

The theme for the 2023-2024 contest is "Be Kind to Your Mind – Live Drug Free"

## Rules

The contest is open to all 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade students. Participants must write the essay themselves, but they may get help from teachers, parents, or friends in the form of ideas.

- Length: no longer than 250 words
- **Paper size**: 8.5 x 11 inches
- Text: Typed, computer generated text, handwritten or hand printed

## Judging:

- Closeness to the theme
- Neatness
- Originality
- Correct grammatical structure
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Each entry must have the following information on a separate sheet attached to the entry

- Student's full name and phone number and parent's email address
- School, location, grade
- Elks Lodge name
- Must also be accompanied by Hold Harmless Agreement

## Due date:

Return all essays for judging by **January 6**, **2024** to the Lodge chairperson. The lodge chair will select the top essays from each grade and they will be forwarded to the district chairperson by **February 4**, **2024.** The district winners will be forwarded to state level competition. All winning entries become the sole property of the Benevolent and Protective Order of Elks and may not be returned.

National recognition: Each State Chairperson will choose an overall winner. This winning essay will be submitted to the National Elks contest and may be featured on the www.elkskidzone,org website and/or in ENF or DAP publications.