



## HIPAA Notice of Privacy Practices

**This Notice Describes How Medical Information About You May Be Used and Disclosed and How You Can Get Access to This Information. Please Review It Carefully.**

### **Our Responsibilities**

Down There Health Care is required by law to maintain the privacy and security of your protected health information (PHI). We must provide you with this Notice of our legal duties and privacy practices, and we must follow the terms of the Notice currently in effect.

### **Your Rights**

You have the right to:

- Get a copy of your medical record
- Request corrections to your medical record
- Request confidential communications
- Ask us to limit what we use or share
- Get a list of disclosures
- Get a copy of this privacy notice
- Choose someone to act for you
- File a complaint if you believe your privacy rights have been violated

### **Your Choices**

You have some choices in the way we use and share information as we:

- Communicate with you about appointments or care
- Share information with family or others involved in your care
- Use text messages, phone calls, or electronic communications

### **Our Uses and Disclosures**

We may use and share your PHI for treatment, payment, and healthcare operations. We may also share information when required by law, for public health and safety issues, law enforcement purposes, or to prevent a serious threat to health or safety.

### **Electronic Communications**

All communications, including phone calls, text messages, voicemails, emails, and electronic messages, are conducted using HIPAA-compliant systems and safeguards. Communications may be retained as part of your medical record.

### **Changes to This Notice**

We reserve the right to change this Notice and make the new Notice apply to information we already have. The

current Notice will be available upon request and on our website.

**Complaints**

If you believe your privacy rights have been violated, you may file a complaint with Down There Health Care or with the U.S. Department of Health and Human Services. You will not be retaliated against for filing a complaint.

**Contact Information**

Down There Health Care

Email: [info@downtherehealth.com](mailto:info@downtherehealth.com)

Phone: (629) 217-0151

Patient Portal (Secure Messages): <https://dthc.clientsecure.me>

**Effective Date:** January 1, 2025