

## AUTUMN 2021 REOPENING PLAN

Your patience while you wait for information about the autumn program is much appreciated. We understand that many of you are looking forward to returning to the Community Centre to partake in fitness courses or meet up with friends. The plan is to glide from a virtual Club to an onsite club in the safest and easiest way possible. A "normal" session may take a few seasons. The pandemic is a fluid obstacle that we will continue to navigate. When you enter the Community Centre you must continue to follow the provincial health care measures which include wearing a face mask, disinfecting hands and not entering if you are not feeling well. With your cooperation we will successfully reboot the Club and offer a thriving leisure program for the well-being of seniors. The reopening will start with 3 phases and we will adjust according to the situation.

The Club will offer a hybrid autumn session scheduling both virtual and on-site courses. The on-site program will have a reduced class size and will be limited to 15 participants. <u>The Club reserves the right to limit access</u> to one onsite course per member during the autumn session, thus allowing more seniors to have the opportunity to take part. We encourage people who are at ease with the virtual option to continue to do so. If you do register online and a course is full, please put yourself on the waiting list. As we are all aware, things are always changing and a spot can open up. If you can register and pay online, please do not show up during on-site registration. Staff and volunteers will be on hand to help those who cannot and we want to avoid a large group gathering.

Membership has its privileges. Though the Club will not be able to offer the same number of activities and courses as pre-pandemic times, we will do our best with your support to increase the number of participants and activities to keep our members active. Membership does not guarantee registration to a course or an activity, but provides the opportunity to sign-up. As a Regular Member, a DDO resident 55 years and older will have priority registration period. The Associate Member can also register, but only after the priority period is over and available space. Until further notice, the Club will only take returning non-resident members as Associate Members. To note: only 2021-2022 members who have paid their membership fee will continue to receive emails or mailings.

## PHASE 1 MEMBERSHIP RENEWAL IN PERSON ONLY (SEPTEMBER 13 – 17) DOOR # 5A OF THE COMMUNITY CENTRE

DDO Residents \$ 30 (including taxes)

Non-Residents \$ 50 < Returning non-residents only> (including taxes)

Current members of the Club will be asked to renew during the week of September 13. <u>Membership renewal</u> <u>must be done in person</u> because the Club will require to see proof of vaccination with two doses. Please know that we do not want seniors to show up at the same time, so an alphabetized schedule has been put into place allowing for few people to come into the Community Centre at the same time. If it is <u>not</u> your scheduled time, we will <u>not</u> be able to process your membership. One person can renew the membership per household and remember to bring proof of vaccination. Course registrations cannot be done at this time.

Only those members who have renewed their membership on-site will have privileged access to online registration or on-site registration <u>scheduled for the next week</u>. To reiterate, during the course registration period we expect only members who can not register for courses on-line or pay on-line to come on-site.

Sept 13 - 17	Monday	Tuesday	Wednesday	Thursday	Friday
10 am – 12 pm	A, B, Z	F, G, H, Y	M, N, O		S, T
1 pm – 3 pm	C, D, E, V	I, J, K, L	P, Q, R, U, W, X		

## PHASE 2 **REGISTRATION FOR FITNESS, LINE DANCING & CRAFTING COURSES** (SEPTEMBER 20 - 24) Courses begin the week of September 27

What to expect with on-site courses:

- You must wear a face mask at all times except when you are in your two-meter parameter during exercise. Once you leave the parameter the face mask must be worn.
- Fitness Classes will not run longer than 55 minutes. You will be obligated to clean any equipment that you may have used during the class.
- Cleaning material will be supplied by the Club.
- When the class is finished and material cleaned, kindly leave the room so that the next group can begin.
- If you are not feeling well, have symptoms of COVID or have tested positive, please DO NOT come to the Community Centre. Kindly let staff know of your status.
- If we are forced to shut down, we will encourage you to change to virtual class. It this is not possible, credits for the remainder of the session will be given.

What to expect with virtual courses:

• We will continue to offer fitness courses on Zoom until we are able to increase capacity onsite.

COURSE REGISTRATION	ENTER THROUGH DOOR 5A OF THE COMMUNITY CENTRE		
Mon. Sept. 20 & Tues Sept. 21	Regular Members (DDO) Residents only		
Sept. 20 from 10 am to Sept 24 at 4 pm	Online registration will be open during this period		
Sept. 20 from 10 am to 2 pm	Onsite REG will be open to regular members who need to come in person		
Sept. 21 from 10 am to 2 pm	Onsite REG will be open to regular members who need to come in person		
Wed. Sept. 22 to Fri. Sept. 24	Regular Members & Associate Members (Returning Members		
Sept. 22 from 10 am to Sept 24 at 4 pm	who are non-residents)		

Members are encouraged to register online. However, volunteers and staff will be on hand to help with the registration process for those members who have difficulties registering on-line.

## PHASE 3 SOCIAL ACTIVITIES, PING PONG & MODIFIED PICKLEBALL

What to expect with Social Activities:

We understand that many of you are looking forward to reconnecting with friends in person. We will do it in the most well-organized and safe way possible. Until further notice, we must continue to wear masks in public spaces and keep a minimum 1meter distance between people. For this reason, we are planning a progressive return to social activities beginning with Canasta/Samba, Social Bridge, Ping Pong, Pickleball and other games.

Before we begin to schedule these activities, we will hold information, questions and answers sessions to discuss how we can proceed safely. We will take into consideration members' interests as well as volunteer involvement when reintroducing each activity to the schedule. Bingo & Whist will be phased in a later time.

In order to attend an information session, members must sign up through Google forms found on our website, Email or call us if you are interested in attending the meeting. We will confirm the room location with those registered on the list. When possible, other activity information sessions will be organized.

Knitting	October 5 at 2 pm	Ping Pong	October 6 at 2 pm
Samba/Canasta	October 7 at 2 pm	Social Bridge	October 12 at 2 pm
Modified Pickleball	October 13 at 2 pm	Drop in recreational games	October 14 at 2 pm