

Social Well-Being Program Fall 2021				
On-Site Activities				
October 25- December 17 2021				
Monday	Tuesday	Wednesday	Thursday	Friday
Ping Pong Mini-Club 1 pm – 4 pm Gym 003	Pickleball Mini-Club 1 pm – 3:30 pm Gym 019	Ping Pong Mini-Club 1 pm – 4 pm Gym 003	Pickleball Mini-Club 10 am – 12:30 pm Gym 003	Ping Pong Mini-Club 1 pm – 4 pm Gym 003
Bridge Mini-Club 12:30 pm – 3:30 pm Room 006	Knitting Formal 1 pm – 3 pm Artisan Room	Bridge Mini-Club 12:30 pm – 3:30 pm Room 006	Free Games Informal 1 pm – 3 pm Bistro	Bridge Mini-Club 12:30 pm – 3:30 pm Room 006
Samba/Canasta Mini-Club 12:30 pm – 3:30 pm Cactus	Samba/Canasta Mini-Club 12:30 pm – 3:30 pm Cactus	Crafting Formal 1 pm – 3 pm Artisanat	Scrabble Formal 12:30 pm – 3:30 pm Room 005	Samba/Canasta Mini-Club 12:30 pm – 3:30 pm Cactus
Book Club Formal 2:30 pm – 4:30 pm Bistro October 18, November 15, December 20	Games Fun Play Informal 1 pm – 3 pm Bistro		Mah Jong Formal 12:30 pm – 3:30 pm Room 006	

Registration Information Fall 2021

Regular Members (Residents) Only	October 19 th 9:30 am - 12:30 pm October 20 th 10 am – 12 pm and 1 pm - 3 pm	On-line and on-site registration
Regular & Associate Members	October 21 st - 10 am – 12 pm and 1 pm - 3 pm October 22 nd 10 am - 12 pm	On-line and on-site registration

You must renew your membership on-site before registering for social activities.

Types of Activities

What is a Mini-Club? A mini-club is an organized group that meets at the Club more than once a week. 2 or more volunteers (plus substitutions) are assigned to the mini-club to structure the activities and support the group. There is usually a seasonal fee to pay in order to participate.

What is a Formal Activity? A formal activity is an organized group that meets once a week or once a month. 1 volunteer (plus a substitution) is assigned to the formal activity to structure the play time. There can be a fee associated with the activity.

What is an Informal Activity? An informal activity is a drop-in style activity. It may or may not be facilitated by a volunteer or Seniors Club staff member.

Description of our social activities

Book Club Formal Activity (October 18th, November 15th, and December 20th) a group of book lovers get together on a regular basis to discuss books that they have previously selected and read.

Bridge Mini-Club The card game is a trick-taking card game using a standard 52-card deck. In its basic format, it is played by four players in two competing partnerships.

Canasta/Samba Mini-Club A card game of the rummy family of games. Although many variations exist for two, three, five, or six players, it is most commonly played by four in two partnerships with two standard decks of cards. Players attempt to make melds of seven cards of the same rank and `go out` by playing all cards in their hand. Samba also allows sequences of three or more card sin the same suit to be melded.

Free games Informal Activity Play of various board games, card games and puzzles excluding the mini-club and formal activity games. Not facilitated by an animator.

Games Fun Play Informal Activity Fun, relaxed play of various board games, card games and puzzles excluding the mini-club and formal activity games mentioned above. Facilitated by an animator.

Knitting Formal Activity A group of knitters and crocheters get together and converse and create various items that are then donated to worthy causes.

Mah Jong Formal Activity A tile-based game that was developed in China during the Qing dynasty, it is commonly played by four players. We play the North American version.

Scrabble Formal Activity A crossword game enjoyed by many.

Ping Pong Mini-Club Also known as Table tennis, ping pong is an activity in which two or four players hot a lightweight ball back and forth across a table using small rackets. The game takes place on a hard table divided by a net.

Pickleball Mini-Club A combination of tennis and ping pong, usually played on a badminton court using paddles and a ball with holes. Note that Club offers modified pickle ball, held indoors in our gym.

At DDO Seniors Club, we welcome participants of all abilities.

We aim to facilitate a friendly, inclusive space for socializing.