

BALLET

Classical ballet classes are offered for students who would like to work on improving posture, strength, flexibility, musicality and general dance technique. Classes are based on the Royal Academy of Dance syllabus from England. Exams offered to students upon teachers assessment.

TAP

Tap is a form of dance characterized by using the sound of one's shoes hitting the floor as a percussive instrument. This is a really fun class for kids who would like to expand their dance experience!

JAZZ

Jazz dancing is energetic and fun consisting of big leaps and turns.

JAZZ/BALLET COMBO

If your child is not sure whether they want to be a graceful ballerina or a funky jazz dancer, this class is perfect for them! Try both dance disciplines in a really fun energetic environment. This class is offered for dancers age 4-6.

LYRICAL

Lyrical dance is a fusion of ballet, jazz and contemporary dance techniques with the focus being on musicality and emotion. Lyrical dance has its primary basis in ballet, therefore students need to be registered in a ballet class in order to register for lyrical. Students must also be 9 yrs of age or older.

HIP HOP

Students will learn the most current funk/hip hop combinations similar to what you would see in music videos.

CREATIVE DANCE

This class is a fun way to introduce your 3 or 4 yr old to dance. Familiar songs and music are used to get the kids moving to the beat and learning how to dance in a circle or move across the floor.

MOM AND ME

This is a parent involved class that gets your 18mth-3 yr old dancing, wiggling and grooving right along with you. Fun songs are used to sing along and wiggle your morning away!

MUSICAL THEATRE

Musical Theatre is singing, acting and dancing together! Your child will learn the words to some songs and put some actions to the words. They will also learn how to express themselves through facial expressions and acting.

TEEN BALLET/LYRICAL

This class is for the teen or adult who always wanted to try ballet as a child and never got to! Learn the basics of ballet technique and posture. About 30 minutes of ballet technique and 45 minutes of lyrical.

ACRO

Acro is a fusion of classic dance technique and the precision and athleticism of acrobatic elements. Participants must be registered in at least one dance class in order to register for this class.

CONTEMPORARY

Contemporary is a fusion of ballet, modern, jazz and lyrical. Dancers will learn floor work, improvisation, and choreography. Dancers must be age 11 and over to register in this class.