### Pembina Valley Child Care Centres Inc.

Operating as:

#### Manitou Community Day Care

Box 248 - 516 Souris Avenue

Manitou, MB ROG 1G0

Phone: 204-242-3484
Fax: 204-822-4656
E-mail: mcdc@mymts.net



#### Morden Community Child Care Centre

5 Rampton Street Morden, Manitoba

R6M 1V8

Phone: 204-822-6663 Fax: 204-822-4656

E-mail: mordencd@mts.net

www.pembinavalleychildcarecentres.com

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August 14, 2019

Dear Parents and Guardians,

The office is now accepting pre-registrations for the new hot lunch program, which will run from September 17, 2019 - December 31, 2019.

For this period, our kitchen will prepare and offer the following:

Week 1 ~ Tuesdays: Roasted chicken, potato wedges & cooked vegetables

Week 1 ~ Wednesdays: Breakfast sausage, eggs & toast

Week 1 ~ Thursdays: Farmer sausage, perogies & cooked vegetables

Week 1 ~ Fridays: Chicken noodle soup, crackers

Week 2 ~ Tuesdays: Taco Salad (build your own) & veggie sticks

Week 2 ~ Wednesdays: Chicken quesadillas & veggie sticks

Week 2 ~ Thursdays: Ham, mashed potatoes, whole wheat bun & cooked veggies

Week 2 ~ Fridays: Tomato soup & grilled cheese

Hot lunch Fees: Infant  $\sim$  \$3.00; Toddler - Pre-K  $\sim$  \$3.50; Kinder  $\sim$  \$3.75. School age may order hot lunch if in-service days fall on a hot lunch day & Christmas break - cost: \$3.75

Pre-signing up for the hot lunches means that you will get billed for ALL the days you have signed up for, including days that your child is absent. Due to limited space in our freezers, we are no longer able to keep uneaten lunches for your child/ren.

Please check off on the calendar which days you would like to pre-register for lunch and return the form to the office no later than Tuesday, September 3, 2019.

If you require any further information, please call 204-822-6663.

Sincerely,

Shuana Richards
Executive Director
Pembina Valley Child Care Centres Inc.



# Pembina Valley Child Care Centres Inc.

## Hot Lunch Program

Lunch Program from September 17 - December 31, 2019 ~ Return this copy to the Centre

Tuesdays ~ Week 1: Roasted chicken, potato wedges & cooked		Thursdays ~ Week 1: Farmer sausage, perogies & cooked vegetables		
				vegetables
□ September 17	□ November 26	□ September 19	□ November 28	
0 1 1 1	h 1 10		h 1 10	
0 1 1 15	<b>N</b> 1 04	0 1 1 17	December 12	
0 1 1 20	□ December 24	0 1 1 21		
□ November 12		□ November 14		
Wednesdays ~ Week 1: Breakfast sausage, eggs & toast		Fridays ~ Week 1: Chicken noodle soup, crackers		
□ September 18	□ November 27	□ September 20	□ November 29	
□ October 2	December 11	□ October 4	December 13	
□ October 16		□ October 18	December 27	
□ October 30		□ November 1	Bocombon Ly	
<ul><li>November 13</li></ul>		□ November 15		
- 1404CHIDGI 10				
		Thursdays ~ Week 2:		
Tuesdays ~ Week 2:		Ham, mashed potatoes, whole wheat bun & cooked		
Taco Salad (build your o	own) & veggie sticks	veggies		
□ September 24	□ December 3	□ September 26	□ December 5	
□ October 8	December 17	□ October 10	December 19	
October 22	December 31	□ October 24		
November 5		□ November 7		
Name - 10		□ November 21		
Wednesdays ~ Week 2: Chicken quesadilla & veggie sticks		Fridays ~ Week 2: Tomato soup & grilled cheese		
□ September 25	□ December 4	□ September 27	□ December 6	
October 9	December 18	October 11	December 20	
October 23	Becombon 10	October 25	Bocombon Lo	
□ November 6		□ November 8		
□ November 0 □ November 20		Name		
1 November 20		□ November 22		
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### Lunch Program from September 17 - December 31, 2019 $\sim$

Parent / Guardian's Copy (Please keep this copy)

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•	<ul> <li>November 26</li> <li>December 10</li> <li>December 24</li> </ul> Breakfast sausage, eggs	<ul> <li>September 19</li> <li>October 3</li> <li>October 17</li> <li>October 31</li> <li>November 14</li> </ul> Fridays ~ Week 1: Ch	□ November 28 □ December 12 icken noodle soup, crackers
& toast  September 18 October 2 October 16 October 30 November 13	<ul><li>November 27</li><li>December 11</li></ul>	<ul> <li>September 20</li> <li>October 4</li> <li>October 18</li> <li>November 1</li> <li>November 15</li> </ul>	<ul><li>November 29</li><li>December 13</li><li>December 27</li></ul>
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Wednesdays ~ Week 2: Chicken quesadilla & veggie sticks			
•	Chicken quesadilla &	Fridays ~ Week 2: To	mato soup & grilled cheese