



# COSTA RICA 2025 ITINERARY

Arrival Date *December 11, 2025*

Departure Date *December 15, 2025*

Destination: *Liberia, Costa Rica*



**Day 1** – December 11<sup>th</sup> – Welcome to Costa Rica!

**THEME: Pillow Talk and Chill**

Time	Place	Activity
Arrival	Villa	Welcome Happy Hour
7:00p	Villa	Dinner: Pizza from Malu



**Day 2** – December 12<sup>th</sup>

**THEME: Bitches at the Beach**

Time	Place	Activity
8:00a	Beach	Paddleboard
9:00a	Villa	Breakfast



9:30a

*Villa*

***SCULPT AND SHINE.***

*YOGA (75 Minutes) –full body*

*45 Minute Sculpt, 30 Minute Stretch*

Noon

*Pools & Cabanas*

*Pool and/or Beach time*

*Lunch*

7p

*Hacienda Blu (Off Property)*

*Dinner and Drinks*



**Day 3 – December 13<sup>th</sup>**

**THEME: Pamper Me Posh**

<b>Time</b>	<b>Place</b>	<b>Activity</b>
8:00a	<i>Beach</i>	<i>Paddleboard</i>
9:00a	<i>Makoko (On Property)</i>	<i>Breakfast Buffet</i>
10:00a	<i>Villa</i>	<b><i>BARRE BREEZE BOOTY.</i></b> <i>YOGA (75 Minutes) – lower body</i> <i>45 Minute Sculpt, 30 Minute Stretch</i>
12:00p-4:00p	<i>Spa</i>	<i>Massage or Facial Appointments</i>
	<i>Pool &amp; Cabanas</i>	<i>Pool and/or Beach time before/after spa appointments</i> <i>Lunch</i>
5:00p	<i>Matiss – Beach (On Property)</i>	<b><i>WHITE PARTY</i></b> <i>Happy Hour and Dinner</i>



## Day 4 – December 14<sup>th</sup>

### THEME: Cruising back to the 80s

Time	Place	Activity
8:00a	Beach	Paddleboard
9:00a	Villa	Breakfast
9:30a	Villa	<b>PUSH IT!</b> YOGA (75 Minutes) –upper body 45 Minute Sculpt, 30 Minute Stretch
11:00a		Free time
2:00p	Boat	Snorkel and Sunset Catamaran Sail
8:00p	Malu (On Property)	Dinner



## Day 3 – December 15<sup>th</sup> – Safe Travels

### THEME: Pura Vida

Time	Place	Activity
8:00a	Beach	Paddleboard
9:00a	Yoga	YOGA (30 Minute) Stretch



Time	<i>Makoko (On Property)</i>	<i>Breakfast buffet – on your own time.</i>
10:30a	<i>Hotel Lobby</i>	<i>Transportation to Airport</i>