

TROOP 537

Summer Weekend Backpacking Personal Equipment List

Wear or carry in pockets:

- Boonie hat
- Mosquito headnet
- Troop T-shirt
- Underwear, moisture wicking preferred
- BDUs with belt & buckle
- Hiking socks
- Hiking boots, waterproof
- Backpack, properly fitted
- Hiking staff
- Compass
- Pocket knife (must have Totin' Chip)
- Gloves

Carry where it is readily accessible:

- Survival kit
- Water bottle(s), at least 2 quarts/liters total
- Rain suit and backpack cover, or backpacker's poncho
- Headlamp/Flashlight
- Insect repellent (max 30% DEET)*
- Sunscreen (min. 25 SPF)*
- Chapstick/lip balm*
- Toilet paper in Ziploc bag

Carry inside or attached to pack:

- Lunch for each day on the trail – not to exceed 8 oz. per day
- Money for food when traveling to/from trip – about \$10
- Equipment:
 - Sleeping bag in waterproof bag
 - Sleeping pad
- Personal Toilet Kit:
 - Toothbrush
 - Toothpaste
 - Soap
- Personal Kitchen Kit:
 - Hiking cup
 - Plate or bowl, metal or plastic
- Clothing:
 - Troop T-shirt
 - Underwear, moisture wicking preferred
 - Hiking socks
 - Flannel shirt/sweatshirt/fleece
 - 30 gallon garbage bag
 - 3 - 1 gallon Ziploc bags
 - Backpacker's towel
 - Medications (as necessary & turn into adults)
 - Eating utensils, metal or lexan – no plastic
 - Wool or fleece cap
 - Swim trunks
 - Water shoes/Lightweight shoes

Optional:

- Personal Study Kit:
 - Notebook (5x7, about 20 pages)
 - Personal (pocket) Bible
- Other Items:
 - BDUs
 - Watch
 - Extra flashlight batteries
 - Underarmor
 - Camera
 - Watch
 - Fishing License & Equipment
 - Merit badge books (if required)
 - 2 - Pencils
 - Comb, if appropriate
 - Scout Handbook (if under 1st Class)
 - Matches in a waterproof container
 - Sunglasses with retainer strap
 - Powder*
 - Paper towels
 - Trowel

* Items that must go into Bear Canister