



2025-2026 Schedule

Monday		
3:45-5:45	Tween/Teen Ballet	Ages 10-19
5:45-6:30	Petite Ballet and Jazz	Ages 5-6
6:30-7:30	Junior Ballet	Ages 7-9
7:30-9:00	Technique and Pom	Ages 12-19

Tuesday		
3:45-4:30	Junior Jazz and Lyrical	Ages 7-9
4:30-5:15	Junior Hip Hop	Ages 7-9
5:15-5:45	Tall and Small	Ages 18 months-2 years
5:45-6:30	Mini Ballet and Jazz	Ages 3-4
6:30-7:30	Tween/Teen Hip Hop	Ages 10-19
7:30-9:00	Leaps and Turns	Ages 12-19

Wednesday		
3:45-4:45	Strength and Conditioning	Ages 7-19
4:45-5:45	*Acro	Ages 7-19
5:45-6:30	Petite Ballet and Tap	Ages 5-6
6:30-7:00	Junior Tap	Ages 7-9
7:00-7:30	Tween/Teen Tap	Ages 10-19
7:30-8:30	Tween/Teen Contemporary	Ages 10-19

Thursday		
3:45-4:45	Tween/Teen Jazz	Ages 10-19
4:45-5:45	Tween/Teen Lyrical	Ages 10-19
5:45-6:30	Mini Ballet and Tap	Ages 3-4
6:30-7:30	Beginning Cheerleading	Ages 7-19
7:30-9:00	Cheer Stunts and Tumbling	Ages 12-19

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