

# Tahoma School District – Elementary Menus




## September 2022

Tahoma School District will return to traditional National School Lunch and School Breakfast operations in SY2022-23. All meals include chocolate milk or white milk. Students may bring their lunch, snacks and/or beverages from home. Due to severe **supply chain disruptions**, we may not receive the volume of food and supplies that we order. This is why we have to substitute some entrees with other entrees that our distributors have in stock at the time. Breakfast is served before school in all buildings. **Breakfast and lunches are available at no cost for all students who are eligible for free or reduced price meals**, per Washington State law.

**PRICES: BREAKFAST** including milk: Students \$2.75, Adults \$4.00. **LUNCH** including milk: Students \$4.25, Adults \$6.00. **Milk only:** \$0.75.

“This institution is an equal opportunity provider”

Menus are subject to change due to food and supply shortages.

MONDAY	TUESDAY	WASTE –FREE WEDNESDAY	THURSDAY	FRIDAY
			Buttermilk Donut Bar or Cereal Fruit Milk Juice	Cereal or Cereal Bar Fruit Milk Juice
 <b>SEPTEMBER</b>	<b>How to pay for school meals</b> School cafeteria staff accept <b>cash</b> and <b>check payments</b> . Please make checks payable to Tahoma Food Services. Parents/Guardians may make <b>online payments</b> thru InTouch, or thru Skyward. <a href="https://www.tahomasd.us">https://www.tahomasd.us</a>   Skyward      Online Payment	<b>Free and Reduced Meal Application forms for 2022-2023</b> are available in your child's school office, at the Central Services Center, and at <a href="https://www.tahomasd.us/departments/nutrition_services/free_reduced-priced_meal_information">https://www.tahomasd.us/departments/nutrition_services/free_reduced- priced_meal_information</a>  <b>Consent To Share form</b> <a href="https://www.tahomasd.us/common/pages/DisplayFile.aspx?itemId=57490448">https://www.tahomasd.us/common/pages/DisplayFile.aspx?itemId=57490448</a>	1  <b>Belgian Waffle</b> Veggies, Fruit and Milk	2  <b>Pizza</b> Veggies, Fruit and Milk
	Banana Choc. Bar Fruit Milk Juice	Cereal or Cereal Bar Fruit Milk Juice	Buttermilk Donut Bar Fruit Milk Juice	Cereal or Cereal Bar Fruit Milk Juice
5 <b>Labor Day</b> No Meal Services Today	6 <b>Cheesey Pull-Apart</b> Veggies, Fruit and Milk	7 <b>Corn Dog*</b> Veggies, Fruit and Milk  *made with chicken	8 <b>Hamburger</b> Veggies, Fruit & Milk	9 <b>Pizza</b> Veggies, Fruit and Milk  Early Release Day
Cereal or Cereal Bar Fruit Milk Juice	Banana Choc. Bar Fruit Milk Juice	Cereal or French Toast Fruit Milk Juice	Buttermilk Donut Bar Fruit Milk Juice	Cereal or Cereal Bar Fruit Milk Juice
12 <b>Bagel Pizza</b> Veggies, Fruit & Milk	13 <b>Chicken Nuggets</b> Veggies, Fruit and Milk	14 <b>Burrito</b> Veggies, Fruit and Milk	15 <b>Belgian Waffle</b> Veggies, Fruit & Milk	16 <b>Pizza</b> Veggies, Fruit and Milk  Early Release Day
Cereal or Cereal Bar Fruit Milk Juice	Banana Choc. Bar Fruit Milk Juice	Cereal or French Toast Fruit Milk Juice	Buttermilk Donut Bar Fruit Milk Juice	Cereal or Cereal Bar Fruit Milk Juice
19 <b>Cheesey Pull-Apart</b> Veggies, Fruit and Milk	20 <b>Chicken Nuggets</b> Veggies, Fruit and Milk	21 <b>Corn Dog*</b> Veggies, Fruit and Milk  *made with chicken	22 <b>Cheese Burger</b> Veggies, Fruit & Milk	23 <b>Pizza</b> Veggies, Fruit and Milk  Early Release Day
Cereal or Cereal Bar Fruit Milk Juice	Banana Choc. Bar Fruit Milk Juice	Cereal or French Toast Fruit Milk Juice	Buttermilk Donut Bar Fruit Milk Juice	Cereal or Cereal Bar Fruit Milk Juice
26 <b>Bagel Pizza</b> Veggies, Fruit & Milk	27 <b>Chicken Nuggets</b> Veggies, Fruit and Milk	28 <b>Burrito</b> Veggies, Fruit and Milk	29 <b>Mac and Cheese</b> Veggies, Fruit & Milk	30 <b>Pizza</b> Veggies, Fruit and Milk  Early Release Day