

ANN FRANCES OUTREACH FOUNDATION



September 2026

Grateful in All Seasons

Hello friends! As we head into this new season, with kids going back to school and the weather finally giving us a break from extreme heat and humidity, we are reminded how important it is to be grateful in all seasons.

In this edition, you'll find examples of amazing volunteers who help make so much possible. If you have lent a hand during our 6 years, we hope you know how incredibly grateful we are for you! If not, we invite you to find out more and consider joining us in caring for those in our community who are facing housing and food insecurity.



LaToya Prepares produce for Chat & Chew delivery

Regardless of what season you find yourself in, we hope you understand how much you matter. May we all seek out and receive the care and support we need in various aspects of our lives, and find avenues of giving out of gratitude to support others.

Kelly & Kiki Founders



Weekly Norristown Outreach in the summer rain

Chat & Chew

Each summer, the foundation enjoys connecting with local seniors once a month, providing fresh produce to those with limited access. It is a privilege to spend time chatting with individuals during deliveries. We hear stories about grandkids, get updates on the weather, and receive prayer requests.

We are grateful for the generosity of those who have donated towards providing produce and those who helped to pack and deliver fruits and veggies! There is one more delivery coming up later in September. Please reach out to us if you would like to help!



Volunteer at Swede St Community



Providing produce in Norristown

Ann Frances Outreach Foundation is dedicated to serving the most vulnerable with love and compassion, bringing growth to our communities, and helping to end homelessness by partnering with trusted local businesses.

Serving Berks, Chester, and Montgomery counties.

Donation Collection at Redner's

Did you know that the Ann Frances Outreach Foundation receives calls nearly every day for grocery assistance? This past summer was no exception. With rising prices of many everyday items, families have been struggling to provide nutritious meals.



Kingston helps at Redner's



Donations from generous shoppers at Redner's

We invite you to consider helping out on one of the upcoming donation dates. Please give us a call or sign up using the QR code below. All ages and abilities are welcome.

UPCOMING:
Sept 5th
Oct 10th
Nov 7th
Dec 5th



Imani, Kiki, and Kelly promoting the summer fundraiser at Redner's

Lend A Hand!

All abilities are welcome to join us as we tackle a few projects at Swede Street Apartments
September 19th 9am - 1pm



Annual Gala

You are warmly invited to our annual Gala held at Shady Maple Banquet Hall on October 8th. Please RSVP @ annfrances.org



Jaden and Peter unloading water at Norristown outreach.

Volunteering Throughout Life

Since the foundation's beginnings in 2020, we have been blessed with talented and generous volunteers at a variety of stages of life. Kids have volunteered alongside parents or grandparents; colleagues have worked together to build teamwork outside the office; teenagers have found fulfillment in helping others in their community; empty-nesters and retirees have found ways to use their expertise and skills to benefit those in need; and so much more.



Men's group from a local church helps at Swede St Community, 2024

As a small non-profit, we are able to accommodate a variety of volunteers, finding roles for people of all ages and ability levels. Whether you have an hour on a Saturday or the ability to help out on a weekly basis, we welcome you to connect with us to find a way to get involved.

- school/civic groups
- church groups
- families, friends
- individuals



Head to our website to find out more about the Ann Frances Outreach Foundation and explore ways to join the mission.

www.annfrances.org



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