



February



Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST:

Fruit & Juice
Cereal
Milk

2

LUNCH:

Ropa Vieja e Pollo
Flour Tortilla
Refried Beans
Corn
Fruit
Milk

SNACK

Honey Oat Crackers and Yogurt

BREAKFAST:

Fruit & Juice
Bagel w/ cream cheese
and Milk

3

LUNCH:

Arroz Con Pollo Criollo w/ Corn
Plantains
Fruit
Milk

SNACK:

Cheez-it and Juice

BREAKFAST:

Fruit & Juice
Morning Muffin
Milk

4

LUNCH:

Empanada
Moro Rice
Mixed Green Salad w/ Dressing
Fruit and Milk

SNACK:

President Crackers and Cheese String

BREAKFAST:

Fruit & Juice
Pancake w/ syrup
Milk

5

LUNCH:

Our Famous Meatballs Marinara
Sun Bun
Broccoli
Fruit and Milk

SNACK:

Chips and Apple

BREAKFAST:

Fruit & Juice
Scrambled Egg
Sliced Bread
Milk

6

LUNCH:

Pizza
Steam Carrots
Fruit and Milk

SNACK:

Trix Cereal and Milk

BREAKFAST:

Fruit & Juice
Cereal And Milk

9

LUNCH:

Chicken Parmesan Sandwich
w/ Sliced Bun
Steam Carrots
Fruit and Milk

SNACK:

Pizza Bites

BREAKFAST:

Fruit & Juice
Cinnamon Bread w/ Butter
Milk

10

LUNCH:

Special Turkey Taco
Nacho Chips
Refried Beans
Lettuce
Fruit and Milk

SNACK:

Teddy Graham Crackers and
Cinnamon Apple

BREAKFAST:

Fruit & Juice
Pancake w/ syrup
Milk

11

LUNCH:

Beefaroni
Cold Broccoli w/ Dressing
Garlic Bread
Fruit and Milk

SNACK:

Pretzel and Cubed Cheese

BREAKFAST:

Fruit & Juice
Cheese Slice
Bread w/ butter
Milk

12

LUNCH:

Chicken Tender & Roll
Salad w/dressing
Steamed Baby Carrots
Fruit and Milk

SNACK:

Goldfish Crackers and Juice

BREAKFAST:

Fruit & Juice
Bread w/ Butter
Egg Patty
Milk

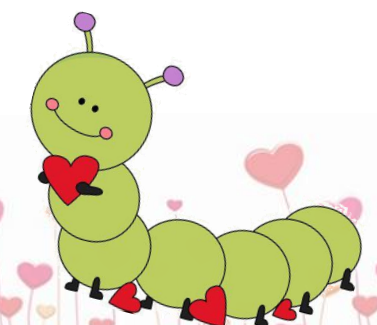
13

LUNCH:

Pizza
Corn
Fruit and Milk

SNACK:

Animal Crackers and Watermelon





February



Monday

Tuesday

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16



BREAKFAST:

Fruit & Juice
Cereal
Milk

LUNCH:

Cheeseburger w/ ketchup
Hamburger Bun
Sliced Carrots
Fruit and Milk

SNACK:

Scooby Doo Crackers and Apple

17

BREAKFAST:

Fruit & Juice
Waffle w/ syrup
Milk

LUNCH:

Lasagna in Bolognese sauce
Broccoli
Corn
Garlic Bread
Fruit and Milk

SNACK:

Crackers & Cubed Cheese

18

BREAKFAST:

Fruit & Juice
Sliced Bread
Scrambled Egg and Milk

LUNCH:

Meat Balls in Marinara
Brown Rice
Peas and Carrots
Fruit and Milk

SNACK:

Churro Crackers and Yogurt

19

BREAKFAST:

Fruit & Juice
Pancake w/ syrup
Milk

LUNCH:

Pizza
Mixed Green Salad w/ Dressing
Fruit and Milk

SNACK:

Chips and Juice

20

BREAKFAST:

Fruit & Juice
Cereal
Milk

LUNCH:

Chicken Nuggets w/ ketchup
Brown Rice
Black Beans
Fruit and Milk

SNACK:

Mozzarella Bread Stick

23

BREAKFAST:

Fruit & Juice
Morning Muffin
Milk

LUNCH:

Mac & Cheese
Mixed Green Salad w/ Dressing
Fruit
Milk

SNACK:

Pretzels and Apple

24

BREAKFAST:

Fruit & Juice
Fritata
Sliced Bread
Milk

LUNCH:

Grilled Cheese Sandwich
Cold Broccoli w/ Ranch
Fruit & Milk

SNACK:

Cinnamon Toast Crunch Cereal and Milk

25

BREAKFAST:

Fruit & Juice
Waffle w/ syrup
Milk

LUNCH:

Turkey & Cheese Sandwich
Baby Carrots w/ Ranch
Fruit and Milk

SNACK:

Chips and Juice

26

BREAKFAST:

Fruit and Juice
Pancake w/ syrup
Milk

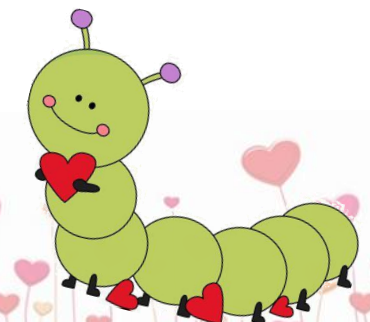
LUNCH:

Pizza
Corn
Fruit and Milk

SNACK:

Veggie Crackers and Yogurt

27





February

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Monday

Tuesday

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Friday

DESAYUNO:
Fruta y jugo
Cereal
Leche
ALMUERZO:
Ropa vieja con pollo
Tortilla de harina
Frijoles refritos
Maíz
Fruta
Leche
BOTANIA
Galletas de avena con miel y yogur

2

DESAYUNO:
Fruta y jugo
Bagel con queso crema y leche
ALMUERZO:
Arroz con pollo criollo con maíz
Plátanos
Fruta
Leche
MERIENDA:
Queso con jugo

3

DESAYUNO:
Fruta y jugo
Muffin matutino
Leche
ALMUERZO:
Empanada
Arroz moro
Ensalada mixta con aderezo
Fruta y leche
MERIENDA:
Galletas President y tiras de queso

4

DESAYUNO:
Fruta y jugo
Panqueque con sirope
Leche
ALMUERZO:
Nuestras famosas albóndigas marinadas
Pan de soletilla
Brócoli
Fruta y leche
MERIENDA:
Papas fritas con manzana

5

DESAYUNO:
fruta y jugo
Panqueque con sirope
leche
ALMUERZO:
Nuestras famosas albóndigas marinadas
Pan de soletilla
brócoli
fruta y leche
MERIENDA:
Papas fritas con manzana

6

DESAYUNO:
Fruta y jugo
Cereal y leche
ALMUERZO:
Sándwich de pollo a la pamesana con pan rebanado
Zanahorias al vapor
Fruta y leche
MERIENDA:
Bocadillos de pizza

9

DESAYUNO:
Fruta y jugo
Pan de canela con mantequilla
Leche
ALMUERZO:
Taco de pavo especial
Nachos
Frijoles refritos
Lechuga
Fruta y leche
BOTANAS:
Galletas Teddy Graham y
Manzana con canela

10

DESAYUNO:
Fruta y jugo
Panqueque con jarabe
Leche
ALMUERZO:
Beefaroni
Brócoli frío con aderezo
Pan de ajo
Fruta y leche
MERIENDA:
Pretzel con queso en cubos

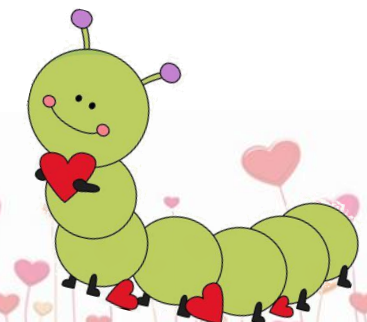
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DESAYUNO:
Fruta y jugo
Rebanada de queso
Pan con mantequilla
Leche
ALMUERZO:
Tiras de pollo con panecillo
Ensalada con aderezo
Zanahorias baby al vapor
Fruta y leche
MERIENDA:
Galletas Goldfish y jugo

12

DESAYUNO:
Fruta y jugo
Pan con mantequilla
Huevo con leche
ALMUERZO:
Pizza
Maíz
Fruta y leche
MERIENDA:
Galletas de animalitos y sandía

13





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DESAYUNO:
Fruta y jugo
Cereal
Leche
ALMUERZO:
Hamburguesa con queso y ketchup
Pan de hamburguesa
Zanahorias en rodajas
Fruta y leche
MERIENDA:
Galletas Scooby Doo con manzana

17

DESAYUNO:
Fruta y jugo
Gofre con sirope
Leche
ALMUERZO:
Lasaña en salsa boloñesa
Brócoli
Maíz
Pan de ajo
Fruta y leche
MERIENDA:
Galletas y queso en cubos

18

DESAYUNO:
Fruta y jugo
Pan de molde
Huevo revuelto con leche
ALMUERZO:
Albóndigas marinadas
Arroz integral
Guisantes y zanahorias
Fruta y leche
MERIENDA:
Churros, galletas y yogur

19

DESAYUNO:
Fruta y jugo
Panqueque con jarabe
Leche
ALMUERZO:
Pizza
Ensalada mixta con aderezo
Fruta y leche
MERIENDA:
Papas fritas y jugo

20

DESAYUNO:
Fruta y jugo
Cereal
Leche
ALMUERZO:
Nuggets de pollo con ketchup
Arroz integral
Frijoles negros
Fruta y leche
MERIENDA:
Palitos de pan con mozzarella

23

DESAYUNO:
Fruta y jugo
Muffin matutino
Leche
ALMUERZO:
Macarrones con queso
Ensalada mixta con aderezo
Fruta
Leche
MERIENDA:
Pretzels con manzana

24

DESAYUNO:
Fruta y jugo
Fritata
Pan de molde
Leche
ALMUERZO:
Sándwich de queso a la plancha
Brócoli frío con aderezo ranch
Fruta y leche
MERIENDA:
Cereal crujiente con canela y leche

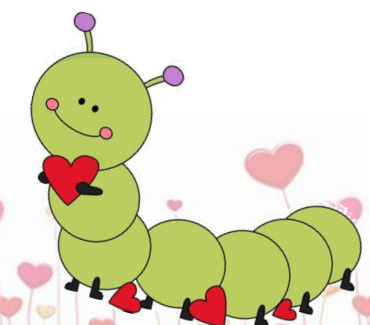
25

DESAYUNO:
Fruta y jugo
Waffle con jarabe
Leche
ALMUERZO:
Sándwich de pavo y queso
Zanahorias baby con aderezo ranch
Fruta y leche
MERIENDA:
Papas fritas y jugo

26

DESAYUNO:
Fruta y jugo
Panqueque con jarabe
Leche
ALMUERZO:
Pizza
Maíz
Fruta y leche
MERIENDA:
Galletas vegetarianas y yogur

27





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2

DEJENE:
Fwi ak Ji
Sereyal
Lèt
MANJE MIDI:
Ropa Vieja e Pollo
Tortilla Farin
Pwa Refrite
Mayi
Fwi
Lèt
TI GOUTE
Biswit Avwan ak Siwo Myèl ak Yogout

3

DEJENE:
Fwi ak Ji
Bagel ak fwomaj krèm
ak Lèt
MANJE MIDI:
Arroz Con Pollo Criollo ak mayi
Bannann
Fwi
Lèt
TI GOUTE:
Cheez-it ak Ji

4

DEJENE:
Fwi ak Ji
Mofin Maten
Lèt
MANJE MIDI:
Empanada
Diri Moro
Salad Vèt Melanje ak Sòs Salad
Fwi ak Lèt
TI GOUTE:
Biswit Prezidan ak Fwomaj

5

DEJENE:
Fwi ak Ji
Krèp ak siwo
Lèt
MANJE MIDI:
Boulet Vyann Marinara nou yo ki popilè
anpil
Pen Solèy
Bwokoli
Fwi ak Lèt
TI GOUTE:
Frit ak Pòm

6

DEJENE:
Fwi ak Ji
Ze Brouye
Pen Tranche
Lèt
MANJE MIDI:
Pitza
Kawòt Vapè
Fwi ak Lèt
TI GOUTE:
Sereyal ak Lèt Trix

9

DEJENE:
Fwi ak Ji
Sereyal ak Lèt
MANJE MIDI:
Sandwich poul ak parmesan
ak pen tranche
Kawòt vapè
Fwi ak Lèt
TI GOUTE:
Mòso Pizza

10

DEJENE:
Fwi ak Ji
Pen Kannèl ak Bè
Lèt
MANJE MIDI:
Tako Dendi Espesyal
Chips Nacho
Pwa Refri
Leti
Fwi ak Lèt
TI GOUTE:
Biswit Teddy Graham ak
Pòm Kannèl

11

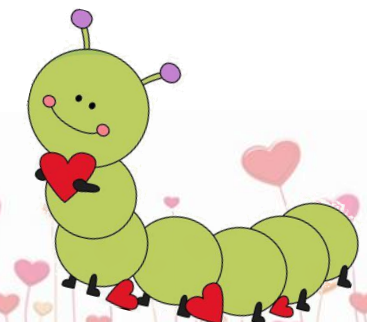
DEJENE:
Fwi ak Ji
Krèp ak siwo
Lèt
MANJE MIDI:
Bif
Bwokoli frèt ak sòs salad
Pen ak lay
Fwi ak Lèt
TI GOUTE:
Bretzel ak fwomaj koupe an kib

12

DEJENE:
Fwi ak Ji
Tranch Fwomaj
Pen ak bè
Lèt
MANJE MIDI:
Poul Tendè ak Woulo
Salad ak Sòs Salad
Ti Kawòt Vapè
Fwi ak Lèt
TI GOUTE:
Biswit Pwason wouj ak Ji

13

DEJENE:
Fwi ak Ji
Pen ak Bè
Boutey Ze ak Lèt
MANJE MIDI:
Pitza
Mayi
Fwi ak Lèt
TI GOUTE:
Biswit Animal ak Melon dlo





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DEJENE:
Fwi ak Ji
Sereyal
Lèt
MANJE MIDI:
Cheeseburger ak kètchòp
Pen pou anmbègè
Kawòt tranche
Fwi ak Lèt
TI GOUTE:
Biswit Scooby Doo ak Pòm

17

DEJENE:
Fwi ak Ji
Gofr ak siwo
Lèt
MANJE MIDI:
Lazay nan sòs Bolognese
Bwokoli
Mayi
Pen ak lay
Fwi ak Lèt
TI GOUTE:
Biswit ak fwomaj koupe an kib

18

DEJENE:
Fwi ak Ji
Pen tranche
Ze brase ak lèt
MANJE MIDI:
Boul vyann nan sòs Marinara
Diri mawon
Pwa ak kawòt
Fwi ak lèt
TI GOUTE:
Biswit Churro ak yogout

19

DEJENE:
Fwi ak Ji
Krèp ak siwo
Lèt
MANJE MIDI:
Pitza
Salad vèt melanje ak sòs salad
Fwi ak Lèt
TI GOUTE:
Frit ak Ji

20

DEJENE:
Fwi ak Ji
Sereyal
Lèt
MANJE MIDI:
Moulen poul ak kètchòp
Diri mawon
Pwa nwa
Fwi ak lèt
TI GOUTE:
Baton pen mozzarella

23

DEJENE:
Fwi ak Ji
Mofin Maten
Lèt
MANJE MIDI:
Makawoni ak Fwomaj
Salad Vèt Melanje ak Sòs Salad
Fwi
Lèt
TI GOUTE:
Pretzel ak Pòm

24

DEJENE:
Fwi ak Ji
Fritata
Pen tranche
Lèt
MANJE MIDI:
Sandwich fwomaj griye
Bwokoli frèt ak sòs Ranch
Fwi ak Lèt
TI GOUTE:
Sereyal kroustiyen ak lèt ak kannèl

25

DEJENE:
Fwi ak Ji
Gofr ak siwo
Lèt
MANJE MIDI:
Sandwich kodenn ak fwomaj
Ti kawòt ak sòs Ranch
Fwi ak lèt
TI GOUTE:
Chips ak Ji

26

DEJENE:
Fwi ak Ji
Krèp ak siwo
Lèt
MANJE MIDI:
Pitza
Mayi
Fwi ak Lèt
TI GOUTE:
Biswit Legim ak Yogout

27

