

Tahoma School District – Elementary Menus



February 2023

Tahoma School District will return to traditional National School Lunch and School Breakfast operations in SY2022-23. All meals include chocolate milk or white milk. Students may bring their lunch, snacks and/or beverages from home. Due to severe **supply chain disruptions**, we may not receive the volume of food and supplies that we order. This is why we have to substitute some entrees with other entrees that our distributors have in stock at the time. Breakfast is served before school in all buildings. **Breakfast and lunches are available at no cost for all students who are eligible for free or reduced-price meals**, per Washington State law.

PRICES: BREAKFAST including milk: Students \$2.75, Adults \$4.00. **LUNCH** including milk: Students \$4.25, Adults \$6.00. **Milk only:** \$0.75.

“This institution is an equal opportunity provider”

Menus are subject to change due to food and supply shortages.

MONDAY	TUESDAY	WASTE –FREE WEDNESDAY	THURSDAY	FRIDAY
		French Toast Fruit Milk Juice	Buttermilk Donut Bar Fruit Milk Juice	Mini Maple Waffle Fruit Milk Juice
		1 Corn Dog* Veggies, Fruit and Milk *made with chicken	2 Mac & Cheese Veggies, Fruit and Milk	3 Bagel Pizza Veggies, Fruit and Milk
Cereal or Pop-Tart Fruit Milk Juice	Banana Choc. Bar Fruit Milk Juice	IW Cinnamon Roll Fruit Milk Juice	Buttermilk Donut Bar Fruit Milk Juice	Mini Maple Waffle Fruit Milk Juice
6 Mozz. Bread Sticks Veggies, Fruit and Milk	7 Chicken Nuggets Veggies, Fruit and Milk	8 Belgian Waffle Veggies, Fruit & Milk	9 Super Nachos Tortilla Chips & Turkey Taco Meat Veggies, Fruit & Milk	10 Pizza Veggies, Fruit and Milk
Cereal or Pop-Tart Fruit Milk Juice	Banana Choc. Bar Fruit Milk Juice	French Toast Fruit Milk Juice	Buttermilk Donut Bar Fruit Milk Juice	Mini Maple Waffle Fruit Milk Juice
13 Wild Mike’s Cheese Pocket Veggies, Fruit & Milk	14 Chicken Nuggets Veggies, Fruit and Milk	15 Chicken Teriyaki Veggies, Fruit and Milk	16 Hamburger Veggies, Fruit & Milk	17 Pizza Veggies, Fruit and Milk
20 Presidents Day No Meal Services Today	21 Mid-Winter Break No Meal Services Today	22 Mid-Winter Break No Meal Services Today	23 Mid-Winter Break No Meal Services Today	24 Mid-Winter Break No Meal Services Today
Cereal or Pop-Tart Fruit Milk Juice	Banana Choc. Bar Fruit Milk Juice			
27 Cheesey Pull-Apart Veggies, Fruit and Milk	28 Burrito Veggies, Fruit and Milk		<p>Free and Reduced Meal Application forms for 2022-2023 are available in your child’s school office, at the Central Services Center, and at https://www.tahomasd.us/departments/nutrition_services/free_reduced_priced_meal_information</p> <p>Consent To Share form https://www.tahomasd.us/common/pag/es/DisplayFile.aspx?itemId=57490448</p>	<p>How to pay for school meals School cafeteria staff accept cash and check payments. Please make checks payable to Tahoma Food Services. Parents/Guardians may make online payments thru InTouch, or thru Skyward. https://www.tahomasd.us</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  Skyward </div> <div style="text-align: center;">  Online Payment </div> </div>