

# May



# HOPE ACADEMY



## Monday



## Tuesday

## Wednesday

## Thursday

## Friday

**BREAKFAST:** 06  
Fruit Cocktail  
Cereal And Milk

**LUNCH:**  
Chicken Patty  
Brown Rice  
Potage de Chicharos  
Corn  
Peaches  
Milk

**SNACK:**  
Assorted Crackers and Juice

**BREAKFAST:** 07  
Applesauce  
Muffin  
And Milk

**LUNCH:**  
Grilled Turkey Cheese  
Whole Grain Sub  
Steamed Baby Carrots  
Mixed Green Salad with Ranch  
Mandarin Orange and Milk

**SNACK:**  
Chips and Juice

**BREAKFAST:** 08  
English Muffin butter  
Fresh Fruit and Milk

**LUNCH:**  
Rotini in Meat Sauce  
Cheese Bread  
Marinated California Blend Veggies  
Pears  
Milk

**SNACK:**  
Juice and Muffin

**BREAKFAST:** 09  
Bread  
Scrambled Egg  
Oranges Natural & Milk

**LUNCH:**  
Classic Ground Taco Beef  
Mexican Corn and Sheered lettuce  
Sheered Cheese  
Nacho Chips  
Fruit Cocktail and Milk

**SNACK:**  
Goldfish Crackers\* & Juice

**BREAKFAST:** 10  
Bread and Sausage  
Fresh Fruit And Milk

**LUNCH:**  
Beef Hot Dog w/ ketchup  
Hot Dog Bun  
Green Peas  
Steamed Baby Carrots  
Peaches and Milk

**SNACK:**  
Doritos and Juice

**BREAKFAST:** 13  
Fresh Fruit Cereal And Milk

**LUNCH:**  
Chicken Tender with ketchup  
Brown Rice  
Steamed Baby Carrots  
Steam Broccoli with Ranch  
Peaches  
Milk

**SNACK:**  
Tropical Mixed Fruit and Goldfish  
Crackers

**BREAKFAST:** 14  
Raisin Bagel with cream cheese  
And Milk  
Fresh Fruit

**LUNCH:**  
Homemade Beefaroni  
Buttery Steam Corn  
Applesauce  
Milk

**SNACK:**  
Doritos and Juice

**BREAKFAST:** 15  
Fresh Fruit  
Egg Patty  
Bread with Butter  
And Milk

**LUNCH:**  
Our Famous Meatballs with cheese  
Sub Bun  
Mixed Green Salad w/ Ranch  
Pears  
Milk

**SNACK:**  
Muffin and Peaches

**BREAKFAST:** 16  
Peaches  
Pancakes with syrup  
And Milk

**LUNCH:**  
Tomatoed Lemon Butter Fish  
Brown Rice  
Black Beans  
Steam Carrots  
Pears and Milk

**SNACK:**  
Chips\* and Milk

**BREAKFAST:** 17  
Fresh Fruit  
Scrambled Egg on a flour tortilla  
And Milk

**LUNCH:**  
Pizza  
Mixed Vegetables  
Pears  
Milk

**SNACK:**  
WG Cheetos and Juice

**BREAKFAST:** 01  
Fresh Fruit  
Muffin  
And Milk

**LUNCH:**  
Chicken Quesadilla  
Sweet Corn Salad  
Sautee Peas & Carrots  
Fresh Fruit and Milk

**SNACK:**  
Pretzels and Juice

**BREAKFAST:** 02  
Waffles with syrup  
Fresh Fruit  
And Milk

**LUNCH:**  
Picadillo de Carne con Papas  
Brown Rice  
Green Peas  
Whole Grain Cuban Roll with Butter  
Red Apple and Milk

**SNACK:**  
Cheez-it Crackers and Juice

**BREAKFAST:** 03  
Fresh Fruit  
Turkey Ham and Cheese Slice  
English Muffin with Butter  
And Milk

**LUNCH:**  
Pizza  
Caeser Salad with Ranch  
Steam Green Beans and Corn  
Pears and Milk

**SNACK:**  
Apple Slices and WG Crackers

# May



# HOPE ACADEMY



## Monday

### 20

**BREAKFAST:**  
Fresh Fruit  
Cereal And Milk

**LUNCH:**  
Arroz con Pollo  
Steam Plantain  
Steamed Carrots  
Bread Roll *with Butter*  
Fruit Cocktail and Milk

**SNACK:**  
Muffin\*\* and Juice

## Tuesday

### 21

**BREAKFAST:**  
Fresh Fruit  
Mini-Ham  
Cheese Slider and With Milk

**LUNCH:**  
Cheeseburger with *ketchup*  
Hamburger Bun  
Green Mixed Salad w/ Ranch  
Mandarin Oranges  
Milk

**SNACK:**  
Juice and Doritos

## Wednesday

### 22

**BREAKFAST:**  
Fresh Fruit  
Banana Bread  
And Milk

**LUNCH:**  
Ropa Vieja on a soft Taco  
Sautee Corn and Tomatoes  
Steam Marinated Broccoli  
Fresh Fruit and Milk

**SNACK:**  
Graham Crackers and Juice\*

## Thursday

### 23

**BREAKFAST:**  
Fresh Bananas and Juice  
French Toast with Syrup  
And Milk

**LUNCH:**  
Spaghetti (plain) with Meatballs  
Garlic Bread  
Green Beans  
Mixed Green Salad with *Ranch*  
Fresh Fruit and Milk

**SNACK:**  
Chips and Juice\*

## Friday

### 24

**BREAKFAST:**  
Bread w/ Butter  
Egg Frittata with Cheese  
Fresh Fruit And Milk

**LUNCH:**  
Fricassee de Pollo con Papas  
Brown Rice  
Frijoles Colorado with Steam Plantains  
Pineapple Chunks  
Bread and Milk

**SNACK:**  
Yogurt and Cheese Sticks



### 27

**BREAKFAST:**  
Pears  
Bread  
And Milk

**LUNCH:**  
Spaghetti and Meatballs in House  
Garlic Bread  
Steamed Carrots  
Mixed Green Salad with Ranch  
Red Apple and Milk

**SNACK:**  
Animal Crackers and Milk

### 28

**BREAKFAST:**  
Mandarin Orange  
Muffin  
And Milk

**LUNCH:**  
Chicken Quesadilla  
Sweet Corn Salad  
Sautee Peas & Carrots  
Peaches and Milk

**SNACK:**  
Pretzels and Juice

### 29

**BREAKFAST:**  
Waffles with syrup  
Mandarin Oranges  
And Milk

**LUNCH:**  
Picadillo de Carne con Papas  
Brown Rice  
Green Peas  
Whole Grain Cuban Roll with Butter  
Red Apple and Milk

**SNACK:**  
Muffin and Juice

### 30

**BREAKFAST:**  
Red Apple  
Turkey Ham and Cheese Slice  
Banana Bread  
And Milk

**LUNCH:**  
Pizza  
Caeser Salad with Ranch  
Steam Green Beans and Corn  
Pears and Milk

**SNACK:**  
Apple Slices and WG Crackers

### 31