



September 1,2,3 Training 9- noon

Weeks Field parking lot next to tennis courts (3 Cedric Road)

Arrival parking lot next to tennis courts (3 Cedric Road) between 8:45 and 8:55. **NO EARLIER**

Parents please remain in your cars when dropping your kids off each morning. Parents are asked to leave the complex and not to gather with others. (Masks must be worn if parents leave their cars)

VERY IMPORTANT**** that you follow this Player Screening...Keeping everyone safe Players must undergo a brief health-screening at home daily before attending each day to ensure it is safe for them to train with others.

If the player does not pass their **HOME health screening** before training they will not be allowed to train. It is important that this is adhered to....

Parents...Each player *should not play* if they answer *yes* to any of the below:

Fever or chills, Cough

Shortness of breath or difficulty breathing

Fatigue

Muscle or body aches

Headache

New loss of taste or smell

Sore throat

Congestion or runny nose

Nausea or vomiting

Diarrhea

**Please fill out this form and submit. (link below)
The form is also included in this PDF (page 2). It
is required. You can bring it the first day.**

<https://twellmansoccer.com/covid-19-agreement>

Do you have a household or close contact who has been diagnosed with COVID-19 in the past 2 weeks?

For all Players: Daily Training Needs

Participants are required to wear facial coverings except:

During high intensity aerobic or anaerobic activities. When distancing of 6 feet or more is possible between participants whenever feasible; or for individuals that are unable to wear a face covering due to a medical condition or disability.

Players should arrive ready to play. (Shoes , masks and shin guards on)

All players should bring their own water bottles (plenty of water), a small snack and their own hand sanitizer. **WE DO NOT PROVIDE WATER.** Nothing else should be brought to training.

Please bring a ball with their name on it. All players must have a ball.

The participants will be separated into small groups of players to train safely and distanced from coaches and teammates.

Players will be informed which field and which quadrant they will begin training in.

Training sessions are for 9-NOON...We will start dismissal at 11:45 to minimize crowding at departure.

Daily Training

Players must bring a ball each day. We do not have extras and players cannot share a ball with others. There will be approx.10-12 players in each group. Each small group will be their own training area, Players will keep their ball, water and hand sanitizer with them at all times.

If a ball leaves a player's area coaches will retrieve the ball for the player.

Departure

Parents will pull up to the designated area in the parking lot and remain in their cars.



This form needs to be completed before your child can participate in the clinic.

Thank you for deciding to register for our trainings. In order to try to maintain the health and safety of all participants and staff, we would ask each parent to review the information below and then complete the form that follows.

I agree that I will adhere to the following rules:

Any player who is sick, has a persistent cough, is running a temperature or is displaying any symptoms suggesting that the individual may be ill, (from any contagious malady, including cold, flu, or suspected corona virus) will be prohibited from attending the clinic.

A participant who is displaying any of these symptoms will be safely isolated until an adult responsible for the participant can come to pick up the participant.

It is understood that prior to participation that:

I will take my child’s temperature prior to them attending all sessions. If my child has a fever they will not attend the session.

The player has had no close contact with a sick individual or anyone with a confirmed case of COVID-19. The player has not had a documented case of COVID-19. If they did have a documented case, they have since received confirmation that the virus is no longer present in their body through a negative test result.

The player is not currently demonstrating or suffering from any ill symptoms including the following:

- Fever or chills, Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



Players name: _____

I agree with the above: YES _____

Parents / Guardians Name: _____

Parent / Guardians EMAIL: _____