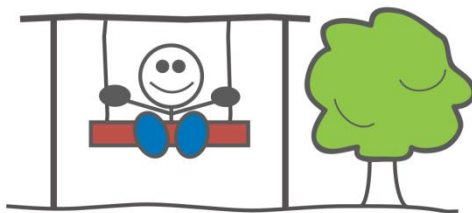


# Pembina Valley Child Care Centres Inc.

Operating as:

## Manitou Community Day Care

Box 248 - 516 Souris Avenue  
Manitou, MB  
R0G 1G0  
Phone: 204-242-3484  
Fax: 204-822-4656  
E-mail: [mcdc@mymts.net](mailto:mcdc@mymts.net)



## Morden Community Child Care Centre

5 Rampton Street  
Morden, Manitoba  
R6M 1V8  
Phone: 204-822-6663  
Fax: 204-822-4656  
E-mail: [mordencd@mts.net](mailto:mordencd@mts.net)

Website: [www.pembinavalleychildcarecentres.com](http://www.pembinavalleychildcarecentres.com)

April 26, 2019

Dear Parents and Guardians,

Due to the significant number of families requesting for additional hot lunch days, we have decided to offer hot lunches on Fridays, in addition to our existing Tuesdays & Thursdays hot lunch program. Effective May 7, 2019, the Centre will be offering hot lunches 3 days per week, every Tuesdays, Thursdays & Fridays. New hot lunch fees are as follows: **Infant ~ \$3.00 ; Preschool - Kinder ~ \$3.50.** School Age children may sign-up for hot lunches for the Summer Break period. Cost is **\$3.75.** Our kitchen will prepare and offer the following:

Week 1 ~ Tuesdays:	Spaghetti & Meatballs (meat cooked & served separate) and fruit
Week 1 ~ Thursdays:	Pepperoni Pizza and fruit
Week 1 ~ Fridays:	Soup & Biscuit
Week 2 ~ Tuesdays:	Chicken Fingers, Rice and Veggie Sticks
Week 2 ~ Thursdays:	Homemade Hamburgers with Homemade Baked Fries and fruit
Week 2 ~ Fridays:	Hot Dog & Macaroni

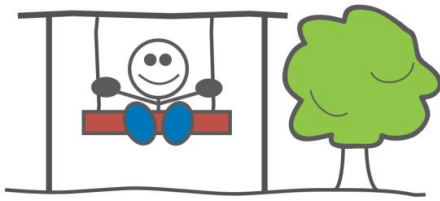
Pre-signing up for the hot lunches means that you will get billed for **ALL** the days you have signed up for, including days that your child is **absent**.

Please pre-register your child(ren) for lunches to ensure the kitchen has the appropriate amount of food prepared. Check off on the calendar which days you would like to pre-register for lunch and return by **May 3<sup>rd</sup>** to the staff in your child's room or to the office.

If you require any further information, please call 204-242-3484

Sincerely,

Shuana Richards  
Executive Director  
Pembina Valley Child Care Centres Inc.



# Pembina Valley Child Care Centres Inc. Hot Lunch Program

Lunch Program from May 7 - September 13, 2019 ~ Return this copy to the Centre

<b>Tuesdays ~ Week 1:</b> <b>Spaghetti &amp; Meatballs (meat cooked &amp; served separately) and Fruit</b>		<b>Thursdays ~ Week 1:</b> <b>Pepperoni Pizza and fruit</b>	
<input type="checkbox"/> May 7 <input type="checkbox"/> June 4 <input type="checkbox"/> July 2 <input type="checkbox"/> July 30 <input type="checkbox"/> August 27	<input type="checkbox"/> May 21 <input type="checkbox"/> June 18 <input type="checkbox"/> July 16 <input type="checkbox"/> August 13 <input type="checkbox"/> September 10	<input type="checkbox"/> May 9 <input type="checkbox"/> June 6 <input type="checkbox"/> July 4 <input type="checkbox"/> August 1 <input type="checkbox"/> August 29	<input type="checkbox"/> May 23 <input type="checkbox"/> June 20 <input type="checkbox"/> July 18 <input type="checkbox"/> August 15 <input type="checkbox"/> September 12

<b>Fridays ~ Week 1:</b> <b>Soup &amp; Biscuit</b>	
<input type="checkbox"/> May 10 <input type="checkbox"/> June 7 <input type="checkbox"/> July 5 <input type="checkbox"/> August 2 <input type="checkbox"/> August 30	<input type="checkbox"/> May 24 <input type="checkbox"/> June 21 <input type="checkbox"/> July 19 <input type="checkbox"/> August 16 <input type="checkbox"/> September 13

<b>Tuesdays ~ Week 2:</b> <b>Chicken Fingers, Rice and Veggie Sticks</b>		<b>Thursdays ~ Week 2:</b> <b>Homemade Hamburgers, with Homemade Baked Fries and fruit</b>	
<input type="checkbox"/> May 14 <input type="checkbox"/> June 11 <input type="checkbox"/> July 9 <input type="checkbox"/> August 6 <input type="checkbox"/> September 3	<input type="checkbox"/> May 28 <input type="checkbox"/> June 25 <input type="checkbox"/> July 23 <input type="checkbox"/> August 20	<input type="checkbox"/> May 16 <input type="checkbox"/> June 13 <input type="checkbox"/> July 11 <input type="checkbox"/> August 8 <input type="checkbox"/> September 5	<input type="checkbox"/> May 30 <input type="checkbox"/> June 27 <input type="checkbox"/> July 25 <input type="checkbox"/> August 22

<b>Fridays ~ Week 2:</b> <b>Hot Dog &amp; Macaroni</b>	
<input type="checkbox"/> May 17 <input type="checkbox"/> June 14 <input type="checkbox"/> July 12 <input type="checkbox"/> August 9 <input type="checkbox"/> September 6	<input type="checkbox"/> May 31 <input type="checkbox"/> June 28 <input type="checkbox"/> July 26 <input type="checkbox"/> August 23

**Lunch Program from May 7 - September 13, 2019**

I, \_\_\_\_\_, would like to order lunch for my child, \_\_\_\_\_, on the above dates and agree to be billed accordingly for all the dates I have signed up for.

\_\_\_\_\_  
Signature of Parent / Caregiver

Lunch Program from May 7 - September 13 ~ **Parent / Guardian's Copy (Please keep this copy)**

<b>Tuesdays ~ Week 1:</b> <b>Spaghetti &amp; Meatballs (meat cooked &amp; served separately) and Fruit</b>		<b>Thursdays ~ Week 1:</b> <b>Pepperoni Pizza and fruit</b>	
<input type="checkbox"/> May 7 <input type="checkbox"/> June 4 <input type="checkbox"/> July 2 <input type="checkbox"/> July 30 <input type="checkbox"/> August 27	<input type="checkbox"/> May 21 <input type="checkbox"/> June 18 <input type="checkbox"/> July 16 <input type="checkbox"/> August 13 <input type="checkbox"/> September 10	<input type="checkbox"/> May 9 <input type="checkbox"/> June 6 <input type="checkbox"/> July 4 <input type="checkbox"/> August 1 <input type="checkbox"/> August 29	<input type="checkbox"/> May 23 <input type="checkbox"/> June 20 <input type="checkbox"/> July 18 <input type="checkbox"/> August 15 <input type="checkbox"/> September 12

<b>Fridays ~ Week 1:</b> <b>Soup &amp; Biscuit</b>	
<input type="checkbox"/> May 10 <input type="checkbox"/> June 7 <input type="checkbox"/> July 5 <input type="checkbox"/> August 2 <input type="checkbox"/> August 30	<input type="checkbox"/> May 24 <input type="checkbox"/> June 21 <input type="checkbox"/> July 19 <input type="checkbox"/> August 16 <input type="checkbox"/> September 13

<b>Tuesdays ~ Week 2:</b> <b>Chicken Fingers, Rice and Veggie Sticks</b>		<b>Thursdays ~ Week 2:</b> <b>Homemade Hamburgers, with Homemade Baked Fries and fruit</b>	
<input type="checkbox"/> May 14 <input type="checkbox"/> June 11 <input type="checkbox"/> July 9 <input type="checkbox"/> August 6 <input type="checkbox"/> September 3	<input type="checkbox"/> May 28 <input type="checkbox"/> June 25 <input type="checkbox"/> July 23 <input type="checkbox"/> August 20	<input type="checkbox"/> May 16 <input type="checkbox"/> June 13 <input type="checkbox"/> July 11 <input type="checkbox"/> August 8 <input type="checkbox"/> September 5	<input type="checkbox"/> May 30 <input type="checkbox"/> June 27 <input type="checkbox"/> July 25 <input type="checkbox"/> August 22

<b>Fridays ~ Week 2:</b> <b>Hot Dog &amp; Macaroni</b>	
<input type="checkbox"/> May 17 <input type="checkbox"/> June 14 <input type="checkbox"/> July 12 <input type="checkbox"/> August 9 <input type="checkbox"/> September 6	<input type="checkbox"/> May 31 <input type="checkbox"/> June 28 <input type="checkbox"/> July 26 <input type="checkbox"/> August 23