

Horario

Haz tus reservas en moodbodyhouse.com

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
7:30 AM	7:30 AM	7:30 AM	7:30 AM	7:30 AM	
	Body Define		Define	Body Define	
8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM	
Define		Lower Body Define			
10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM
					Body Define 45MN
11:15 AM	11:15 AM	11:15 AM	11:15 AM	11:15 AM	11:15 AM
					15Aerobics 30Define
1:30 PM	1:30 PM	1:30 PM	1:30 PM	2:00 PM	
	Body Define 45 MN			Body Define	
2:30 PM	2:30 PM	2:30 PM	2:30 PM	3:00 PM	
			Define	HIIT	
5:15 PM	5:15 PM	5:15 PM	5:15 PM	5:15 PM	
		Define			
6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM	
Body Define 50 MN	Define	30BDefine 15Stretch	Aerobic Dance		
7:45 PM	7:45 PM	7:45 PM	7:45 PM	7:45 PM	
Aerobic Dance	30Aerobics 30Define 1H	Body Define 50 MN	Lower Body Define		