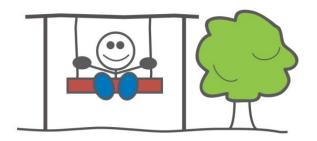
Pembina Valley Child Care Centres Inc.

Operating as

Manitou Community Day Care



Parent Policy

"Striving to provide a safe, caring, learning environment for children, staff and families. We believe in equality, respect and diversity."

Revised September 18, 2019

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Welcome to Pembina Valley Child Care Centres Inc. ~ Manitou Site

The early years of a child are those of unlimited energy, exuberance, and curiosity. Not only are these years challenging to those around the child, but crucial years. Area/Centre will provide opportunities, interest, encouragement, and guidance to promote growth in all development areas. Continuous and open communication between parents and staff will help us to better understand the needs of your child while at our Centre. We hope to provide your child with happy fulfilled days.

Our Centre is a non-profit organization funded through parent fees and government subsidies. A 5-8 parent Board of Directors consisting of parents and community volunteers govern us. The Board is elected at the Annual Meeting and these members serve a two-year term.

Manitou Community Daycare was incorporated on June 1, 2000 and moved to our present location September 8, 2010. We are a multi-aged program licensed for 8 infants and 42 preschool children. We offer Nursery School Wednesday and Friday mornings and afternoons. Within our licensed preschool space, we can accommodate 15 school age children; before and after school as well as in-service and summer holidays.

Manitou Community Day Care Inc. and Morden Community Child Care Centre Inc. amalgamated on January 1, 2012 establishing Pembina Valley Child Care Centres Inc. Morden Community Child Care Centre is located on 5 Rampton Street in Morden, Manitoba. The Morden Centre was established on April 1, 2001 and operated on two separate sites until January 2002. We are licensed for 8 infants, 66 preschoolers, and 38 school age children.

Confidentiality

Information concerning your family is kept by us in the strictest confidence.

Government regulations require that a child's information/registration form be completed and kept on file. We will only release information in your child's file with your written consent. An exception to this is in a suspected case of abuse, when we are legally obligated to report all cases.

Mission Statement

It is our purpose to provide an atmosphere that encourages social, emotional, physical and intellectual growth and development of the child as a whole. We strive to provide quality care



and learning opportunities for children of working parents and students, children with additional support needs and those who use the Centre for respite, socialization or experience.

Philosophy

It is the philosophy of the Pembina Valley Child Care Centres that children learn by exploring their environment.

Early childhood should be a time of fun, warmth, security, exploring, and discovery. All children are creative and receptive; the staff strives to nurture and encourage these qualities in the children who attend

Goals

To provide children with an environment which will promote their optimum development in all areas including physical, cognitive, social and emotional through the following means:

- Providing children with choices and experiences for discovery
- · Respecting each child's interest, ability and skills
- Providing a variety of firsthand experiences that allow children to see, touch, taste, hear and smell things in their environment
- To provide an environment that will nurture a child's self-respect, self-esteem, self-worth and self-confidence

To provide a positive learning environment that enhances each child's level of development through creative arts, crafts, music, science activities, storytelling and general play as well as:

- Provide an individualized program for each child based on the child's abilities and interests
- Provide a play-based program that challenges children as well as fosters curiosity, initiative and independence
- Maintain a safe, clean, healthy, physical environment necessary for growing children.

To recognize the family as the most important and effective influence on the development of the whole child by:

- Encouraging and promoting communication between staff and parents about their child's daily activities, behavior and general development
- Seeing the importance of forming a partnership for the wellbeing of the child, family and Centre



Infant Curriculum Statement

At Pembina Valley Child Care Centres Inc. ~ Manitou Site, we label accomplishments and acknowledge our infants' achievements. We have created strong emotional bonds and trust with the infants in our care.

Staff organize interactions and build relationships to promote learning and development between staff and infants and among infants. This is demonstrated through:

Caregiver's Routines:

- During diapering/hand washing, we allow for one-on-one time and teachable moments
- Encourage infants to greet/acknowledge each other, parents and staff
- Explain feelings of children
- Sit on the floor and play
- Encourage communication through speech, sign language and gestures (body language)
- > Gain trust to create strong emotional bonds
- Observe what the infants do; how they react to situations and routines; as well as pay attention to what the infants' interest and dislikes are.

Exploration and Play:

- Respecting property
- Interact and promote play while being at the infants' level; on the floor
- Use each child's name to help each infant familiarize themselves with each other
- If there's a disagreement, they use redirection
- Encourage solitary play (if needed)
- Encourage group play

Staff build relationships with families and convey information to parents/guardians about their infant's well-being, learning and development. This is demonstrated through:

Caregiver's Routines:

- Verbally show accountability to the program though a play-based curriculum and educating our families about the benefits of play
- Written charts and daily information sheets documenting what each child has done throughout each day
- Photos posted include a message about the developmental milestones accomplished



Pictures are displayed on a digital photo frame

Exploration and Play:

- Encourage parents to observe play if they wish
- Parents are always welcome to watch children play with their friends
- > Talk with parents about their child's interests so staff can build on them
- Parents are invited to the Centre to teach and play with the children, e.g. an infant's mother was invited to teach the infants how to brush their teeth.

Staff organize the space and materials to promote learning and development. This is demonstrated through:

Caregiver's Routines:

- Kitchen area is located on the tile floor with a child sized table and chairs for mealtimes and art. This promotes independence and socialization.
- Cribs and cots are set up in a separate room and each child has a designated sleep spot to promote predictability and stability.
- A low sink is located by the kitchen area for hand washing to promote independence
- Outside clothes are laid out by staff when going outdoors to encourage independent dressing
- During all transition times staff verbalize what is happening and what they are doing so that the children know what to expect and what to predict
- Furniture is at child's level
- > Children are encouraged to help staff clean
- Age-appropriate toys
- Bring toys up according to child's interests and developmental levels, e.g. blocks for building
- > Toys that encourage creativity and foster their learning needs
- > The room is set up to encourage group play for social development.

Exploration and Play:

Toys and equipment are at the infants' level and are age-appropriate e.g. rattles for a younger infant (6 months), blocks for an older infant (1-2 years)



- Library/quiet area is to allow for some down time (e.g. soft toys, blankets, books)
- Large motor/active play ~ infants are directed to climber/open area
- Blocks and cars are grouped together to encourage cognitive development, i.e. creativity
- People/animals/barns are grouped together to help create imaginative play
- > Allow long extended periods of uninterrupted play time
- Library is on opposite side of room from your gross motor
- Allow for solitary play if needed
- Room is set up to encourage development and learning; divided into separate learning areas i.e. active play is separate from quiet play, library is set up for cognitive development, block area is set up for physical and social development.

Children's individual schedules are accommodated. This is demonstrated through:

Caregiver's Routines:

- Flexible to support the individual needs of each infant
- Nap time (naptimes are flexible according to each child's needs)
- > Check in with parents on how their nights were, allowing more active play if needed.
- > Recognizing the need for more one-on-one care, depending on developmental level of children.

Exploration and Play:

- > Observe the children
- Match toys/activities on current interests
- Model different ways to play with toys to challenge the children
- Set out different toys, e.g. stacking blocks as a tower
- Calming materials and activity for more active children, e.g. play dough textures ~ cognitive development.

Staff organize time and transitions to support learning and development. This is demonstrated through:

Caregiver's Routines:

Transitions - going outside e.g. talk about what clothing is needed - use very descriptive language



- Giving notice when a transition is going to occur
- Respecting the child by notice them when they are getting picked up ~ emotional development
- > Follow routines so they know what to expect but we are not bound by time.
- > Giving each child the time that they need to finish what they are doing
- Formal assessments through developmental checklists and family meetings every June.

Exploration and Play:

- Give infants time to finish what they are doing, not rushing the infants if they are engaged in an activity and have a flexible schedule to make transitions from play easier
- Encouraging children to work together and help with clean up ~ social and cognitive development
- > Cleaning up toys, saying names and labelling toys develops cognitive and develops social by working together as a team.

Staff identify the connection between each infant's experience and domains of development. This is demonstrated through:

Caregiver's Routines:

- diapering routine explain what's happening e.g. cognitive learning and social (singing + talking)
- > making sure they can access the toys
- mealtimes
 - ~ cognitive development: learning to use spoons/forks self feeding/independence;
 - ~ social development: eating together in a family-like setting.

Exploration and Play:

- > Staff identify connection by labelling play and labelling feelings. e.g.: throwing a ball and labelling the child's physical actions and what the ball is doing ~ cognitive domain
- Singing and dancing ring-around-the-rosy; becoming aware of song, actions and repetition ~ cognitive and physical.

Staff reflect and represent all infants, their families and community, and intentionally expose them to similarities and differences in terms of diversity. This is demonstrated through:



Caregiver's Routines:

- > as a small farming community, we reflect our agricultural background and strong influence of sports while exposing them through different cultural foods, pictures of their families and having inclusion as a matter of fact
- > demonstrating inclusion and equality
- > pictures displayed showing infants' families
- > dress up clothes and dishes from other countries.

Exploration and Play:

- introducing cooperative play e.g. rolling a ball between two children social domain ~ through music ~ physical gross motor movement; cognitive remembering their favorite music
- > by ensuring that different cultures are represented in all materials. e.g. play food, dolls of different nationalities, books, music
- > Playing music from other countries.

Preschool Curriculum Statement

Pembina Valley Child Care Centres provides children with opportunities for play based exploration, experimentation and learning that reflect all the children's interests and developmental capabilities. Research shows that young children learn and develop best during play when they can choose who and what to play with and can play for at least 45 - 60 minutes at a time.

Having these experiences available will help children develop social, emotional, physical and cognitive skills through emergent planning. A planned activity is something that a staff member has prepared before the actual time that they are going to implement it. Based on the children's interest staff member prepare and activity. For example; if a group of children were playing in the housekeeping area baking pretend cookies, and a staff member acknowledges their interests and bakes real cookies with the children. Staff observes children during free play and it is recorded on observation sheets. The staff can then get a feel for the children's interests at the time. The information collected is then discussed within each room as well as collaborated at staff meetings. During the collaboration the staff then decided what the children's main focus is on at this point in time. The staff will then plan activities related to the children's ideas.



Children also learn through spontaneous moments throughout the day, this is important for the child's learning because it is in the moment for the children and is relevant to what is happening in the moment. For example; a child bringing in a special rock and other children being interested in this inspires a staff to take the children outside, so they can each choose their own rock to explore. This made the child who brought in the rock feel very special and excited that he got to share this experience with his friends.

Our environment enhances children's development by providing a play space and materials that are set up and changed based on what we see the children are interested in. At our Center we try to run our program as an emergent curriculum which runs based off the children's interest. In our play space we have a variety of learning areas such as housekeeping, science, library and block area. The materials in these areas change with the children's ideas for example: a large box was placed in the dramatic play area as a barn; this was based on the children's interests in barn yard animals. Along with the barn, staff added puppets, books and a hay bale to enhance the children's play.

Our activities also provide opportunities to make each child feel accepted, understood, supported and respected. One example of this is that children's creativity is fostered by providing open-ended art materials to allow for self-expression of their own ideas and understanding. The creations are then placed on display throughout the room as well as being sent home, so they can show their families.

We give children opportunities to develop positive interactions and relationships among peers as well as staff. They can practice independence when they choose play mates, activities and experiences during our free play times. Staff asks open ended questions, get down to the child's level, listen and have turn taking conversations. We have pictures available for the children and parents to look at throughout the rooms. This encourages conversation between peers and families about their ideas and experiences that have occurred.

We represent community and family diversity in our curriculum for children to see similarities and differences. For example, we provide play materials such as Centre made concept books showing our staff, children and community. We ask that children bring in pictures of their families and we post them throughout the Centre. This allows for the children to see how every family can be different. As well, throughout the year, community members come into our Centre to present their careers/professions. We have field trips such as visiting our local library, bakery, grocery store as well as the 55t, haven and personal care home.



We have predictable yet flexible routines and schedules to provide consistency, stability and independence in the child's life. If children are interested in an activity, lunch may be 10 minutes later to allow the children to complete what they are interested in. We believe it is important to allow the children to finish what they are fully engaged in.

Pembina Valley Child Care Centres strives to maintain a family friendly, positive and supportive environment for all children and families. Daily communication between parents and staff occur at the beginning and end of each child's day to keep parents informed about what has happened in their child's day. The staff at Pembina Valley Child Care Centres is always willing to talk about their programs and how they are helping each child develop. We also have a staff communication books to record all information from parents to staff.

Pembina Valley Child Care Centers' preschool curriculum will continue to further develop and change with staff's interest and expertise as well as family and community needs and values.

Staff

We are staffed with Early Childhood Educators (E.C.E.'s) with college or university training, as well as Child Care Assistants and support staff. All staff must have a valid First Aid and CPR as well as complete the Investigation Authorization (IA) process. For the IA check, a criminal record with vulnerable sector check is completed at the local Police Department or RCMP and a child abuse registry check is sent to the Child Abuse Unit in Winnipeg for confirmation that they are not listed. The results of these checks are then submitted to Manitoba Early Learning and Child Care.

All employees are required to participate in professional development throughout the year. This will ensure that they are continually upgrading and remaining current in the study of Early Childhood Education.

Occasionally, staff will rotate between rooms in order to balance the needs of the children and meet licensing requirements. As well in some situations, a primary caregiver may be assigned to a child, but all staff will be expected to provide care for all children.



Students and Volunteers

Our Centre provides a work experience setting for high school, university and college students. This has proven to be a beneficial experience for the children and the students. In such cases, general observations may be done. An orientation process is done prior to their involvement in the Centre. At no time will the student be part of the staff: child ratio.

Students and volunteers shall at no time be left alone with the children.

Inclusion Policy

Our goal is to be inclusive in providing developmentally appropriate experiences for all children in a secure, stimulating environment. All children are entitled to full participation and support to meet their individual needs. We recognize each child is unique and support that child in developing physically, socially, emotionally and intellectually to their fullest potential. Being an inclusive Centre in which all children and families are welcome offers countless learning opportunities and benefits for everyone.

Behavior Management Policy

Children will always be treated with dignity and respect, allowing choices whenever possible. 11(1) A licensee shall not permit, practice, or inflict any form of physical punishment or emotional abuse upon or the denial of any physical necessities to any child in attendance at the Centre.

- A child may not endanger him/herself
- A child may not hurt others.
- A child may not destroy others working environment (shoving, shouting).
- A child may not destroy property.

Children are disciplined in a positive manner at a level that is appropriate to their actions and their ages. Staff will discuss and explain the actions and discipline methods when appropriate. Staff will provide a kind and understanding atmosphere that involves helping children to develop self-control and self-direction skills. Understanding child development enables us to know the level of understanding the child has and helps us determine the strategies to use. Staff, students and volunteers are expected to use the following behavior management practices:

- Set clear limits for the children. The limits are consistent, relevant and fair to the developmental age of the child.
- Expectations are clearly and positively stated.
- Children will be offered choices, when s/he needs to make a decision.



- A team approach will be used by the staff. The child's needs are discussed, and a procedure will be put in place.
- Different approaches will occur depending on different situation and different children,
 Example:
 - > <u>Infant/Toddler Program</u>: The focus is on redirecting, encouraging the use of language. Feelings are labeled and simple explanations of why certain behaviors are unacceptable as well as the use positive reinforcement for desired behavior.
 - Preschool & Pre-Kindergarten Program: The focus is on allowing the children to problem solve for themselves. We will use lots of verbalization, redirection, acting as a mediator to help children solve their problems. We will explain why the behavior is inappropriate, offer choices or ignore behavior when it is appropriate. As well we may remove the child from the situation until s/he is able to interact appropriately and then follow up by discussing the problem with the child before they return to the activity.
 - Eindergarten & School Age: The focus is on self-control and self-redirection with the use of positive verbal and non-verbal reminders. We will also use redirection, act as a mediator, use verbal problem-solving skills, peer mediation and offer choices. If aggressive or inappropriate behavior continues, the child will sit away from the group to calm down. After a short period of time, the staff will have a discussion with the child regarding his/her actions and then the child will return to play when they are ready.

Our staff will spend time demonstrating, modeling and verbalizing desirable behaviors. Time is spent observing and recording inappropriate behavior to establish whether a pattern exists, which may in turn suggest a solution.

In helping children gain control to work within the behavior policy, staff will generally proceed through the following sequences in dealing with infractions. Staff can stop anywhere within the sequence if the child (or children) seem to have solved the problem or have the situation under control.

- 1) Remind child of the rule.
- 2) Help the child find a resolution to the problem
- 3) Suggest that the child control his/her behavior by finding something else to do.
- 4) Assist the child to gain control by helping him/her find another activity to do.
- 5) Develop a logical consequence for an infraction, (i.e. temporarily banning the child from the area, picking up mess, or fixing a broken toy).



6) If the child is beyond this sort of control, s/he should sit in another room under supervision of a staff member until some control can be gained and discussion is possible.

Aggressive Behavior Policy

As Early Child Care Educators, it is our responsibility to ensure the physical safety and total well-being of all children within our care.

Aggression means, "Any physical, emotional or verbal act which may result in placing him/herself, other children and/or staff members within our centre in an emotional, physical, harmful, hurtful or unsafe situation."

In dealing with aggressive behavior, the following procedures will be conducted in the following order:

- 1. The child (ren) will be removed from the group and then redirect the child (ren) to stop the aggressive behavior. If the behavior stops no further steps will be taken.
- 2. If the aggressive behavior continues throughout any part of the day, the parent/guardian or alternate pick up person (in that order) will be contacted to immediately pick up the child (ren). Documented reports of the incidents will be given to the child (ren)'s parent. A copy will also be made to keep in the child (ren)'s file.
- 3. After an incident resulting in a child having been asked to leave the centre, the Team members involved in the incident will have a meeting with either the Site Manager and/or Director to determine which of the following actions will be taken.
 - a. Develop a behavior management plan which will be shared with the family, or
 - b. Involve a Behavior Specialist, or
 - c. Involve the Board to determine if we need to limit the hours of attendance; suspend or terminate childcare privileges. In the case of termination, the 2-week notice will be waived.

Any aggressive, violent or intentional aggressive behavior that endangers the child, other children, staff, equipment or building cannot be tolerated. In extreme cases, the child will be automatically suspended for three days or have their spot permanently revoked without prior warning.

Code of Conduct

A copy of our Code of Conduct is available in the front entrance as well as in the office for your use. All families will receive a copy when first registering their child.



Safety Charter

A copy of our Safety Charter is available in each child's room including the office. Please ask staff for a copy, if you are interested.

Mixed Age Group Policy

Regulation 8(2) (a) where children are cared for in mixed age groupings during the majority of the Centre's operating,

Where children are cared for in mixed age groups, the ratio will be calculated on a prorated basis. Pembina Valley Child Care Centres will be utilizing the mixed age group regulation 9(11) from the hours of 6:00 a.m. till 8:30 a.m. and from 5:00 p.m till 6:00 p.m Monday thru Friday. The ages of the children involved will be 12 weeks to 12 years. Everyone will be in the younger preschooler room during morning mixed age grouping and outside or in the younger preschooler room during afternoon mixed age grouping. At 8:30 am all rooms will be opened in the building and children are taken to their room. Measures are taken to ensure a safe and developmentally appropriate environment for all children.

Multi-age grouping enables siblings as well as friends of different ages within the daycare community to play together. The maximum number of spaces per staff member will be 8. We will calculate the spaces on a prorated basis as per Best Practices Licensing Manual.

Child to Staff Ratios

We always maintain the Government regulations for staff and child ratio:

Infants

- Age 12 weeks to 2 years (infant) ratio of 1:4
- Age 2 (toddlers) 1:6
- Age 3 years (preschool) ratio of 1:8
- Age 4 years (prekinder) ratio of 1:9
- Age 5 years (kinder) ratio of 1:10
- Age 6-12 (school age) ratio of 1:15



Accessibility Policy

Pembina Valley Child Care Centre Inc. is committed to complying with the Accessibility Standard for Customer Service under The Accessibility for Manitobans Act.

In establishing the following policies, Pembina Valley Child Care Centre Inc. has taken steps to identify existing barriers to try to remove these, or if the barrier could not be removed, to provide alternate ways to access the goods or service, without any additional fees.

*Our "customers" are the children we serve, as well as their caregivers and, during special events, their community supporters.

This policy does not affect program criteria.

1. Communication

Pembina Valley Child Care Centre Inc. will communicate with our clients in a way that considers the nature of any communication barrier.

- If an individual has trouble communicating with staff, staff will ask how they can help; for instance, by finding a quiet space or using pen and paper.
- Printed information will use easy to read fonts and color contrast (black on white)
- Registration forms will be available in alternate formats, for instance 14 fonts versus 10, in print as well as electronically. Registration forms will be received on-line and by mail or in person.
- Clear signage will direct customers to the day care.

2. Assistive devices

Pembina Valley Child Care Centre Inc. welcomes the use of assistive devices used by the children in our care or their caregivers. Care will be taken to create space for devices, such as walkers, and to not touch or remove these without permission of their owners. Staff will receive related training, including regarding any assistive devices available on site (i.e. how to enlarge print on the computer used by the daycare).

3. Support Persons

Pembina Valley Child Care Centre Inc. welcomes support persons, there to assist a child in becoming familiar with the Centre. The nature and duration of the support must be discussed in advance with the Director, including to determine the role of staff and goals for independence, if applicable. Staff will receive related training.



4. Service Animals

Pembina Valley Child Care Centre Inc. is committed to meeting the requirements of The Human Rights Code (Manitoba) by allowing service animals, trained to meet the needs of persons with disabilities, to accompany our children and their caregivers wherever the public is allowed. The service animal must be controlled at all times.

The Centre will ask registrants to identify both the need for service animals and any allergies to animals at time of registration to meet potentially conflicting requirements of the children. Staff will receive related training.

5. Maintain Barrier-Free Access

Pembina Valley Child Care Centre Inc. will maintain barrier free access to our services by ensuring that aspects of our facility that can facilitate access are maintained as intended. This includes maintaining the entrance free of snow and ice; ensuring the ramp is not blocked in any way; and removing clutter from hallways.

6. Notice of Temporary Disruption

In the event of a planned or unexpected disruption of services or facilities affecting customers disabled by barriers, Pembina Valley Child Care Centre Inc. will promptly, post notices at the entrance and on the website. This includes notice when the space is affected by the unexpected use of odorous chemicals elsewhere in the building.

7. Feedback Process:

Pembina Valley Child Care Centre Inc. will include a Feedback process that welcomes suggestions on how to better serve our clients, including to enhance accessibility.

8. Training

Pembina Valley Child Care Centre Inc. will ensure that all staff are trained about how to provide accessible customer service in our Centres. Topics will include an overview of The Accessibility for Manitobans Act and related impact of The Human Rights Code (Manitoba), as well as how to interact with persons with disabilities.



Waiting List

All children and families will be welcomed into our Centre. We support the principle of serving children and families whose characteristics reflect the surrounding community, including a naturally occurring proportion of children with additional support need (10-15% of the general population).

Early Learning and Child Care require that childcare Centres maintain an online waitlist in order to establish the need and type of child care requirements for each region. Therefore, parents are required to register at www.manitoba.ca/onlinechildcareregistry. The waiting list will be maintained according to full time over part time care, date of registration and residents of the RM of Stanley.

Some exceptions are that Child and Family Services may pre-empt spaces and insert a child or children whom they deem a priority to those on the Centre's list; staff member's children and siblings of children currently enrolled in the program receive priority placing. At certain times, children with additional support needs may be moved up the waiting list and admitted early in order to maintain the principle of natural proportions.

Enrollment

- Appointment to be set up with the Site Manager prior to enrollment date.
- Registration form to be filled out by parent.
- Registration fee must be paid at time of enrollment.
- Scheduled days will be set.
- Parents will tour the Centre, be introduced to the staff, and review the daily program and Parent Policies at this time.

When enrolling your child, you agree to abide by all Centre Policies. Any related questions or concerns should be discussed with the Director. All policies are Board decisions.

Withdrawal

- The centre requires **two weeks** written notice for all withdrawals.
- If notice is not given the parent will be charged accordingly.



Hours

- Monday thru Friday from 6:00 am to 6:00 pm.
- When Christmas Eve (December 24th) and New Year's Eve (December 31st) fall on a weekday, the Centre will operate on reduced hours, opening at 6:00 am and closing at 3:00 pm.
- The Centre will be **closed** on MTS P.D. (according to Western School Division school calendar) for professional development. Parents will not be charged for this day.

Staff ratios are planned according to the hours of attendance of each child. Please call the Centre, if your child will be away, late or if someone other than yourself will be picking up your child (ren).

Staff must be advised in writing, when possible if someone other than the parent is picking up the child. These people must be listed with the Director at the time of registration.

Family Holidays

- Full-time & Part-time children: Children are required to register for set designated days. Full-time and part-time children's parents are required to sign a permanent schedule stating which days/time care is required. If requests are greater than spaces allotted, priority is given to the full-time families.
- Kindergarten Children: children who are attending kindergarten must submit a
 permanent schedule stating if they need before and after school care as well as nonkinder days.
- Casual children: defined as children who attend Pembina Valley Child Care Centres Inc. ~
 Manitou Site strictly using us on a call-in basis. No permanent schedule is signed, and no spots are held or guaranteed for casual children.
- Nursery school children: children attend nursery school on a full-time (2 days/week) or part-time (1 day/week) basis. Children will be billed based on enrolment, not on days attended.
- School Age: a permanent schedule will need to be submitted for your school age children stating if they need before or after school care. If you are wanting your child to attend on No School/ In-service days, they will be signed up for all days throughout the school year and charged accordingly. This does not include Christmas Break, Spring Break, or Summer Break. If your child is signed up for all No School/ In-service days, they will get



charged a full day rate of \$20.80 on Stat Holidays regardless of their attendance. If you choose not to sign your child up for No School/In-service days, they will get charged a 2-slot rate of \$8.60 or 1-slot rate of \$6.15 based on your pre-established childcare requirements.

- Unscheduled School Closures: Should the schools close for any reason, you will be
 charged full fees as per your set permanent schedule. If you are not attending on
 Inservice days, you will not be charged for the school closure days (i.e. snow days,
 increment weather, water main breaks, no hydro). If your child is signed up for Inservice
 days, you will be charged a full day rate.
- Cancellations: (for all full-time, part-time and casual children) if the Centre receives less than 1 month notice you will still be charged for the day.
- Additional Days: if you are looking for additional days for your child(ren) (other than stated on your permanent schedule) you can ask the Centre to see if space is available. The Centre may or may not have space for your child on this day.
- Stat Holidays: Full-time and part-time children's parents will be billed for all statutory holidays if this is a regular scheduled day for their child(ren). This includes all days that require the Centre to close: New Year's Day, Louis Riel Day, Good Friday, Victoria Day, Canada Day, August Civic Holiday, Labour Day, Thanksgiving Day, Remembrance Day (if it falls on a weekday), Christmas Day, and Boxing Day. In the event one of the statutory holidays lands on a weekend we will close and charge for the next available workday. (except Remembrance Day)
- **Permanent Changes**: If you wish to make changes to your permanent schedule, a request must be made to the office to see if we can accommodate your new schedule. All changes require 1-month notification.

For clarification, these days are considered statutory holidays:

~New Year's Day ~Labor Day

~Good Friday ~Thanksgiving Day ~Victoria Day ~Christmas Day ~Canada Day ~Boxing Day

Fees

Infants (3 months-2 yrs.) - Full days (less than 10 hours)	\$30.00
Half days (4 hours or less)	\$15.00
	4

More than 10 Hours \$45.00



Pre-School (2-5 yrs.)	- Full days (less than 10 hours) Half days (4 hours or less)	\$20.80 \$10.40
	More than 10 hours	\$31.20
School Age (6-12 yrs.)	- Full days (less than 10 hours)	\$20.80
-	Half days (less than 4 hours)	\$10.40
	1 slot	\$6.15
	2 slots	\$8.60
	10 hours or more	\$31.20
Nursery School	- Per Session	\$10.40

Billing periods are based on provincial schedules, so billing represents 20 days including holidays but excluding weekends.

This means that there are 13 billing periods (260 days) in a year, not 12. This also means that one month you will receive two bills.

Income Tax Receipts will be issued by the end of February for the previous tax year.

Subsidy

Families who are unable to meet the full cost of care may apply for financial assistance through Manitoba Early Learning and Child Care. Application can be accessed through the internet at www.gov.mb.ca/childcare and following the links to the subsidy application.

If a subsidized child misses more than the allowable absent days, the parent is responsible for payment of those days. (Refer to subsidy form)

It is the parents' sole responsibility to provide all necessary documents and meet all government requests and deadlines in order to benefit from subsidy.

<u>Subsidy approval</u>: Upon enrolment at the Centre, if subsidy has not yet been approved, the parent will be charged full fees. When subsidy is approved, credit will apply.

Parents on full or partial subsidy may pay parent portion plus to a maximum of \$2.00 per day per child.

Terms of Payment

Fees are calculated on a 4-week rotation. Fees must be paid by the first Friday after the billing period ends. See Appendix I - Billing Period Schedule. All fees should be sent to the Director



or placed in the locked box beside the office door. All money will be receipted. The receipt will be placed in your child's locker or emailed as per your request.

Registration Fee

A NON-REFUNDABLE registration fee of \$100.00 for full time families is required upon enrollment. Families enrolled 3 days per week and those that qualify for subsidy are required to pay a \$50.00 non-refundable registration fee upon enrollment.

Late Fees

The Child Care Centre's budget is in accordance to funding. We reserve the right to cancel a child's day care spot and may take legal action if fees are not paid in accordance with the policy as follows:

Payments received after the due date will be considered a late payment and the following charges will apply:

- Week 1 no charge
- Week 2 no charge
- Week 3 (Monday 8:30 am) \$5.00 late payment charge
- Week 4 (Monday 8:30 am) \$5.00 late payment charge
- Week 5 (Monday 8:30) Child care services will be withdrawn and a \$10.00 late payment charge will be added weekly after this date until account balance = \$0.

Under special circumstances you may make alternate arrangements for payment with the Director.

Late Pick Up Fee

Parents/Guardians or those picking up your child(ren) are expected to arrive in enough time to dress your child, gather their belongings and leave the centre by 6:00 pm.

In the event, that your child is not picked up on time a \$10.00 late fee will be charged from 6:00-6:15 pm plus \$20.00 for any time between 6:15-7:00 pm.

Please note that if no family member can be reached by 7:00 pm, Child and Family Services will be contacted.



NSF Cheques

NSF cheques will result in an administrative fee of \$10.00 and the bank charges to the Centre (currently \$7.50) for a total of \$17.50.

Fundraising

Throughout the year, Pembina Valley Child Care Centres Inc. will hold fundraising events to raise funds for building and outdoor maintenance as well as for new equipment. All money raised through these events are used to further develop the children's programming and play space.

We encourage our families & staff to participate in all fundraising events as it is a benefit to the children, families, staff and child care environment creating a positive and inclusive environment.

Infant Centre

Diapers - Disposable diapers and wipes must be provided for children who are not toilet trained. We recommend disposable diapers be used, however, we will consider parent requests to supply cloth diapers on the condition outlined in "Well Beings".

Food - Formula must be ready to serve in bottles. Each bottle must have a nipple. Formula cannot be reheated. (Ex. If a child drinks two ounces from an eight-ounce bottle, the rest cannot be reheated.) Small amounts or a four-ounce bottle will work best. Food should be sent in small microwave safe containers.

Toilet Training

- Staff will assist with toilet learning when parents feel child is ready.
- Children will be encouraged and praised for effort. This process should be relaxed and stress free for the child. Potty chairs, loose clothing, and training pants are helpful.
- Readiness and patience are essential.

What Your Child Will Need

- Comfortable play clothes. Do not wear good clothes. Please note that children are constantly working with materials that are messy. This is how children learn.
- Appropriate seasonal clothing is a must! This includes mitts, hats, scarves, sunhats, splash
 pants, and boots. Outdoor play is a very significant part of your child's day. It meets their
 developmental needs and is a legislated part of our day. We are required to take the
 children outside everyday unless increment weather (temperature below -25 degree
 Celsius, wind chill of 1600 watts). Staff will use their discretion. Cold air does not generate



colds or flu. If your child is too sick to play outside, your child is likely too sick to be at the Centre.

- Sometime in May, parents are required to provide 1 bottle of sunscreen (minimum of SPF 30) and 1 bottle of bug spray (Skintastic preferred) for the summer season.
- A full change of clothing for each child should be kept in his/her locker.
- Staff cannot be responsible for all lost or misplaced articles of clothing so please label everything so that if a missing item turns up we know who to return it to. A lost box is located within the program if you are searching for clothing that has gone missing.
- A small blanket or anything the child might want to nap with, as all full time infant & preschool children have a nap or rest in the afternoon. All blankets need to go home on Friday to be washed.
- A pair of slippers or runners so the child is never barefoot in case of an emergency.
- Disposable diapers are required for children not fully trained.

Helmet Policy

We are considered public property therefore it is mandatory for children to wear helmets on our property. If you would like your child to wear a helmet, please send a labelled helmet with their name on it. This will ensure a proper fit and limit the transfer of head lice.

Toy Policy

Please do not permit your child to bring toys from home unless requested by the staff for special occasions. Unfortunately, many toys are not able to withstand the use of so many children and may become lost or broken.

Please note: Each individual is responsible for returning anything that has been used to its proper place. Please allow your child a few minutes of clean up at the end of the day. Staff will assist when necessary.

Lunches and Snacks

PLEASE NOTE THAT WE ARE A NUT SAFE FACILITY!

- The Centre provides two snacks each day that must consist of three of the four food groups (dairy, protein, bread and cereal, & fruit and vegetables.)
- Parents provide the lunch and the Centre will provide milk.
- A microwave is available to warm up lunches. Please send food in a microwave safe container if you wish to have your child's lunch heated.



- We recommend that families supply a cold pack as we do not have enough fridge space for all the lunches.
- Lunchtime should be one of the most enjoyable experiences for your child. It is a time for conversation, relaxation, and companionship.
- To avoid conflict at lunch, our staff will promote eating healthy foods first. If your child still wants their treat first, they will be allowed to have it. To eliminate the possibility of your child not eating all of their lunch, please send a small treat. This will satisfy your child's need for their snack, but they will still be able to eat the rest of their lunch. Staff will still use discretion as to what foods are safe to serve children.
- We encourage parents to send a nutritious lunch with a variety of foods from the Canada Food Guide. A steady diet of canned foods such as Mini Ravioli, Alpha Getti, etc. does not provide appropriate nutrition for children. Contact staff for a list of lunch & snack ideas.
- Parents can send a box of cereal or a loaf of bread to eat breakfast at the Centre. The Centre will provide milk, and spreads for the toast.
- Occasionally, an optional lunch will be provided for the children at a cost of \$3.00 per child.
 As well, if a lunch has been forgotten, one will be provided to your child for a \$3.00 charge.
- A Hot Lunch Program will be offered on Wednesday and Fridays throughout the school year. See Appendix II for details.

Absent Children

For school age children - if your child does not come to the Centre on the day, he/she is regularly scheduled, and we have not had notice from the parent, the following procedures will be taken:

- 1.) Try to contact the parent.
- 2.) Contact the school or teacher.
- 3.) Contact emergency person listed on registration form.
- 4.) Contact Police

Drop off & Pick -up

Parents/Guardians <u>must</u> accompany their child into the appropriate room and ensure that Pembina Valley Child Care Centres Inc. staff acknowledge the child's arrival. This is to assure the child arrives safely and for the staff to see that the child has arrived. When picking up the child, parents are required to come into the Centre to pick up their child and to ensure that our staff acknowledge the pick-up.

Staff will be clocking your child(ren) in and out using our Fastoche program on each rooms iPad.



Transportation

- Pembina Valley Child Care Centres Inc. will assume responsibility of a child from the time the child is signed in until the time they are signed out.
- Children cease to be the responsibility of the Centre once the parent arrives and they are signed out.
- Parents or someone authorized by the parent (must be over 12) are responsible for bringing the children to and from the Centre.
- Pembina Valley Child Care Centres Inc. will not be responsible for children who are granted permission by the parent/guardian to walk to the school or center.
- Please make sure that you bring your child directly to their room where **staff can see** that s/he has arrived.
- Children cannot be left unattended under any circumstances.
- Children cease to be the responsibility of the Centre once the parent arrives and they are signed out.
- A staff will walk the children to and from school.
- The Centre must have a school schedule and transportation permission slip signed by the parent.
- The Centre's responsibility ends when children are dropped off at the school and begins again when staff picks them up and continues until parent arrives at the Centre.
- Any school age children wanting to walk to and from school must have a form signed by a
 parent/guardian.

<u>In regard to school age release</u> - if you wish your child to be released at a fixed time by parental phone call, a release letter must be signed by the parent and kept on file. Reasonable precautions will be taken to determine the identity of the caller. The child must be going from the Centre into another supervised situation.

When vehicle excursions for the school age program are planned, the children will be transported either by the Centre's van and staff's personal vehicles. Written parental consent need to be given 24 hours prior to the excursion taking place. All rules and regulations of the Manitoba Highway Traffic Act will be followed accordingly.

The Manitoba Highway Traffic act states that all children under the age of 4 years and under the weight of 40 lbs. must be restrained in a Canadian approved child restraint device, and children that are not 4'9", 80lbs or 9 years old must be restrained in a booster seat. The fine



for having a child unrestrained or improperly restrained is \$300.00. Additional information can be viewed at: http://www.gov.mb.ca/healthyliving/hlp/injury/booster.html

Photos and Observations

Photograph, videos, and observations are permitted to take place at the Centre, unless the parent requests otherwise. Parents can indicate their wishes regarding this matter on the registration form.

Changes in the Family

It is the responsibility of the parent to notify the Centre of any changes in address, phone number (home/work), emergency contacts and their phone numbers as well as changes to your family situation (i.e. marital status, separation, divorce, new baby, death, serious illness, etc). Children can react very strongly to change even if they appear outwardly calm and indifferent. We can respond more effectively to your child's needs if we know what is happening within his/her home environment.

It is the responsibility of the parent to notify Pembina Valley Child Care Centres Inc. of any changes in the following:

- Child's Immediate Family/Guardian
 - Physical Address
 - Phone number (home/work/cell)
 - Change in job/reason for care
- Emergency Contacts/Pick-Up Persons
 - Relationship to child
 - Physical Address (required for emergency contacts)
 - Phone number (required for emergency and pick up contacts)

Legal Orders/Guardianship

We require copies of any legal forms (e.g. custody orders, restraining orders) if parents do not reside together.

Please note: Unless we have this information on file, we are unable to refuse a non-custodial parent access to his/her child (ren).



Child Abuse Policy

In Manitoba, it is everyone's legal obligation to protect children. This responsibility involves identifying and reporting a child who is or might need protection.

It is our responsibility to be familiar with and recognize all types and indicators of abuse.

Procedure for reporting:

- 1) Document and date any concerns.
 - a. Physical bruises etc.
 - b. Unusual behaviors
 - c. Communications from child
- 2) Notify Director immediately.
- 3) Director will report to Agency.

Staff should feel free to report directly to Agency if they have followed above procedure and they feel the follow up has not been adequate.

If an employee observes another employee using inappropriate behavior management techniques, involved in play, or using language deemed inappropriate, it should be documented and brought to the attention of the Director or Site Manager. If in doubt, report on the side of caution.

Report to Child and Family Services or Police.

Pembina Valley Child Care Centres Inc. has the responsibility to protect the welfare and safety of the children in our care. Therefore, we will contact the local police or RCMP should we feel that the individual picking up a child is under the influence of alcohol or drugs.

The Centre is mandated to follow the Child Protection and Child Abuse Guidelines (2003) established by Manitoba Family Services and Housing. The document is available from the Centre upon request. We encourage all parents to make themselves familiar with the contents.

Health Guidelines

Unexpected illness is a great hardship for parents of children in Child Care. We recommend that you plan ahead and have back-up care, in case of emergencies.

We follow recommendations set out by Public Heath, as well as Well Beings: A Guide to Health in Child Care. A child will not be allowed to attend the Centre if she/he has a doctor diagnosed communicable illness or condition.



A child who is sick should not attend the Centre for the child's own comfort and for the protection of the other children. If a child becomes ill, parents may be asked to pick up the child. If parents cannot be reached, one of the emergency contacts may be notified. Examples could be several bouts of vomit, diarrhea, a combination of symptoms, or inability to participate in the program such as outdoor play or group activities. According to Well Beings "The degree of a fever doesn't necessarily tell you how serious a child's illness is. How the child is acting is usually a much better indicator" pg 171. Parents will be advised if their child has a fever, and discretion will be used by the Director or Site Manager regarding their ability to participate in the program.

Parents are advised to seek medical attention regarding the health of their child. Following are some guidelines regarding some specific conditions.

- Scarlet Fever, strep throat: The child should remain at home until completely recovered or until the child has been adequately treated with a suitable antibiotic to render him non-infectious.
- Rubella (German measles): The child should remain at home until all spots disappear.
- Infectious hepatitis: The child should be isolated during the first two weeks of illness, or one week after the start of jaundice.
- **Diarrhea:** The child should remain at home until the stool is normal or until otherwise directed by a physician.
- Chicken Pox: Child may attend if feeling well enough.
- Mumps: Child should remain at home until swelling subsides.
- Impetigo, pediculosis, ringworm, and scabies: Child should remain at home until treated to the satisfaction of a physician.
- Pink Eye: Child should remain at home for 24 hours after medication starts, continued exclusion if eyes remain pussy and infected.
- Whopping Cough: Child should not attend until at least 5 days of erythromycin therapy have been completed or cough is no longer present. All cases should be reported to public health as well as the Centre, since it is highly contagious. Children in contact with cases may also need to be treated.
- Influenza: Isolation not required unless ordered by Medical Officer of Health.



• **Head Lice**: When head lice are reported, DON'T PANIC!! Children may attend daycare as soon as they are treated and lice free. Infected children must be retreated according treatment package or within seven days. You may be requested to go to Public Health if additional treatments are required to determine if it is a resistant strain of head lice.

Any medical questions may be directed to the Public Health Nurse in Manitou @(204)825-2466. Please notify the Director if your child contracts a contagious illness.

Anaphylaxis Policy

OBJECTIVES:

- Provide a safe environment for children with anaphylaxis.
- Promote guidelines for staff to respond.
- Promote understanding to staff/volunteers/students/parents.
- To be consistent with other community programs that involves children (Nursery School, Elementary School).

When the Centre is notified that a child has been diagnosed with a life-threatening allergy and may require the immediate injection of adrenaline by auto-injector, the policy & procedure of our Board is as follows:

- > Parents/guardians will complete a URIS (Unified Referral & Intake System). This application is submitted by the Facility Director and must be completed annually.
- > Parents/guardians are required to sign an "Authorization for Release of Personal Health Information Form"
- > Parents guardians must complete the "Authorization for Administration of Adrenaline Auto-Injector"
- A Health Care Plan Emergency Response Plan will be developed in conjunction with parent/ guardian and the URIS nurse, immediately and reviewed annually or as needed.
- When an adrenaline by auto-injector is used, an ambulance is to be called immediately and the child will be transported to the hospital.
- Parents are responsible for bringing their child's auto-injector every day to the Centre and ensure it is up to date. *Children who arrive at the Centre without their auto-injector will not be allowed to remain at the Centre until it is obtained. *
- > The auto-injector will be in the child's area and on their waist (if indicated on their Individual Health Care Plan)
- > It is recommended that the child wear a medical identification bracelet.



NOTE: Child specific avoidance strategies will be detailed in each Individual Health Care Plan.

For more information on the anaphylaxis policy please contact the Director.

Medication

If medication needs to be administered at the Centre, the following applies:

- > Medication must come in the original bottle or container.
- > Parent must sign a medication sheet with name of medication, when it is to be administered, and the dosage.
- > Parent must tell staff what medication is for.
- > To protect your child and the staff, NO MEDICATION will be administered without this information.

We keep Tylenol on hand at the Centre to be used when absolutely needed. On the registration form, you can check yes or no regarding us dispensing Tylenol to your child if they become ill, if you wish.

Emergency Medical Treatment

Should a child require emergency care (defined as life threatening, unconscious, broken bones, allergic reaction) an ambulance would be called. The child will be accompanied to the hospital by a staff. The office will notify the parent. The Centre will do everything possible to contact the parents to advise them in advance. If we are unable to reach the parents, we will contact an emergency person on the child's contact list. At <u>no</u> time will Pembina Valley Child Care Centres Inc. be responsible for any emergency services beyond basic First Aid.

The Centre must have current medical numbers for each child before their start date to comply with Government Licensing.

Injury Report

When injuries occur, staff will complete an injury report containing the following information:

- Date
- Approx. time of injury
- Child's first name & last name
- Description of what occurred
- What first aid was administered including detailed description



- Who observed the injury
- Who other than the reporting staff that observed the injury
- Signature of the reporting staff member, Directors
- Space for a Parent/Guardian signature after reading the injury report

Parent's/Guardians must read and sign the report. Injury reports will be filed in the child's personal file for future reference. Parents/Guardians will be given a copy of the injury report. Serious injuries will be reported on line to ELCC.

Flexibility Policy

We always have the right amount of staff on duty and try to maintain group sizes consistently, however, to allow children more choices in where they play, ratios may be off for short periods of time throughout the day.

The situations generally requiring flexibility would be transitions or group situations.

Transitions: inside to outside and vice versa. Children may move to next area when they are ready to go and are not required to sit and wait for the next group to be ready. During these time ratios may be 10-1 for approximately 10 minutes.

These times would also include a naptime group size of up to 20. Staff ratios remain 1:8 as staff is on duty in this or the next room and are readily available if needed. Nap rooms have direct outside access.

Parent Information/Suggestions

- Take the time to talk to the staff. Keep staff up to date with your child's needs and your own concerns. Tell us when you are happy with the service too.
- We encourage families to visit in their child's room before enrollment.
- Spend a few minutes with your child at the Centre. Parents are welcome at any time of the day.
- Attend a Board Meeting or the Annual General Meeting to contribute to the operation of the Centre.
- Become a Board member.
- Everyone has special skills. If you would like to donate your abilities, let us know. There are always special projects or items to be repaired or painted, etc.
- Keep your eyes open for materials we can use for art activities (i.e. egg cartons, yarn, wood, cards, etc.)



- Throughout the year, we hold a few fundraising events to raise funds for new equipment, field trips, etc. All money raised through these events is used to further develop the children's programming.
- Newsletters, menus, notices, field trip information and other items of interest are posted on each rooms bulletin boards or emailed as well as on our website: www.pembinavalleychildcarecentres.com
- Open communication is what keeps the Centre your Centre. The Director's door is always open.

Board Members & Administration

Pembina Valley Child Care Centres Inc. is a Non-Profit Child Care Centre governed by a Board of Directors. The Board of Directors oversees Pembina Valley Child Care Centre Inc.'s policies, financial decisions and program governance. The Board of Directors meets monthly (1 meeting per month less summer months) unless additional meetings are necessary. The Board of Directors consists of Parent and Community Volunteers. Individuals interested may inquire about joining the Board of Directors however Pembina Valley Child Care Centres may only have a maximum of 8 Board members at one time as per Pembina Valley Child Care Centres Inc.'s By-Laws.

The following are a list of Board Directors Positions:

- Chair Person
- Vice Chair Person
- Treasurer
- Secretary
- Member/s at Large

The Board Members care for the following during monthly meetings:

- Planning & Program Governance
- Policy Management
- Financial Management and Fundraising
- Public Relations

Chair	Candace Brunn	204-822-6663
Vice-Chair	Stacy Young	204-242-3484
Treasurer	Jill Edwards	204-822-6663
Secretary	Stephani McLean	204-242-3484
Member at Large	Angela Hildebrand	204-822-6663
Executive Director	Shuana Richards	204-822-6663



Sites Manager Michele Hutchinson 204-242-3484 Morden Centre Supervisor Carolyn Wiebe 204-822-6663

Annual General Meeting

The Annual General Meeting will be held each year no later than March 31st to review the year's business and elect/re-elect a Board of Directors. Parents/Guardians and family members are required to be provided with a minimum of <u>14 days'</u> notice of an AGM. During an AGM, elections are made for the different positions of the Board of Directors. The Directors shall be elected and shall hold office until their successors have been duly elected or appointed. The election may be by a show of hands unless a ballot is demanded.

10 members must be in attendance. The regulations, as set by Early Learning and Child Care, state these meetings <u>must</u> be held or the facility <u>can close</u>. Help us make our meetings successful and ensure our Centre remains open for all families.

Room Schedules

Infant Room

6:00	Centre opens
6:45	Infant Room opens
7:00	Free Play and Fine Motor Activities
8:30	Prepare for snack (wash hands, put on bibs, etc.)
9:00	Snack
9:30	Diapering (sooner for earlier children)
	Nap for infants that nap in the morning
10:00	Outdoor Play (weather permitting)/Art or Gross Motor Activities
11:00	Prepare for lunch (warm up lunches, wash hands, put on bibs, etc.)
11:30	Lunch (change diapers as child finishes lunch)
12:00	Circle (quiet play, read stories)
1:00	Nap Time. Children have Free Play when they wake up. Cuddle Time and Read
	Stories.
2:30	Prepare for snack (diapering, wash hands, put on bibs, etc.)
3:30	Play Games, Sensor Table & Art Activities
4:00	Diapering
4:30	Free Play, Sing Songs, Stories, Games
	Outdoor Play (weather permitting)
6:00	Room Closes



Preschool Room

6:00	Centre opens
8:00	Art, Table Activities, Free Play
9:00 - 9:30	Come & Go Snack
9:30 - 10:30	Sensory Activities, Art & Free Play
10:15	Bathroom/Diapering
10:45	Outside Play (weather permitting)
11:45	Lunch
12:15	Clean-Up & Quiet Time with Books
12:45 - 3:00	Nap time / Non-nap: Quiet Table Activities
2:00 - 3:00	Art, Sensory Activities & Quiet Games
	As children wake up diapers are changed.
3:00	Snack
3:30	Outside (weather permitting)/Game/Movement Activity
4:30	Come back inside/Free Play/Bathroom/Diapering
5:30 - 6:00	Clean-Up & Story Time
6:00	Centre Closes

^{*}This schedule is very flexible. The time spent on an activity might be longer or shorter depending on the children's interest and involvement.

Pre-Kinder/Kinder

Before and After School

6:00 (as needed) Centre opens for everyone in from preschool room

Opening - 8:30 Free Play, (games, puzzles, art, science etc.)

8:00 - 8:30 Come & Go Snack 8:40 Departure to school

^{*}Diapering/Bathroom breaks will also be done as needed.

^{*}This schedule is very flexible. The time spent on an activity may be longer or shorter depending on the children's interest and involvement.

^{*}Diapering/Bathroom breaks will also be done as needed.



Children at School

3:30	Children arrive from school
3:35 - 4:00	Come & Go Snack
4:00 - 5:30	Planned Activity/Outdoor Play, (weather permitting)/Free Choice Activities
5:30 - 6:00	Clean up/Centre Closes. All groups together in preschool room/outdoors

Full Days

6:00 (as needed) Centre opens for everyone in preschool room		
Opening - 8:00	Free play all ages in preschool room room	
8:00 - 9:30	Free choice play in Pre-kinder/Kinder room and Planned Activity	
8:30 - 9:15	Come & Go Snack	
9:30 - 10:00	Circle	
10:00 - 10:15	Cleanup/Bathroom/Sunscreen	
10:15 - 11:30	Outdoor Play, (weather permitting)	
11:30 - 11:45	Cleanup/Transition inside	
11:45 - 1:00	Lunch Time	
1:00 - 1:30	Rest/Quiet Time	
1:30 - 2:45	Planned Activity, (science/art/group games)/Quiet Free Play	
2:45 - 3:15	Come & Go Snack	
3:15 - 3:30	Cleanup/Bathroom/Sunscreen	
3:30 - 5:30	Free choice activities/Outdoor Play, (weather permitting)	
5:30 - 6:00	Centre Closes. All groups together in preschool room/outdoors	

School Age

Before and After School

6:00 (as needed) Center opens for everyone in front preschool room

Opening - 8:30 Free Play (games, puzzles, art, science etc.)

Children arrive from school

8:00 8:30 Come & Go Snack 8:40 Departure to school

Children at School

3:30

3:35 - 4:00	Come & Go Snack
4:00 - 5:15	Planned Activity, Outdoor Play (weather permitting); Free Choice Activities
5:15 - 6:00	Clean up / Center Closes. All groups together in front room / outdoors.



Full Days

6:00 (as needed) Center opens for everyone in preschool room

Opening - 8:15 Free Play all ages in front room

8:15 10:45 Free Choice Play in School Age Room

9:00 - 9:45 Come & Go Snack

10:15 - 10:45 Planned Activity (science/art/group games)

10:45 - 11:45 Outdoor Play (weather permitting)

12:00 - 12:45 Lunch Time

12:45 - 1:45 Planned Activity (science/art/group games)

1:45 - 2:45 Outdoor Play (weather permitting)

2:45 - 3:15 Come & Go Snack

3:15 - 5:15 Free choice activities

5:15 - 6:00 Center Closes. All groups together in front room /outdoors.

ALL TIMES ARE FLEXIBLE

Nursery School

Tuesday & Thursday am

9:00	Nursery School children arrive
9:00 - 9:45	Free Play
9:15 - 9:45	Snack
9:45 - 9:55	Clean Up
9:55 - 10:10	Circle Time/Songs
10:10 - 10:30	Craft/Table Time
10:30 - 10:45	Library Time/Bathroom Routine
10:45 - 11:30	Outside Time/Movement Activity

Tuesday & Thursday pm

12:45	Nursery School children arrive
12:45 - 1:25	Free Play
1:25 - 1:35	Clean Up
1:35 - 1:50	Circle Time/Songs
1:50 - 2:10	Craft/Table Time



2:10 - 2:25 Library Time/Bathroom Routine
2:25 - 2:45 Snack
2:45 - 3:15 Outside Time/Movement Activity

Appendix I - Billing Periods (payment due one week after each billing period)

- > December 17, 2018 January 11, 2019
- > January 14 February 8
- > February 11 March 8
- > March 11 April 5
- > April 8 May 3
- > May 6 May 31
- > June 3 June 28
- > July 1 July 26
- > July 29 August 23
- > August 26 September 20
- > September 23 October 18
- > October 21 November 15
- ➤ November 18 December 13
- > December 16, 2019 January 10, 2020



Appendix II - Hot Lunch ~ Program

A Hot Lunch Program will be offered to our families on Tuesdays, Thursdays & Fridays throughout the school year. To provide more variety, we will offer a 2-week rotating menu and the charges are as follows: Infant $\sim 3.00 ; Preschool - Kinder $\sim 3.50 and School Age $\sim 3.75 .

January - April:

Week 1 ~ Tuesdays: Sloppy Joe on whole wheat bun, veggie sticks & fruit

Week 1 ~ Thursdays: Macaroni (shredded cheese), ham, corn and fruit

Week 1 ~ Fridays: To be determined

Week 2 ~ Tuesdays: Grilled cheese & tomato soup and fruit

Week 2 ~ Thursdays: Perogies, farmer sausage & fruit

Week 2 ~ Fridays: To be determined

May - September:

Week 1 ~ Tuesdays: Spaghetti & Meatballs (meat cooked & served separate) and fruit

Week 1 ~ Thursdays: Pepperoni Pizza and fruit

Week 1 ~ Fridays: Soup & Biscuit

Week 2 ~ Tuesdays: Chicken Fingers, Rice and Veggie Sticks

Week 2 ~Thursdays: Homemade Hamburgers with Homemade Baked Fries and fruit

Week 2 ~ Fridays: Hot Dog & Macaroni

September - December:

Week 1 ~ Tuesdays: Roasted chicken, potato wedges & vegetables

Week 1 ~ Thursdays: Chicken Quesadilla & vegetable sticks

Week 1 ~ Fridays: To be determined

Week 2 ~ Tuesdays: Taco Salad (build your own)

Week 2 ~ Thursdays: Ham, mashed potatoes, whole wheat bun & peas

Week 2 ~ Fridays: To be determined