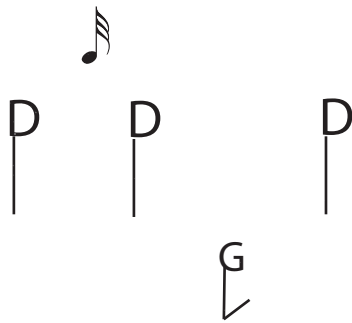


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## D Movements

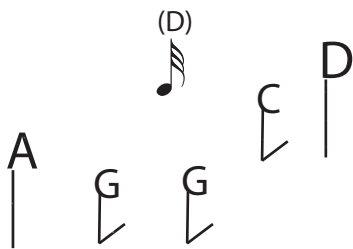
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### D Hit



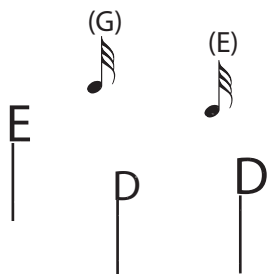
From D, play a G gracenote on D (L index),  
Then play Low G and quickly back up to D.  
In time, it becomes Gracenote, hit.  
Make sure low G is heard clearly

### D Throw



From Low A (or any other note),  
Down to Low, D Gracenote on Low G  
(R index), then play C and then D.  
This can also be treated like a grip to C,  
then D. Two Low G's need to be heard.

### Double D



From E, (or any other note), play a  
G gracenote to D. Then play and E  
gracenote (L Ring finger), on E.  
Make sure to hear two distinct sounds.