

### June 8,9,10,11

**@Villa Duchesne/Oak Hill Fields Boys / Girls ages 6-14** 

Full-Day 9-3 p.m. \$275 per player Half-Day 9-noon \$195 per player

Early drop off (after 8:15) Late pick up can be arranged

(Ball and T-shirt included)



## **Summer Soccer Camp**

Our goal is to provide parents the best opportunity for their kids to play without criticism ... helping young players build confidence

"on and off the field" " Tim Twellman

#### **Sample of Daily Schedule:**

9:00-9:45 Group Warm-Up With Ball.

9:45-11:15 Skills Circuit: Dribbling, Shooting, Passing, Receiving.

11:15-Noon Group Soccer Games. *Noon Half-Day Campers Are Dismissed.* 

Noon-2:00 Lunch Movies Non Soccer Activities (BEE Vou)

2:00-2:15 Small Group Training Warm Up 2:15-3:00 Small-Sided Soccer Games.

### **BackYard Soccer**

The Full and Half Day training will consist of small-sided games throughout the day.

What does "Small- Sided Games" mean?

These are soccer games with fewer players competing on a smaller sized field. We want our young soccer players to have more touches on the ball and individual teaching time with the coach.



#### Introducing Bee You (see pdf)

The Benfits of Youth Empowerment through simple activities Empowering Girls to BEE themselves Empowering Boys to BEE themselves

**Register Today** 

www.TwellmanSoccer.com

**Please Note:** We will be showing a soccer video during each lunch hour.

Full day campers need to bring lunch. We will provide a cold drink each day. Outdoor shoes, Tennis shoes, Sunscreen, shin guards, snack and water are needed.

Bad Weather: Camp is never cancelled. We will adjust and provide instructions through email.



# Bee You

The Benfits of Youth Empowerment

# Empowering Girls to BEE themselves Empowering Boys to BEE themselves

Soccer Training that concentrates on technical training and functional drills.

#### **PLUS MUCH MORE**

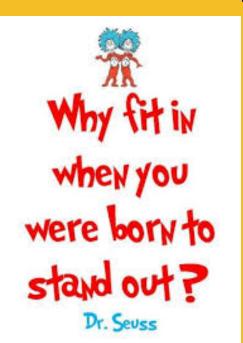
Increasing self-awareness

visualization and goal setting.

We are introducing, as part of our summer camp and all of your porgrams our "off the field" personal development through simple but effective activities.

Learning new skills, including communication,

Developing self-respect and self-esteem



Stay in touch with our latest *Bee You* developments www.twellmansoccer.com/contact-us.html

Building strengths and talents
Improving health and creating good habits
Enriching social abilities
Most importantly by giving them the hope that their dreams are achievable

Some of the issues young people face will be addressed:



Directed by Alexandra Twellman