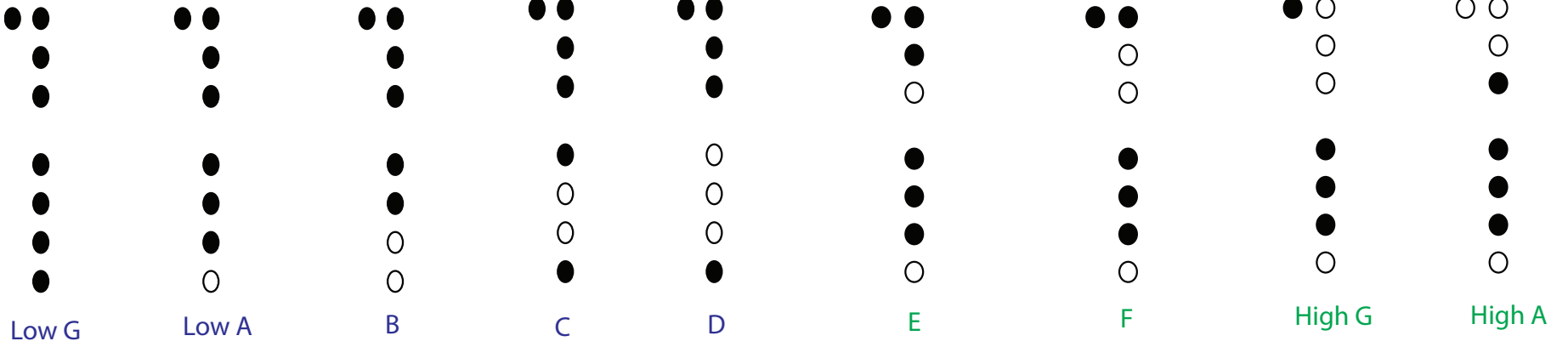


The Scale

Bottom Hand

Top Hand



Exercises:

