

March 2025 | Volume 3

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Editor: Ramona Chávez, Capt., USAF (Ret)



WOMEN'S HISTORY MONTH

Get to know the women who've changed our world.

President's Message

Paul Gonzales, LTC USA (ret.)

The February 2025 meeting at Corica Golf Course was a terrific meeting where there were many members that attended whom I hadn't met before, and that was terrific. One of my goals is to personally contact members who normally don't attend the meetings, increase participation and interest. Having a terrific speaker like Mr. Forrest Booth goes a long way to that end as he gave a wonderful and interesting presentation on Liberty Ships and the USS Jeremiah O'Brien. We had a great audience and reached max capacity at the Corica location.

I am still awaiting feedback from Coast Guard Island base on restoring base access for our Chapter. The CGI chain of command is having ongoing discussions and reviews, and it looks favorable for us to restore. I think by the September General meeting we should be back at the CGI Pt Welcome Room.

Our next General meeting is on 23 April, Wednesday not Thursday, at the Alameda Elks Lodge. We have secured a bigger briefing room at a nominal



MOAA – ONE ASSOCIATION, ONE VOICE – YOURS

Take Action:
<http://takeaction.moaa.org>

2025 General Meetings *

Location TBD

11:00 – 13:00

Wednesday, Apr 23

Thursday, September 11th

Thursday, November 13th

Board of Directors Meetings

Coast Guard Island, Alameda

10:30 – 12:00

Apr 1, Tue May 6, Tue

Jun 10, Tue Jul 2, Tue

Aug 12, Tue Oct 7, Tue

Nov 4, Tue Dec. 2, Tue

Stay Informed

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Apr. 7 – 10 Advocacy in Action (AIA) Conf, Wash D.C.

Apr. 26 [Coast Guard, All Retiree Seminar](#)

May 2 CAL ROTC Awards Ceremony

May 31 [2025 Women Veterans Engage](#)

Oct. 9 San Francisco [Fleet Week](#) Special Event

Dec 6 MOAA Holiday Party

...President's Message

cost. Please attend and support our Chapter while we transition to a regular meeting location that works for everyone. Our April speaker will be CAPT Randy Van Rossum, Commanding Officer of Navy ROTC, UC Berkeley. He is the senior ROTC Commandant of the three services, Navy, Army and Air Force. He will share the history of ROTC at Berkeley, status of Corps of Cadets for each branch and provide insight into future Officers. Berkeley ROTC's are our chapters largest recipient of fundraising support, so it'll be nice to hear from the senior Commandant.

I attended a virtual MOAA Leadership conference and wanted to relay some main focus areas. Our Chapter is a “healthy” chapter because we can sustain ourselves over time. They want us to also be an “effective” chapter by positively impacting MOAA’s mission. Our mission is to protect and preserve earned benefits for our uniformed services, retirees, Veterans and Active Duty. We do that by advocating for legislation like AB53, taxing military retirements, community service, and develop a leadership pipeline that grows recruitment and retention.

Paul Gonzales
pkg666@aol.com
510-990-2640

General Membership Meeting

- **April 23rd, 11:00 – 13:00**
- **Alameda Elks Lodge** #1015, 2255 Santa Clara Ave, Alameda.
- **Dress:** Business Casual
- **Lunch:** ~ \$30 per person. Lunch service at the Elk Lodge.

Zoom at Noon:

<https://us02web.zoom.us/j/88337813017?pwd=dGYW3JurFjZTeibPi5fR2qIHEFZPPW.1>

Meeting ID: 883 3781 3017

Passcode: 131723

April Guest Speaker CAPT Randy Van Rossum, Commanding Officer of Navy ROTC

Captain Randy Van Rossum is a native of Princeton, Wisconsin. He attended the University of Wisconsin – Madison and graduated with a Bachelor of Science Degree in Industrial Engineering. He was commissioned in October 1995 via Officer Candidate School through Candidate School Nuclear Propulsion Officer Candidate Program. Capt. Van Rossum earned a Master of Business. His sea duty assignments include



Top: A good crowd joined us for our February General Membership Meeting. Left: Forrest Booth is the senior Maritime Partner of the international law firm Kennedys shares the history on Liberty Ships. Right: Paul Gonzales presents a traditional bottle of thanks to our guest speaker, Booth.

April Guest Speaker Continued... Administration from Loyola University – Chicago.



tours aboard USS John C. Stennis (CVN 74) as reactor laboratories division officer and chemistry and radiological assistant, USS Thach (FFG 43) as combat systems officer, USS Nimitz (CVN 68) as main propulsion assistant, USS Wayne E. Meyer (DDG 108) as the executive officer and commanding officer, and Destroyer Squadron One as the deputy commodore and commodore.

His shore duty assignments include Officer Engineering Programs recruiter at Naval Recruiting District Chicago, missile defense action officer in J5/J8 Strategy, Policy and Assessments Directorate at United States European Command, technical assistant to the deputy director for surface ship matters at Naval Reactors, Surface Nuclear Programs and Placement at Navy Personnel Command and Chief of Staff at U.S. Third Fleet.

Van Rossum assumed duties as Commanding Officer of NROTC UC Berkeley in July 2023.

His personal awards include the Legion of Merit (two awards), Defense Meritorious Service Medal, Meritorious Service Medal (four awards), Navy and Marine Corps Commendation Medal (three

awards), Navy and Marine Corps Achievement Medal and various campaign and service medals and ribbons.

Membership

Rudolf Bredderman, Membership Director

I received 22 membership renewals for 2025 in February and a couple more in early March bringing our membership for 2025 up to 50 which includes five Surviving Spouses and 2 Spouses. But that leaves 37 of our 2024 members who have not, as yet, renewed for 2025.

In 2024, we had thirteen members who were on active duty. CAPT Gary Spinek will be trying to make contact with them to confirm that they are still on active duty and still stationed here in the Bay Area.

If you have not renewed for 2025, please do so! Our Chapter dues remain \$20 for regular members who are not on active duty and \$5 for spouses and surviving spouses, on an annual basis, i.e. January through December.

If you are being transferred or just moving, please let me know. Please let me know of any changes to your contact information, i.e., telephone number, mailing address or email address. The best way is to send me an email bredderman@sbcglobal.net.

Our Chapter's Membership Application and/or Renewal Form for 2025 can be found on [page 13](#).

Welcome New Chapter Member



MAJ Dan Bitner to our MOAA Alameda Chapter! Bitner is currently an Air Force Reservist at Beale AFB. Dan lives in downtown Oakland and works at Google as a Chief of Staff. He is looking to become more active

in the local community with a focus on Veterans. MOAA seemed like a great way to contribute. He is looking forward to meeting our Chapter members and is willing to serve in any leadership capacity needed. We are happy to have him in the Chapter!

Legislative Affairs

James "Skip" Phair, Legislative Director

The legislative effort to exclude uniform services retirement pay and surviving spouse benefits from California income tax has had its first success. On March 12, the California Senate Revenue and Taxation Committee passed the Senate version of the bill ([SB 1 \(Seyarto R\) – Military Retirement Pay Tax Exemption](#)) like AB 53, but for the years 2024 to 2034 with a 5-0 vote. The committee members expressed strong support during the hearing and were also receptive to further amendments. Additionally, Fiona Ma, California State Treasurer, endorsed the bill as did the Howard Jarvis Taxpayers Association. The Senate bill has been referred to the Military and Veterans Affairs Committee.

A parallel effort is underway with [Assembly Bill 53](#) Personal income taxes: exclusion: Military Services Retirement and Surviving Spouse Benefit Payment Act. Assemblymember [James C. Ramos](#) (D-San Bernardino) Ramos and numerous supporters met with the Assembly Revenue and Taxation Committee for approval. Ramona Chávez, President for CALMOAA and Josh Baker, President of California Enlisted Association of the National Guard testified before the committee in favor of AB-53. The hearing was successful, and it was heartening to see the broad support for this important legislation. Several legislators attended both the hearing and the press conference, demonstrating their commitment to this cause.

AB 53 has been placed on the Assembly Revenue and Taxation suspense file, which is where bills with costs exceeding \$100,000 are typically reviewed. The deadline for the committee to move the bill off the suspense file and forward it to the Appropriations Committee is May 22. However, it's possible that this process could be completed sooner – we will keep you posted.

Our next focus will be on ensuring that the budget committees retain the funding for AB 53 in the state budget. Chapter members need to continue advocacy with letters to the Senate and Assembly committees (<https://calegislation.lc.ca.gov/Advocates/>) and our local representatives. Additionally, we need to encourage amendments that could AB 53 and SB1 support for California military retirees. To maximize the economic and workforce benefits, urge the Governor and Legislature to consider the following adjustments:

[Assembly Bill 53](#) Personal income taxes: exclusion: Military Services Retirement and Surviving Spouse Benefit Payment Act. Assemblymember [James C. Ramos](#) (D-San Bernardino) and SB1 support for California military retirees. To maximize the economic and workforce benefits, urge the Governor and Legislature to consider the following adjustments:

- Future Exemption Increases: Increase the exemption by an additional \$10,000 in the 2026-2027 budget, raising the total to \$30,000. This phased approach will help California retain skilled veterans who provide essential expertise in critical industries, particularly as the workforce faces the retirement of Baby Boomers.
- Increased Income Limits: Raise income limits to \$300,000 (joint) and \$150,000 (single) to reflect California's high cost of living. This adjustment ensures more military retirees, and



Ramona Chávez, CALMOAA President, joins Assemblymen James Ramos and other supporters in speaking at a press conference on Assembly Bill 53 March 17th.

their families can benefit, supports middle-class households and strengthens California's economy. The economic activity generated by retaining these individuals will offset the tax revenue loss.

- Extend the Study Period: Extend the study period from 5 to 10 years to gather comprehensive data on the long-term impact of this policy on military retiree retention. An extended study will provide more accurate insights into workforce retention and economic contributions.

Additional California legislation which deserves our support includes:

SB 23 (Valladares R) – Property Tax Exemption for Disabled Veterans exempts 100% disabled Veterans and their spouses from paying property taxes on their home. This bill proposes to transform the current partial property tax exemption for disabled veterans (100 percent due to military injuries) into a full exemption for their primary residence along with extending benefits to an unmarried surviving spouse under similar conditions. It passed the Revenue and Taxation Committee on consent.

SB 56 (Seyarto R) Property taxation: disabled veterans' exemption: household income. These bills will exclude disability payments from counting as "household income" for disabled tax exemption which is income dependent.

California Legislature Position Letter Portal <https://calegislature.lc.ca.gov/Advocates/>.

How to keep current on legislation: Bookmark the California Veterans Legislation Hub <https://leg4vetsca.notion.site/>

[MOAA Legislative Action Center](#)

Women's History Month



Every March, Military.com marks Women's History Month by recognizing the contributions made and the glass ceilings broken each day by women in the U.S. Army, Navy, Air Force, Marine Corps and Coast Guard.

Female members of the U.S. military have not always received the recognition they've earned. Yet from sea, to ground, to sky and beyond, women have worn the battle flag of the United States of America and have bravely served in her name. We honor them.

A New Month, A New Year!
Sue Gonzales, Surviving Spouse Liaison

March decided to come in more like a lamb than a lion this year but has shown us some unexpected wintry weather and storms. Winter is not over just yet. Mother Nature is not sure which season she wants to be in regardless of the calendar. As a result, things are blooming and of course, pollen is in the air. Keep those allergy meds handy and plenty of Kleenex tissues! We were watching a YouTube video the other day that made us really stop and think. Several doctors collaborated on a study and the seven points they focused on are:



Seven Things to Check for After Age 70 for Long Life:

- **Walking Speed:** Have a steady, brisk pace when walking. Shows good overall health, muscle tone, cardio health. Good for balance and leg strength.
- **Grip Strength:** Weakness is a sign of frailty, loss of muscle strength and mass, can lead to be prone of overall weakness, risk of falls. Improve by squeezing rubber ball, etc.
- **Ability to Balance on One Leg, 10 Seconds:** Improves balance, practice, strong predictor of good balance, brain coordination, if you can do ten seconds or more balancing on one leg is a good indicator. If not, practice.
- **Sleeping Patterns:** Body repairs itself and strengthens the immune system with good sleep. High quality sleep is good for brain activity, alertness, if not sleeping well, check for sleep apnea, get a CPAP, etc.
- **Appetite and Eating Habits:** Healthy appetite and good eating habits, vegetables, grains, fresh whole foods. Enjoy your meals, keep weight up but not overweight, lose weight. Keep weight steady. Being too thin when older is not good for healthy recovery reserves.
- **Ability to Handle Stress:** Managed stress is healthy, keep calm, maintain mental health. Don't dwell on negative stressors, keep negative thought patterns in check, long term. Deal with areas that cause stress. Good, happy state of being, without chronic anger is healthy and reduces inflammation in the body.
- **Social Connections:** Good strong social ties with family and friends, being sociable is very important. Loneliness long term is harmful and causes harmful effects over the long run. Blue zones, where people live into 90s, 100s, all show great social connections and support.

I hope that everyone stays healthy and engaged with family and friends. It was good to see a large turnout at our last general membership meeting! I hope that our meeting on April 24th has even more people come! Spouses are always welcome at the meetings! Next month I will be participating in Advocacy in Action in DC. I will report back on what happens.

Financial Planning
Sue Stewart, Personal Affairs

As we enter the month of March and we are already through one quarter of 2025, do you have a financial plan for the year and long-term? Why is a financial plan important? A financial plan helps you make the best use of your money now and in the future. So make a plan, review it annually, and adjust it for those unexpected life changes.

Think of your financial plan as your operational plan for your money and life; it is your roadmap. It tells you where you are, where you're going and how to get there without running out of gas -- or cash -- along the way. A solid plan covers:

- Budgeting: Knowing how much comes in and goes out (and, no, "hope" is not a strategy).
- Saving and investing: Building wealth for short-, mid- and long-term goals.
- Debt management: Because the only good kind of debt is the one you control.
- Insurance and risk management: Protecting what you've built.
- Estate planning: Yes, even if you're not a millionaire, you need a plan for your assets.

Here are some links on how to develop a financial plan:

- [MOAA Financial Planning Guide](#)
- [USAA's Creating a personal financial plan: Your step-by-step guide](#)
- [Military.com's Military Households: Here's the Most Important Financial Advice You'll Ever Receive](#)



ALL SERVICES RETIREE SEMINAR

Northern California Coast Guard All Services Retiree Seminar

Jason Kuroiwa, Northern California Coast Guard Retiree Council

Presented by the [Northern California Coast Guard Retiree Council \(NCRRC\)](#).

What: All Services Retiree Seminar

When: Saturday, April 26, 2025 at 8:00 AM - 1:00 PM

Where: Gresham Hall – Coast Guard Island, Alameda, CA (42 Eagle Road, Building 4, Alameda, CA 94501)

Who: Retirees/Spouses/Caregivers from All Uniformed Services

Military ID Card and/or Real ID Required at the Gate

- 0730-0800 hours: REGISTRATION & Continental Breakfast
- 0800-1300 hours: Speakers & Presentations on the following subjects of interest:
 - Tri-Care and Tri-Care for Life - Retiree Legal Issues
 - Fraud and Identity Theft Protection - Space "A" Travel Recent
 - Legislation Affecting Military Retirees and More!!

Information Tables from various organizations of interest to retirees will be available from 0800-1300 hours.

ID Cards and DEERS Services -- Starting at 0800 hours in Bldg. 21. For more information call (510)437-5648

Seminar Reservation is NOT required. Spouses are Welcome!

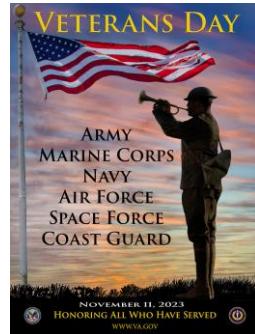
Lunch Reservations **are required** for the Coast Guard Galley. It is open from 0900 to 1200 during the seminar. PAY \$9.70 per person at the Galley entrance. For Lunch Reservations, contact MCPO David Swanson, USCG (Ret) at: ddswanson@msn.com or Call 510-390-6312 (Please Leave a message).

For more information reach out to Jason Kuroiwa, jason.kuroiwa@gmail.com .

2025 National Veterans Day Poster Contest is Underway

*Cherie A. Parker, Retired, U.S. Army
Program Specialist - National Veterans Outreach Office*

Calling all artists! Here's your opportunity to show off your talent and use your artwork to honor Veterans. VA and the Veterans Day National Committee are now accepting entries for the 2025 Veterans Day Poster Contest. Submissions are due by 11:59 p.m. (EDT) on May 2, 2025.



This contest is open to all, and your art should reflect this year's theme: "Service to our Nation."

To ensure your submission meets the technical requirements, please review our design submission guidelines before engaging your creativity. Successful designs are very simple, with minimal imagery and verbiage.

To view examples of past winning submissions, visit [The Veterans Day Poster Gallery](#).

Submit electronic versions as jpg/jpeg images or PDF files to vetsday@va.gov, and cherie.parker@va.gov.

Questions? Please email the Veterans Day Coordinator at vetsday@va.gov, and cherie.parker@va.gov.

VA Mission: "To fulfill President Lincoln's promise to care for those who have served in our nation's military and for their families, caregivers, and survivors."

Women Veterans Engage



We are thrilled to announce Joyce Abbott as our distinguished Keynote Speaker for the 2025 Women Veterans Engage event! If you recognize her name, it's because she's the real-life namesake behind the beloved TV series, Abbott Elementary! A dedicated Army veteran, passionate educator, and respected leader, Joyce Abbott has devoted her career to shaping young minds and leaving a profound impact on her community.

Mark your calendars for May 31, 2025, and join us either in person or online for a day dedicated to empowerment, networking, and valuable resources tailored for women

veterans. This is a unique opportunity to hear from an extraordinary woman whose leadership and service have touched countless lives.

[Join a Veterans Service Group](#) - women can do great things.

Engage 2025 Partners

- [California - Rocklin/Sacramento - Women Veterans Giving](#)
- [California - Chula Vista/San Diego - Uncle Keith's Gourmet Foods](#)
- [Colorado - Colorado Springs - Women Veterans Giving](#)
- [Florida - Orlando - SEA WAVES](#)
- [Illinois - Richton Park/Chicago - 3 Vets is a Charm](#)
- Massachusetts - Bedford - VA Bedford Healthcare System
- Michigan - Detroit - Woman Veteran Strong
- New York - Albany - Military Family Foundation & Albany County Veterans Service Bureau
- New York - Buffalo - WNYHeroes, Inc
- North Carolina - Mooresville/Charlotte - OptiVets
- Oregon - Forest Grove - Dauntless Wine Co
- [Texas - Addison - Abilene Christian University](#)
- [Texas - Harker Heights/Belton - KMC Digital](#)
- [Texas - Dallas - Arabella Wellness Center, Inc.](#)

Can't make it in person? [Join us online!](#)

PGA HOPE - Helping Our Patriots Everywhere



PGA HOPE (Helping Our Patriots Everywhere) is the flagship military program of PGA REACH, the charitable foundation of the PGA of America. PGA HOPE introduces golf to Veterans and Active-Duty Military to enhance their physical, mental, social and emotional well-being.

Spring sessions start in March! Find your course here: [PGA HOPE - Northern California Section](#)
###

2025 Alameda MOAA Board of Directors

ELECTED POSITIONS

- President: LTC Paul Gonzales, USA (ret.)
- Immediate Past President: CAPT Fred Jaffin, USN
- Second Vice President: This role will not be filled
- Treasurer: CAPT Warren McDonald, USCG
- Secretary: LTC Rodney Grayson, USA
- Surviving Spouse Liaison Mrs. Susan Gonzales (spouse)

APPOINTED DIRECTORS

- Director of Membership:
 - Membership Committee: CDR Rudolf Bredderman, USN
MAJ Sidney Jordan, USA (ret.) and CAPT Gary Spenik, USCG (ret.)
- Legislative Affairs: COL James "Skip" Phair, USA (ret.)
- Personal Affairs: CAPT Susan Stewart, USN (ret.)
- Director of Programs:
 - Program Committee CAPT Perry Milton, USN (ret.)
CDR Lance Sapera, USN (ret.)
- Director of Communications: Capt., Ramona Chávez, USAF (ret.)
- Director of Scholarships: LTC Paul Gonzales, USA (ret.)
- Facilities Coordinator:
 - Facilities Committee LCDR Jerry Jacobs, USNR (ret.)
LTC Rod Grayson, USA (ret.), LTC Paul Gonzales, USA (ret.), LTC Ingo Biscoff, USAR
- Assistant Treasurer Mrs. Marvera Kline (Spouse)

Membership in National MOAA

Rudolf Bredderman - Acting Membership

Our Chapter does not get credit for your Chapter membership if you are not also a member of MOAA at the national level. National MOAA has set a goal to have all Chapter members be, at least "Basic" members of national MOAA.

All but two of our Chapter members are members are "Basic" members of MOAA at the national level. MOAA is encouraging all "Basic" members to become either "Premium" or "LIFE" members, i.e., dues paying members.

It is important that Chapter members who are Premium (Annual) members of national MOAA keep their national MOAA membership current with the payment of annual dues; or upgrade to "LIFE" membership in national MOAA.

Please visit the national MOAA website <www.moaa.org>. It provides current information of significance to military personnel, active, former and retired and to spouses of military personnel; and it is easy to navigate. Access to much of the MOAA website requires logging in as a MOAA member. To do so, you will need to enter your MOAA membership number, and you will have to create a password.

If you do not know your MOAA membership number, please contact me bredderman@sbcglobal.net or (510) 796-2485. I should be able to tell you your MOAA membership number. If you have a problem logging in to the MOAA website, email <msc@moaa.org> or call 1-800-234-6622 for assistance. Some of the <MOAA.org> web site remains down for “data system migration” but should be available to us again soon.

MOAA Membership Costs as of 1 January 2024

Basic MOAA membership is FREE!

Premium (Annual) Membership: Annual Dues

	<u>Regular Members</u>	<u>Surviving Spouses**</u>
One Year	\$62	\$56
Two Years	\$106	\$95
Three Years	\$140	\$126

Note** If you are the surviving spouse of a military officer who was a LIFE Member of MOAA, you are a LIFE Member of MOAA and do not pay annual due.

Life Membership: LIFE membership costs vary from \$921 for someone 49 years old or less to \$107 if you are 95 to 99 years old. If you are over 100, LIFE Membership is FREE. LIFE membership passes to your spouse if you predecease your spouse.

MOAA membership is incredibly significant when MOAA lobbies Congress on issues important to the military community. To join national MOAA visit <https://www.moaa.org/content/join-moaa/why-join-moaa/>

If you need help in becoming a member of national MOAA, let me know. If I have your written permission, I can sign you up to be a “Basic” MOAA member at no cost. The best way is to send me an email <bredderman@sbcglobal.net>



National MOAA and the Alameda MOAA Chapter are nonpartisan organizations.

To join, visit <https://www.moaa.org/content/join-moaa/why-join-moaa/>

You defend the country. We defend your benefits.

[Join Now](#)

Resources at Your Fingertips

- [California Department of Veterans Affairs](#)
- [Alameda County Veterans Services](#)
- **Need a DD-214? Visit** <https://www.va.gov/records/get-military-service-records/>
- **DOL VETS:** <https://www.dol.gov/agencies/vets> The U.S. Department of Labor is the Congressionally mandated lead agency for programs and services to veterans, transitioning service members, and military spouses.
- **Alameda, MOAA Board Members for 2021:** <http://www.alamedamoaa.org/Chapter-Officers>
- **MOAA Alameda Membership/Renewal Application** Last page of newsletter or online here: <http://www.alamedamoaa.org/Join>
- **MOAA National application** <http://www.moaa.org/Content/Join-MOAA/Why-join-MOAA.aspx>
- **Alameda Chapter Website** <http://www.alamedamoaa.org>
- **Alameda Chapter Editorial and Privacy Policy:** <http://alamedamoaa.org/Editorial-and-Privacy-Policies>
- **MOAA Legislative Update/Action Center:** <http://alamedamoaa.org/Legislative-Update>
- **Useful Websites for California Veterans**
- **CA Legislation:**
<https://leginfo.legislature.ca.gov/faces/billSearchClient.xhtml>
- **California State Senate:** <http://senate.ca.gov/>
- **California State Assembly:** <http://assembly.ca.gov/>
- To find CA Law, including the Military and Veterans Code: <https://leginfo.legislature.ca.gov/faces/codes.xhtml>
- Find your State and Local Legislator: <http://votesmart.org/>
- **CALMOAA Facebook:** <https://www.facebook.com/groups/582556558468846>
- Northern California Coast Guard Retiree Council Website is [NCCGRC.org](#)
- PACT Act General PSA (30) : <https://youtu.be/Rj1EoOCUNE>
- PACT Act General PSA (15): <https://youtu.be/1-MPpbhRPSO>
- PACT Act Veteran PSA (30): <https://youtu.be/tuIW0c76pC0>
- PACT Act Veteran PSA (15): <https://youtu.be/ohaeNLC6fRY>
- PACT Act Doctor PSA (30): <https://youtu.be/0qEf3wEr81A>
- PACT Act Doctor PSA (15): https://youtu.be/P4Z04L16_2A
- PACT Act Caregiver PSA (30): https://youtu.be/fDGw1ykPQ_0
- PACT Act Caregiver PSA (15): <https://youtu.be/W94IGxmqlFo>
- PACT Act Caregiver PSA (Spanish, 30): <https://youtu.be/l9o427COMy>
- PACT Act Caregiver PSA (Spanish, 15): <https://youtu.be/AzrE5Gdrejc>
- PACT Act Benefits PSA (30) : <https://youtu.be/LDH5rcSW0q0>
- [TRICARE For Retirees](#)
- [TRICARE For Life](#)
- [MEDICARE](#)
- [Social Security Administration](#)
- [Veterans Health Administration](#)
- [National Cemetery Administration](#)
- [Veterans Benefits Administration](#)



2025 Alameda MOAA Membership Application

Please Check One

New Member
 Renewal

Please Check One

Officer Spouse Surviving Spouse

Name and Rank of qualifying officer's spouse:

Military Status (please check one)

Active Duty Retired Guard/Reserve Former / Inactive

U.S. Service (please check one)

Army Air Force Coast Guard Marine Corps
 Navy USPHS U.S. Space Force NOAA

Date: mm/dd/yyyy

National MOAA #*:

*National MOAA # not required; however, you can acquire free basic membership
at: <https://www.moaa.org/content/join-moaa/why-join-moaa/>

Name: _____ Rank: _____ Date of Birth: _____ mm/dd/yyyy

Email: _____ Phone: _____

Address: _____ Apt: _____ City: _____ State: _____ Zip Code: _____

Spouses Name: _____

I am interested in participating in a Chapter office or committee Yes No

Membership is for the calendar year commencing 1 January of each year.

Annual Dues: 1) Active Duty: \$0 2) Regular: \$20 / \$10 if joining after July 1 3) Spouse/Surviving Spouse: \$5

New Members: Please attach a copy of your military ID, DD-214, or other proof of service as a military officer.

Make checks payable to: ALAMEDA COUNTY CHAPTER, MOAA or [Paypal](https://www.paypal.com) to mcdcpa@gmail.com

Submit: Can be filled out electronically and emailed to alamedamoamembership@alamedamoaa.org or mail MOAA Alameda County Chapter, c/o: Rudolf Bredderman, 35923 Romilly Court, Fremont, CA 94536.

MOAA – ONE ASSOCIATION, ONE VOICE – YOURS

