

August 2026 | Volume 8



Save the Date
**SPECIAL FLEET WEEK
EVENT**

Thursday, October 8th

President's Message

Paul Gonzales, LTC USA (ret.)

Hello to the Alameda MOAA membership as we start off towards our Fall events and activities. It's been a needed respite for many of our Board members as we concluded our summers. The Chapter nominating committee has offered two appointments that were voted on and approved by our Board of Directors. CAPT Gary Spenik, USCG (Ret) will be assuming duties from CDR Rudolf Bredderman as Director of Membership, and CDR Joshua Jones, USN (Ret) will be taking over Director of Personal Affairs from CAPT Sue Stewart. Josh will take over those duties in Jan 2027.

Our October "Fleet Week" fundraiser will see a return to the USS Jeremiah O'Brien, Liberty Ship to watch the Blue Angels practice on Thursday, Oct 8, 2026. Please join us for a worthy and fun event on the Jeremiah O'Brien. and encourage family and guests to attend. More information will be forthcoming from Ramona Chavez, keep a look out.

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Editor: Ramona Chávez, Capt., USAF (Ret)



**MOAA – ONE ASSOCIATION, ONE
VOICE– YOURS**

Take Action:

<http://takeaction.moaa.org>

2026 General Meetings *

Coast Guard Island, Welcome Room
11:00 – 13:00
Feb 12, Thursday
Jun 2, Thursday
Sep 10, Thursday
Nov 12, Thursday

Board of Directors Meetings

Coast Guard Island, Alameda
10:30 – 12:00

Feb 3	Aug 4
Mar 10	Sep 1
Apr 7	Oct 6
May 5	Nov 3
Jun 9	Dec 1
Jul No Meeting	

... President's Message Continued

My big priority for the remainder of this year is to increase membership by ten. We are working on a new Bay Area catchment listing of Officers in our Zip Code area and hope to recruit several to join. I'd like to see our membership at 80 or more.

Our National MOAA has been working several legislative actions, but the most controversial stance has been in support of TCVA, (Take Care of America's Veterans Act). It is a major Omnibus bill containing 23 MOAA supported provisions like the Major Richard Star Act, the Veteran Caregiver Reeducation, Reemployment and Retirement (3R) Act, and the Love Lives On Act. This has become controversial because the funding mechanism sees limits and cuts to future VA Disability ratings for Tinnitus and Sleep Apnea for future rated VA Disability. MOAA sees this compromise as a pragmatic reality; it's undesirable, but a necessary tradeoff to prevent critical benefits from stalling indefinitely. Unfortunately, several other VSOs like VFW are adamantly opposed to TCVA and MOAA's stance of support for this bill.

Stay Informed

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Events

- **Aug. 26**, 2 p.m. EST: [MOAA Webinar: Your Introduction to Space-A Travel](#)
- **Oct. 8**, [Fleet Week Special Event](#)
- **Dec. 5th** – Holiday Luncheon

I hope to see many of you members at our next General Membership meeting on 10 Sept, Thursday at the Point Welcome Room, CGI, 11 am to 1 pm. Reminder that our speakers will be the CEO of USS Potomac with FDR's Grandson (Exec Board).

Lastly, reminder to reiterate the National MOAA mission: "To preserve and protect earned benefits for our uniformed services, Veterans, their families, and surviving spouses through advocacy, leadership, education, and service". See you all on 10 September.

Paul Gonzales
pkg666@aol.com

General Membership Meeting Sep. 10th

- 11:00 – 12:00 Social hour & lunch
- 12:00 – 13:00 General business & Guest Speaker
- [Zoom](#) starts at noon. Click [here](#).

AlamedaMoaa.Org

Opportunity to Serve on the Board

Dan Bitner

It's that time of year! We are looking for the next group of dedicated members to join our Chapter's Board of Directors. Serving on the board is an excellent opportunity to help shape our chapter's future and support our community, as well as the CALMOAA and MOAA National Missions. If you have never served, I highly encourage you to take advantage of this opportunity!

Available Roles & Description Beginning January 2027:

- **Chapter President** (Elected): Directs overall chapter operations by leading all chapter and board meetings, proposing strategic initiatives for the group's success, appointing and conferring with committee chairs, and acting as a voting member on all committees except the nominating committee
- **1st Vice President** (Elected): Serves as the primary successor and backup for the presidency, which includes acting as parliamentarian, running meetings when the President is absent, taking over the role if a vacancy occurs, and assisting the president with special tasks as assigned
- **Treasurer** (Elected): Oversees the financial health of the chapter by collecting annual dues, paying authorized expenses, keeping records open for board inspection, and maintaining signature authority over the bank account

Nominations Process Overview:

- July / August: Solicit interest in serving from the general membership as well as our current board members
- October: The nominees for next year's board will be shared with the general membership via email
- November 12th: Official voting by the full membership body If you are interested in volunteering, please contact [Dan Bitner](#).

Membership

Rudolf Bredderman, Membership Director

At the end of July, our total membership total was 69, five are active-duty members and two are new members in 2026. I understand that our Chapter participants in the Coast Guard birthday event on CGI on August 4th recruited three new Chapter members but as of yet, I have not received the membership applications.

Our Chapter dues remain \$20 for regular members who are not on active duty and \$5 for spouses and surviving spouses, on an annual basis, i.e. January through December.

Chapter membership can be renewed by sending me a check at the address shown on the Membership Application or pay [here](#)

MEMBERSHIP DUES

Easy pay [here](#)

Want to write a check? Send to the Alameda County Chapter, MOAA, c/o Rudolf Bredderman, 35923 Romilly Court, Fremont, CA 94536.

- \$20 regular members
 - \$5 for Surviving Spouses and Spouses
 - Free for Active-duty
-

Chapter membership can be renewed by sending me a check at the address shown on the [Membership Application](#).

If and when you meet other military officers living or working in our vicinity, please make them aware of MOAA and put in a good word about our Alameda County Chapter. If you are a member of another military related organization, ask other officers who are members of that organization if they would consider joining our Alameda County Chapter. Send me their contact information; i.e., telephone number, mailing address, or an email address for them and I will contact them. It would be best if you could have them join us in a Chapter meeting.

If you are being transferred or just moving, please let me know. Please let me know of any changes to your contact information, i.e., telephone number, mailing address and/or email address. The best way is to send me an email bredderman@sbcglobal.net.

Here is our [Membership Application](#).

General Meeting Guest Speaker

Jennifer Pettley is executive director of the USS Potomac Association, which owns and operates the USS Potomac, Franklin D. Roosevelt's historic presidential yacht at Jack London Square in Oakland.

Born and raised in the Bay Area, Jennifer began her career at the Port of Oakland working with Matson Navigation and United States Lines. She later spent many years in marketing, public relations, and fundraising in the health care industry, earning a master's degree in public administration along the way.

After the pandemic, Jennifer found her way back to her maritime roots. Drawn by her love of history, the water, and ships, she first became a volunteer with the Potomac Association. When executive director Ford Roosevelt retired more than three years ago, Jennifer stepped into the leadership role. Since then, she has been tirelessly working to raise awareness of the Potomac - a National Historic Landmark - and to share the remarkable story of the ship and her place in American history.

For Jennifer, preserving the Potomac is about more than caring for a historic vessel—it is about bringing Potomac's stories to life and helping new generations connect with an important chapter of our nation's past.

Coast Guard Island, Gresham Room (next to Point Welcome)

Lunch: \$15 per person, pay [here](#) or at the door

Dress: Business Casual

Base Access Contact: LTC Rodney Grayson, secretary@alamedamoaa.org, (925)337-0241

Save the Date – Fleet Week Special Event

Ramona Chávez

JOIN US FOR A SPECIAL FLEET WEEK EXPERIENCE

- ★ Airshow viewing
- ★ Historic ship access
- ★ Food & beverages
- ★ Great company
- ★ Support ROTC scholarships

Thursday, October 8th

Honoring Service. Supporting Future Leaders.

Proceeds benefit the Alameda MOAA ROTC Scholarship Fund.



★ **MORE DETAILS TO FOLLOW!** ★

Legislative Update

James “Skip” Phair, Legislative Director

It is the middle of August and the two-year session of this California Legislature is coming to a close. Active bills have been referred to the floor for a vote and the Governor Newsom’s signature. The remaining bills are being held in suspense and will die.

Only a couple bills that passed their first house remain. [SB 296](#) *Property taxation: exemption: disabled veteran homeowners*, which expands the 100 % disabled Veterans’ homeowner property tax exemption to 50 percent assessed value or 100 percent for low-income households, is active. It has been amended to apply for up to \$1 million in assessed value. [AB 2219](#) *Fast Service for Veterans Act*, which improves CALVET and county VSO’s ability to assist Veterans with claims for benefits by implementing a state-wide work queue and improved training is on the Consent Calendar.

The big disappointment is the failure of [SB 1407](#) *Personal Income Tax Law: exclusions: military retirement pay: survivor benefit pay*. This bill would have changed California’s maximum gross income exclusion for uniformed service retirement pay and survivor benefits pay from \$20,000 to \$40,000. Also not moving forward is [SB 888](#) *Disabled Veterans’ exemption household income*, which would have excluded disability pay from household income when calculating income for the low-income disabled veteran’s homeowners’ property tax exemption. Lastly, [SB 1201](#) *CalFresh veteran eligibility*, would have requested a Federal waiver to exclude veteran’s job-hunting expenses from income when vet eligibility for SNAP was held with no reason.

For the remainder of the year, it is time to determine which candidates for positions of state leadership and legislature will support Veterans and their families.

One Powerful Voice. One Lasting Commitment.

Tools

California Legislature Position Letter Portal <https://calegislation.lc.ca.gov/Advocates/>

Sign up for Campaign Notifications: <https://calcommanders.org/take-action/>

Talk with your representatives!

CA: findyourrep.legislature.ca.gov

National: usa.gov/elected-officials

Engage with your community: Ask for letters of support to be sent to Committees, Governor

Join the discussion on Discord: <https://discord.gg/2Pyesk4c>. Check in daily for updates and to engage with other Veterans.

Social Media Resources

In case you do not follow, there are four great ones you should consider:

Get Involved!

- Big DOL LinkedIn: [U.S. Department of Labor | LinkedIn](#)
- Big DOL Twitter/X: [U.S. Department of Labor \(@USDOL\) / X](#)
- DOL VETS LinkedIn: [Department of Labor Veterans' Employment and Training Service | LinkedIn](#)
- DOL VETS Twitter/X: [VETS_DOL \(@VETS_DOL\) / X](#)

Jordan Recognized for Military Service

Alameda County Veterans Affairs Commission held a ceremony to honor the military service of one of our Alameda County Chapter MOAA members, Major Sidney Jordan's. Jordan served in the U.S. Army spanning World War II, the Korean and Vietnam Wars. The ceremony will take place at the Hayward Veterans Memorial Building. A bench engraved with Jordan's name will be placed in Hayward.



Major Sidney Jordan honored for his duty and service with a commemorative bench at the Hayward Veteran Memorial building. Pictures: Left, Major Sidney Jordan shares his story on his decorated Army career. Middle. Left to right, Alameda MOAA Chapter Board members Ramona Chavez, Fred Jaffin, Rudolf Bredderman, Perry Milton, Sidney Jordan. Right. Tom Jordan (Sidney's son), and Sidney Jordan.

Welcome to your August wellness briefing! Whether you're in coastal Alameda or warmer Livermore, maintaining a tactical advantage over your health is a lifelong mission. Here is your actionable guide to optimizing physical fitness, nutrition, and healthcare coverage in the East Bay.

1. Microclimate Movement & Joint Readiness

- Adapt your physical activity to local regional weather variations:
- Low-Impact Strolls: Use flat paths like the SF Bay Trail to maintain cardiovascular endurance without excessive joint stress.
- Warm Up for Wind: Chilly marine winds stiffen joints; dedicate 5-10 minutes to a dynamic indoor warmup before heading out.
- Shaded Paths: In Pleasanton or Livermore, exercise early on shaded trails to avoid peak afternoon heat.

2. Tactical Hydration Blueprint Stay hydrated as needs shift with Alameda County's deceptive coastal winds:

- Ambient Hydration: Switch to room-temperature water or herbal tea on foggy mornings to maintain your baseline.
- Prevent Cramps: Eat seasonal stone fruits, cucumbers, and tomatoes to naturally fight muscle cramps with potassium and magnesium
- Vision Protection: Wear polarized, UV-blocking sunglasses to combat coastal glare, even on overcast days.

3. Navigating VA Healthcare & Benefits Navigate the VA system effectively using these local Alameda County assets:

- Bypass the Traffic with Community Clinics: You do not need to fight Bay Area bridge traffic for routine medical needs. The Oakland VA Clinic (on MLK Jr. Way) handles primary care, mental health, and lab work for the west side of the county. If you live inland, the Livermore VA Division offers comprehensive outpatient services, including dental and specialized clinics.
- Same-Day Claims Support in Hayward: Skip the long phone wait times. The Alameda County Veterans Service Office (CVSO) runs a walk-in service center at 22225 Foothill Blvd in Hayward – find more info [here](#). Their accredited officers can help you file new disability claims, track existing appeals, or secure local transit vouchers for medical appointments.
- My HealtheVet: Use the portal to message your team, view appointments, and order mail-delivery prescriptions.

4. Maximizing Dual Coverage: TRICARE & The VA Retirees with "dual coverage" can choose between systems based on their medical needs:

- VA Care: Best for service-connected conditions; full cost coverage and \$0 copays for certain priority groups.
- The TRICARE Hat (Civilian Network Care): For non-service-connected conditions or routine family health needs, you can use your TRICARE retiree coverage (like TRICARE Select or TRICARE For Life). This allows you to bypass VA facilities entirely and see approved civilian specialists or use local community hospitals across the East Bay.
- The TriWest Integration Advantage: TriWest Healthcare Alliance is the managed care contractor handling the TRICARE West Region. Because TriWest manages both the civilian TRICARE network and the VA's Community Care Network (CCN) in California, getting

specialty care referrals authorized between local civilian doctors and the VA system has become significantly more streamlined.

- Pharmacy: Use VA pharmacies for maximum savings; use TRICARE home-delivery for maintenance meds from civilian doctors.

End of the Summer

Sue Gonzales, Surviving Spouse Liaison

August brings back memories of the last month of summer vacation, going camping, fruit picking (fresh peaches and watermelons) and getting prepared to go back to school. Though nowadays, school begins in August! August is also known as the hottest month in the Northern Hemisphere, many locations have been experiencing this for the past month or so. It's also the time of year to witness the Perseid meteor shower.

Fun Facts:

Did you know that August was originally called Sextilis? It was the sixth month of the early Roman Calendar. It was named after the first Roman Emperor Augustus Caesar and only had 30 days. It was changed to 31 days to be equal in length to July, which was named after Julius Caesar! And the Anglo Saxons called August Weed month because weeds grow very fast at this time of year! August has unique birthstones, including peridot which forms in molten lava as well as sardonyx and spinel. The birth flowers are the gladiolus and the poppy.



I have been a member of the **MOAA Surviving Spouses Virtual Chapter** for a couple of years now and enjoy hearing the conversations and experiences of other surviving spouses as well as spouses of uniformed services officers. There are no dues and meetings are held monthly on the third Tuesday, January – October via Zoom. If you are interested in joining this wonderful group of people, the link is located here <https://www.moaasurvivingspousevirtualchapter.org/> You can also email mssvc02@gmail.com and request an application to join or just click on the link to “Join the Virtual Chapter”. They also have a Book Club that meets on the Monday of the same week. Every year they send out a list of books (both fiction and non-fiction) that will be discussed. Even if you don't have the chance to read the book, it just might peak your interest in reading it.

PGA HOPE - Helping Our Patriots Everywhere



PGA HOPE (Helping Our Patriots Everywhere) is the flagship military program of PGA REACH, the charitable foundation of the PGA of America. PGA HOPE introduces golf to Veterans and Active-Duty Military to enhance their physical, mental, social, and emotional well-being.

Fall sessions start in September! Find your course here: [PGA HOPE - Northern California Section](#)
###

2026 Alameda MOAA Board of Directors

ELECTED POSITIONS

- President: LTC Paul Gonzales, USA (ret.)
- Immediate Past President: CAPT Fred Jaffin, USN
- Treasurer: Maj. Dan Bitner,
- Secretary: LTC Rodney Grayson, USA
- Surviving Spouse Liaison Mrs. Susan Gonzales (spouse)

APPOINTED DIRECTORS

- Director of Membership: CDR Rudolf Bredderman, USN
 - Membership Committee: MAJ Sidney Jordan, USA (ret.) and LTC Jason Kuroiwa (ret.)
- Legislative Affairs: COL James “Skip” Phair, USA (ret.)
- Personal Affairs: CAPT Susan Stewart, USN (ret.)
- Director of Programs: CAPT Perry Milton, USN (ret.)
 - Program Committee: CDR Lance Sopera, USN (ret.)
- Director of Communications: Capt., Ramona Chávez, USAF (ret.)
- Director of Scholarships: LTC Paul Gonzales, USA (ret.)
- Facilities Coordinator: LCDR Jerry Jacobs, USNR (ret.)
 - Facilities Committee: LTC Rod Grayson, USA (ret.), LTC Paul Gonzles, USA (ret.), LTC Ingo Biscoff, USAR
- Assistant Treasurer Mrs. Marvera Kline (Spouse)

Membership in National MOAA

Rudolf Bredderman - Acting Membership

According to our Chapter roster in the national MOAA database, all of our 2026 members who are eligible for national MOAA membership are members of MOAA national except for one of our newest Active-Duty members. Forty-two are LIFE members and eight are Premium members at the national level. Ten (including 4 Active-Duty Members) of our Chapter members are “Basic” members of MOAA national. MOAA is encouraging all “Basic” members to become either “Premium” or “LIFE” members, i.e., dues paying members. It is important that Chapter members who are Premium (Annual) members of national MOAA keep their national MOAA membership current with the payment of annual dues; or upgrade to “LIFE” membership in national MOAA.

Please visit the national MOAA website <https://www.moaa.org> . It provides current information of significance to military personnel, active, former and retired and to spouses of military personnel; and it is easy to navigate. Access to much of the MOAA website requires logging in as a MOAA member. To

do so, you will need to enter your MOAA membership number, and you will have to create a password. If you do not know your MOAA membership number, please contact me bredderman@sbcglobal.net or (510) 796-2485. I should be able to tell you your MOAA membership number. If you have a problem logging in to the MOAA website, email <msc@moaa.org> or call 1-800-234-6622 for assistance.

When you log in to the MOAA website, check your profile to make sure it is up to date. Please keep your contact information in the national MOAA database up to date. I can review it, but I cannot change it. Members can contact Member Service Center at 1-800-234-6622 or email msc@moaa.org and one of MOAA's Member Service Representatives would be happy to update the necessary information.

MOAA Membership Costs as of 1 January 2024

Basic MOAA membership is FREE!

Premium (Annual) Membership: Annual Dues

	<u>Regular Members</u>	<u>Surviving Spouses**</u>
One Year	\$66	\$60
Two Years	\$112	\$102
Three Years	\$149	\$135

Note** If you are the surviving spouse of a military officer who was a LIFE Member of MOAA, you are a LIFE Member of MOAA and do not pay annual due.

Life Membership: LIFE membership costs vary from \$921 for someone 49 years old or less to \$107 if you are 95 to 99 years old. If you are over 100, LIFE Membership is FREE. LIFE membership passes to your spouse if you predecease your spouse.

MOAA membership is incredibly significant when MOAA lobbies Congress on issues important to the military community. To join national MOAA visit <https://www.moaa.org/content/join-moaa/why-join-moaa/>

If you need help in becoming a member of national MOAA, let me know. If I have your written permission, I can sign you up to be a "Basic" MOAA member at no cost. The best way is to send me an email <bredderman@sbcglobal.net>



National MOAA and the Alameda MOAA Chapter are nonpartisan organizations.

To join, visit <https://www.moaa.org/content/join-moaa/why-join-moaa/>

You defend the country. We defend your benefits.

[Join Now](#)

Resources at Your Fingertips

- [MOAA's Retirement Resources](#)
- [California Department of Veterans Affairs](#)
- [Alameda County Veterans Services](#)
- **Need a DD-214?** Visit <https://www.va.gov/records/get-military-service-records/>
- **DOL VETS:** <https://www.dol.gov/agencies/vets> The U.S. Department of Labor is the Congressionally mandated lead agency for programs and services to Veterans, transitioning service members, and military spouses.
- **Alameda, MOAA Board Members for 2021:** <http://www.alamedamoaa.org/Chapter-Officers>
- **MOAA Alameda Membership/Renewal Application** Last page of newsletter or online here: <http://www.alamedamoaa.org/Join>
- **MOAA National application** <http://www.moaa.org/Content/Join-MOAA/Why-join-MOAA.aspx>
- **Alameda Chapter Editorial and Privacy Policy:** <http://alamedamoaa.org/Editorial-and-Privacy-Policies>
- **MOAA Legislative Update/Action Center:** <http://alamedamoaa.org/Legislative-Update>
- **Useful Websites for California Veterans**
- **CA Legislation:**
<https://leginfo.legislature.ca.gov/faces/billSearchClient.xhtml>
- **California State Senate:** <http://senate.ca.gov/>
- **California State Assembly:** <http://assembly.ca.gov/>
- To find CA Law, including the Military and Veterans Code: <https://leginfo.legislature.ca.gov/faces/codes.xhtml>
- Find your State and Local Legislator: <http://votesmart.org/>
- **CALMOAA Facebook:** <https://www.facebook.com/groups/582556558468846>
- Northern California Coast Guard Retiree Council Website is NCCGRC.org
- PACT Act General PSA (30) : https://youtu.be/Rj1Eo0C_UNE
- PACT Act General PSA (15): <https://youtu.be/1-MPpbhRPS0>
- PACT Act Veteran PSA (30): <https://youtu.be/tuIW0c76pC0>
- PACT Act Veteran PSA (15): <https://youtu.be/ohaeNLC6fRY>
- PACT Act Doctor PSA (30): <https://youtu.be/0qEf3wEr81A>
- PACT Act Doctor PSA (15): https://youtu.be/P4Z04L16_2A
- PACT Act Caregiver PSA (30): https://youtu.be/fDGw1ykpQ_0
- PACT Act Caregiver PSA (15): <https://youtu.be/W94lGxmqlFo>
- PACT Act Caregiver PSA (Spanish, 30): https://youtu.be/l9o42_7COmY
- PACT Act Caregiver PSA (Spanish, 15): <https://youtu.be/AzrE5Gdrejc>
- PACT Act Benefits PSA (30) : <https://youtu.be/LDH5rcSW0q0>
- [TRICARE For Retirees](#)
- [TRICARE For Life](#)
- [MEDICARE](#)
- [Social Security Administration](#)
- [Veterans Health Administration](#)
- [National Cemetery Administration](#)
- [Veterans Benefits Administration](#)

2026 Alameda MOAA Membership Application

Please Check One ☐ New Member ☐ Renewal ☐ Officer ☐ Spouse ☐ Surviving Spouse	Please Check One Name and Rank of qualifying officer's spouse:
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Military Status (please check one)

☐ Active-duty ☐ Retired ☐ Guard/Reserve ☐ Former / Inactive

U.S. Service (please check one)

☐ Army
☐ Navy

☐ Air Force
☐ USPHS

☐ Coast Guard
☐ U.S. Space Force

☐ Marine Corps
☐ NOAA

Date: mm/dd/yyyy **National MOAA #*:** _____

**National MOAA # not required; however, you can acquire free basic membership
at: <https://www.moaa.org/content/join-moaa/why-join-moaa/>*

Name: _____ **Rank:** _____ **Date of Birth:** mm/dd/yyyy
Email: _____ **Phone:** _____
Address: _____ **Apt:** _____ **City:** _____ **State:** _____ **Zip Code** _____
Spouses Name: _____

I am interested in participating in a Chapter office or committee ☐ Yes ☐ No

Membership is for the calendar year commencing 1 January of each year.

Annual Dues: 1) **Active-duty:** \$0 2) **Regular:** \$20 / \$10 if joining after July 1 3) **Spouse/Surviving Spouse:** \$5

New Members: Please attach a copy of your military ID, DD-214, or other proof of service as a military officer.

Make checks payable to: ALAMEDA COUNTY CHAPTER, MOAA or Easy Pay [here](#)

Submit: Can be filled out electronically and emailed to alamedamoaamembership@alamedamoaa.org or mail
MOAA Alameda County Chapter, c/o: Rudolf Bredderman, 35923 Romilly Court, Fremont, CA 94536.

MOAA – ONE ASSOCIATION, ONE VOICE – YOURS

