mark for thumb loop. The mark should be 2 inches down from the top fold of the sleeve, on the front side of each sleeve.
7. For ties, fold 1.5 strips in half and serge. Cut 4 pieces at 9 inches and 2 pieces at 13.5 inches for each gown
8. Attach elastic if available to inside of sleeve approximately ½” from top and bottom edge and ¼” from the end of the sleeve.
9. Clip and serge gown fronts to backs at the shoulders.
10. Open the gowns, clip and serge sleeves to gowns matching the shoulder seam with the top of the sleeve.
11. Starting at the base of the sleeve, serge sleeve continuously through the armpit and down to the base of the gown closing the sleeve and connecting front to back.
12. On outside of the fabric, attach ties to the back at the marks