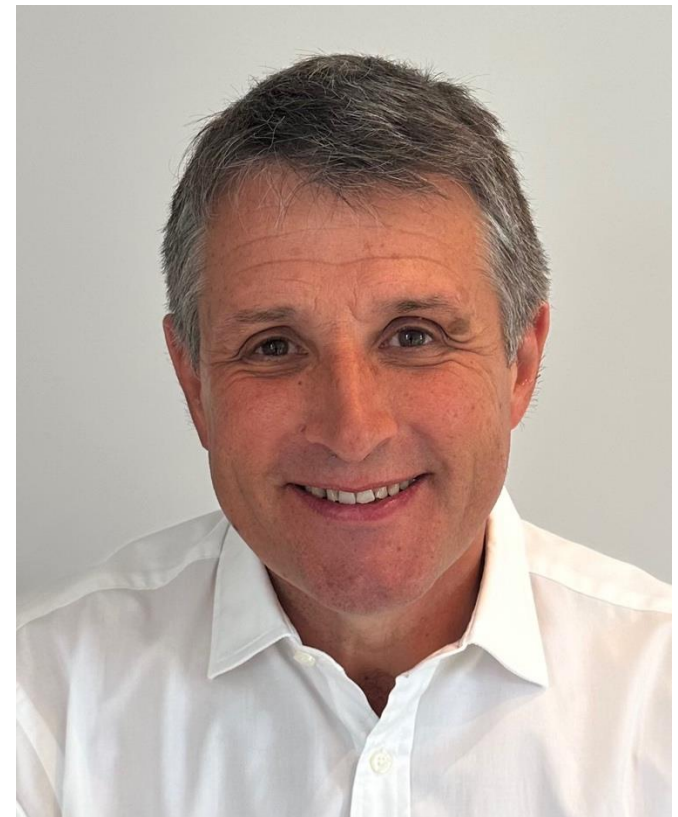


Alastair Young

“The working life of a senior executive is more committed and pressured than ever before. Via coaching I create a supportive, although commercially realistic, environment where clients have the time and space to reflect, think and plan, without the risk of being judged.”

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About Alastair

Alastair is an EMCC accredited executive coach focusing on the subject of leadership, in particular resilient leadership, and the creation and leadership of high performing teams. He has extensive leadership experience in multi-cultural and multi-geographical locations.

Alastair has held a number of senior management positions. In his most recent role, Alastair was Regional Managing Partner of the Dentons' Middle East business and a member of the Dentons' UKIME LLP Executive Committee. In this role, he was responsible for the leadership and management of the Middle East business across nine offices and seven countries whilst interacting with the Firm's leadership at an LLP and Global level. He handled both the design and delivery of the Middle East business's strategy and the delivery of both the annual budgeted revenue and profit, in addition to the management and leadership of all the legal professionals employed across the nine offices.

As a coach, Alastair works with executives, leaders and athletes in order to allow them to maximise their impact in a way that is most effective for them personally, as well as for those with whom they work. He has developed a hands on and 'leaning in' coaching approach which combined with his extensive experience both in the UK and Middle East provides an effective coaching style which encourages his clients to develop into the very best versions of themselves.

His approach ensures that, whilst demanding, the coaching experience is fun.

Recent Experience

- ◆ Coaching a senior executive with team performance issues
- ◆ Coaching a prospective CEO
- ◆ Coaching an elite athlete
- ◆ Coaching a senior professional services executive to develop new and enhance existing leadership skills
- ◆ Coaching a CEO regarding strategy development
- ◆ Coaching a professional golfer
- ◆ Coaching a senior legal professional on the subject of career and practice development
- ◆ Coaching a recently promoted partner
- ◆ Coaching several newly appointed executives

Education and Qualifications

- ◆ Meyler Campbell Mastered programme – 2024
- ◆ Member of the Dentons' Audit Committee -2018 to 2020
- ◆ Fellow of the Chartered Institute of Arbitrators -2019
- ◆ Member of the Board at Apperio – 2015
- ◆ Qualification as a Solicitor – 2007
- ◆ Member of the Board at St Philips Chambers -2000
- ◆ Called to Bar of England and Wales – 1996
- ◆ Royal Military Academy, Sandhurst - 1987