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Living Through His Word Foundation



RED RIBBON CAMPAIGN® Parent / School Planning Guide

2019 Issue

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#RedRibbonWeek #RedRibbonWeek2019 #SendAMessageStayDrugFree



THE OKLAHOMA CITY DODGERS IN THE COMMUNITY



Devon Energy has partnered with the Dodgers to provide free tools to teachers throughout the state of Oklahoma.

Participating teachers will receive Dodgers MVP items for their classroom, motivational tools for five students. Teachers select the criteria on which their five MVPs are chosen. Once selected, the MVPs will receive a Dodgers MVP baseball cap, a family pass to attend Dodgers MVP STEM Day at Chickasaw Bricktown Ballpark, and four tickets to a Dodgers game at which all MVPs will be recognized. Visit okcdodgers.com/MVP for more information and to sign up for 2020!

OKCDODGERS.com/MVP

The OKC Dodgers Pup Club presented by Dental Depot is a free kids club open to children ages 3 through 12. Members will receive gifts and invitations to special events throughout the year, including given official badges to wear at Dodgers games to show off their membership to the coolest kids club in OKC. Registration is are open year-round!



OKCDODGERS .com/PUPCLUB



The Dodgers are teaming up with Sonic Drive-In to encourage kids to continue their education throughout the summer.

Beginning in the spring, students can sign-up to submit the number of minutes they read per day and the titles of the books they read. A few lucky readers will be selected throughout the baseball season to win a catered entertainment suite at an OKC Dodgers game, complete with a VIP tour of Chickasaw Bricktown Ballpark and additional surprises. Visit okcdodgers.com/reading for information on the 2020 season!

OKCDODGERS.com/READING

In 2019, the Dodgers and Oklahoma City Parks & Recreation completed their second season working together to put on the OKC Dodgers Rookie League. The Dodgers will outfit jerseys and hats for all four divisions of youth baseball organized by Oklahoma City Parks and Recreation: T-Ball, 6U, 8U and 10U. (6U is also t-ball) The OKC Dodgers Rookie League is committed to enriching the lives of our youth and fostering a love of the game. The league provides a developmental, fun and safe environment for the enjoyment of the game of baseball.



OKCDODGERS .com/ROOKIELEAGUE









The Red Ribbon Campaign® is the oldest and largest drug prevention program in the nation, reaching millions of young people during Red Ribbon Week®, October 23rd - October 31st each year.



What Is Red Ribbon Week?

It is an ideal way for people and communities to unite and take a visible stand against drugs. Show your personal commitment to a drug-free lifestyle through the symbol of the Red Ribbon, October 23 - 31st.

Why?

The Red Ribbon Campaign® was started when drug traffickers in Mexico City murdered DEA agent Kiki Camarena in 1985. This began the continuing tradition of displaying Red Ribbons as a symbol of intolerance towards the use of drugs. The mission of the Red Ribbon Campaign® is to present a unified and visible commitment towards the creation of a DRUG - FREE AMERICA.

Who?

National Family Partnership is the sponsor of the National Red Ribbon Week® Celebration. We are helping citizens across the country come together to keep children, families and communities safe, healthy and drug-free, through parent training, networking and sponsoring the National Red Ribbon Campaign®.

Why Support The National Theme?

A theme unifies each year's campaign and helps to broadcast one message, creating a tipping point to change behavior.

How?

Plan a Red Ribbon celebration. Order and display Red Ribbon materials with the National Red Ribbon Theme. Proceeds from the sale of Red Ribbon theme merchandise helps support prevention programs across America. Order for your family, students, staff, patients, employees and customers and encourage them to wear the red ribbon symbol during Red Ribbon Week®, October 23rd - 31st.



Dear Educators:



Preventing alcohol, tobacco, vaping and drug abuse is a big job. It is one that must be embraced by parents, teachers, students, and the entire community. Your school has the opportunity to educate students and teachers about the dangers and consequences of alcohol, tobacco, vaping and drug use during this year's Red Ribbon Week, October 23-31st. It is an ideal way for people and communities to unite and take a visible stand against substance abuse.

The Red Ribbon Campaign was started when drug traffickers in Mexico City murdered DEA agent Kiki Camarena in 1985. This began the continuing

tradition of displaying Red Ribbons as a symbol of intolerance towards the use of drugs. The mission of the Red Ribbon Campaign is to present a unified commitment towards the creation of a DRUG-FREE AMERICA.

The Jim Thorpe Association/Oklahoma Sports Hall of Fame has composed this guidebook with the assistance of the National Family Partnership to offer educators an outline of suggested Red Ribbon activities and current information, trends, and attitudes regarding youth alcohol, tobacco, vaping and drug abuse. Your school may order and display Red Ribbon materials with the national Red Ribbon theme from the National Family Partnership website www.NFP.org.

We have listed suggested activities that your school and community can use to involve students in the Red Ribbon Drug Free Youth Celebration. If you have any questions regarding Red Ribbon Week activities or Jim Thorpe Association/Oklahoma Sports Hall of Fame's Bright Path Youth Program, please contact us at 405-427-1400 or www.oksportshof.org

Sincerely,

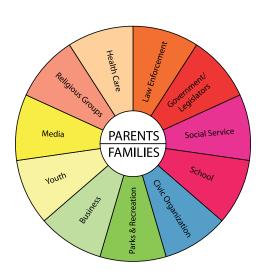
Mike James President OSHOF





Schools

- Incorporate drug prevention curriculum throughout your week. For ideas check out redribbon.org/curriculum
- Plan essay and poster contests about drug prevention
- Create theme days and coordinate fun and impactful prevention activities
- Decorate the interior and exterior of your school
- Decorate your homeroom door
- Invite parents and families to a special health fair or education program
- Organize a Red Ribbon Rally
- Organize a Miles of Quarters Campaign
- Screen Natural High videos (naturalhigh.org)



Business

- Wear Red Ribbons and distribute to your employees
- Display Red Ribbons and posters on the interior and exterior of your building
- Place a Red Ribbon message in your advertisements and monthly statements
- Sponsor a School
- Sponsor a Classroom
- Identify and share local prevention, intervention and treatment resources with your employees

Government

- Wear Red Ribbons and distribute to staff and employees
- Display Red Ribbons on interior and exterior of city and county buildings
- Encourage police and fire departments to participate in Red Ribbon Activities
- Display Red Ribbon Car Magnets on all your governmental cars
- Include Red Ribbon Message in employee pay checks and in utility bills, etc.
- Identify and share local prevention, intervention and treatment resources with your employees and outside community

Law Enforcement

- Wear Red Ribbons and distribute to staff and officers
- Display Red Ribbon Car Magnets on all your patrol cars
- Offer to speak at community programs on alcohol and other drugs

Faith Based

- · Distribute Red Ribbons at your services
- Incorporate a drug-free message into your sermon.
- Include a special Red Ribbon insert in bulletins
- Distribute Red Ribbons at your services and explain the significance of the campaign
- Hold prayer vigils for those affected by the use of drugs
- Identify and share local prevention, intervention and treatment resources with your members.

Red Ribbon Activities Guide, References and Resources. For more activity suggestions, visit www.redribbon.org/activities.

Medical

- Display a basket of Red Ribbons in the waiting room lobby for patients and family members
- Display the Red Ribbon message with posters and banners in your facility
- Incorporate screening, brief intervention and referral to treatment (SBIRT) into your daily practice

Media

- Inform the community about the Red Ribbon Campaign, encourage them to participate
- Wear Red Ribbons and distribute to your employees,
- TV Anchor person, news reporters, etc.

Everyone!

Celebrate National Plant the Promise Week - Oct. 23-31!
 During Red Ribbon Week® schools, businesses, families and youth across America will plant bulbs that will bloom and serve as a reminder to stay drug-free. In most regions bulbs that are planted during October, will bloom in April, during National Alcohol Awareness Month. Order your bulbs today!



FIVE FULL SERVICE LOCATIONS TO SERVE YOU

TUTTLE 2 S.E. 4th P.O. Box 250 Tuttle, OK 73089 381-2326 TRI-CITY 420 N.W. 32nd Newcastle, OK 73065 387-BANK

NEWCASTLE 2nd & Wright P.O. Box 1376 Newcastle, OK 73065 387-4391 KONAWA 101 N. Broadway P.O. Box 247 Konawa, OK 74849 925-3254 THE VILLAGE 10301 N. May 0KC, 0K 73120 752-2265



ESTABLISHED 1903

MEMBER FDIC

BRIGHT PATH ART & ESSAY CONTEST

The Red Ribbon Art & Essay Contest Celebration is an opportunity for people to come together and be drug free. Students are encouraged to enter the poster and/or essay contest emphasizing this year's Red Ribbon theme "Send a Message. Stay Drug Free."

Each school may submit one entry in the essay contest from each of the following age groups: 5-7, 8-10, 11-13, 14-16, 17-18. All entries become the property of the Jim Thorpe/OSHOF Bright Path Youth Program and will not be returned. First, second and third place awards will be presented in each age group for both the poster and essay contests.

Poster size: 11" x 17" preferred. Essay Contest: Must be 250 words or less and printed or typewritten.

If a student enters both of the categories and they qualify for 1st, 2nd, or 3rd place they may only be a winner in (1) category.

FNTRY FORM

(This form must be attached to the back of each entry)

Name			
School			
School Address			
Date of Birth	Age	Grade	
Name(s) of Parent(s)/Guardian(s)			
Parent(s)/Guardian(s) Phone Number			
Teacher's Name			
Phone #			
Teacher's Fmail			

DEADLINE: All entries must be received by **November 15, 2019**. Winners will be honored at a special ceremony at the Oklahoma Sports Hall of Fame during the month of April, 2020.

Return Entries to: Oklahoma Sports Hall of Fame 20 South Mickey Mantle Drive Oklahoma City, OK 73104

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2018 ESSAY WINNERS

AMERICAN FIDELITY a different opinion

AGES 5-7

1st Cole Huelskamp 2nd Acelee Ellis 3rd Mariah Young

AGES 8-10

Skyla Wicker 1st 2nd Carson Phelps 3rd Alecia Medlock

AGES 11-13

Kamrey Rendon 2nd Kate Little 3rd Abigail Gilbert

AGES 14-16

1st Jacob Moline 2nd Alissa Taylor 3rd Rose Ladd

AGES 17-18

1st Madison Kahn 2nd A. J. Smith 3rd Jazmyne Williams

5-7

hid you know that tolorco, and acpholone a hig problem is assigned; here one stop to bell poult First, you need to make sure you a good that they dist, for example, you to have yorke the chicker and each, also need to each fine to and they to and they to and they to banuar and correb, some gold s are pull and water. his soften also, pred to set some pail our good days to go and corner one gas poygrapos, and the mounties. I had, ye fall mule good does know d stranger, and d course, have tun-I you surveyed yourse with good pope, you will have like thess If you do there things, you not be very healing. The well also have a great life. 11-13

Life is a journey. Travel drug free. This is an interesting way to look at how to stay away from drugs. I think of it like I'm in a car behind the wheel. If I stay drug free, I stay headed on my path. If I choose to take drugs, it's like I've had a wreck and will never be the same again. I will always choose to stay on my path, as this is the best way to explore and live life to its fullest.

Being in the seventh grade, I know that people who have been addicted to drugs have wrecked their life beyond repair. I can't even begin to think how that would affect the lives of the people closest to them. I know that people can become angry faster and hurt other people, like in a wreck, where people may be hurt because of someone else's actions. Doing drugs doesn't just affect the driver, but also the passengers and friends they pick up along the way. It would be hard to live with the fact that you had hurt someone because of your addiction.

People may do anything to get their drugs, and when they do, they may hide them away in places where people

Enquelle 115 Volgo 18-116

won't think to look. Then they may use them in secret, so people won't know they are addicted. Their social life may change drastically, as they may quit their favorite hobbies and avocations. The most common symptom of addiction is a difference in how they look. They may not have clean clothes or they might have problems with hygiene.

However, people who do not have addiction problems live happier, more productive lives. They can live without the fear of sickness and being caught. They have more friends and better appearances.

In conclusion, making the right turn to go down the right path is one of the biggest decisions you will make in your life. Trying a drug once may be all that it takes to lose control of the wheel and crash your life. I know I will always stay drug free, because my life is too valuable to me to throw away like that. I hope others will make the same decision I do. More and more people are choosing the wrong path and crashing everyday. We need to be more aware of the effects drugs have on us as drivers and the passengers of our lives. Keep your life a journey and travel drug free!

COLE HUELSKAMP

8-10

duing drug free is what I want to be 7.5% is too short and too precious to be sated. People that choose to do drugs ruin their lives. One bad choice can ruin your life forever. For example, I know a few people that chose to do drugs and they got caught, now they can't even get a just. I know a lady that chose to do drugs and now she doesn't have outsidy of her kids.

I have so many plans and goals for my life. I want to get a good education. I want to get a scholarships and get into a good college. I want to have a career in engineering and I can't do that it'l make the shoice to do drugs.

I know that God, my family, and my friends love me and I don't want to one what my life or their lives would be like, if I went down that path in my Afe. I choose to be drug free for everyone that loves me. But more importantly, I choose to be drup free for myself.

No matter what happens in life, I don't want to live with any regrets.

By: Skyla Wilder Arapaho Buhar Schools KAMREY RENDON

14-16

b. They chang to lose control and hurt others who are traveling their even.) hour to self, at them to give up and to throw make from the road to make them felf. You be

The instance ahead in rough and rocks. Share-edges may out through your shoes and has ra, but you must not wince. Don't resent to drugs and violence to find home about the pain. If you stundle, don't ever step down. Out back up and continue your walk, for you are not walking ne. If the pain is two-great, don't find absented asking for help. Look for a shoulder to less There are others who wish to keep walking and will support you. This is also a chance to pick opte up, lift them high, and guide them to that path. Let this be a losson to you. Do not lift for **17-18**

Apr. 17

or to be drug from This cannot be many conflicts in my family. We all full great, and o

When I have kids, I want to make them find completable around me. I disn't want to a like any more because my life would be bornble. I don't understand why some parents would want to do drugs lestead of caring for their children. My mose's story was embarassing, and I o't want to tell the same story. I don't ever want to end up how my more did.

I definitely our no to drags. These can do no much have to our hading because ease to look up to me as a leader. I am involved in soffied, healerfull, and track, and I are of my duing drugs or anything that is bad for me. I also want to represent my will alts, and triansh by saying no to drags.

Education professionals deserve a specialist.

You take care of your people. We know. Your teachers and staff work hard—pulled in all directions. You search for partners who ease your workload and worry, while giving your colleagues guidance and support. For more than 55 years, the education community has turned to us for employee benefits, education and enrollment they can trust. Maybe you should, too? Consider American Fidelity for a different opinion.

Help is here.

- Benefits Administration Assistance
- · Employee Benefits Education
- Strategic Voluntary Benefits

9000 Cameron Parkway Oklahoma City, OK 73114 800-654-8489 americanfidelity.com

AMERICAN FIDELITY

a different opinion

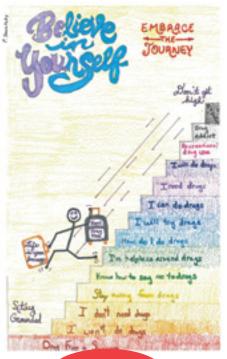
American Fidelity Assurance Company

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2018 ART WINNERS

AMERICAN FIDELITY a different opinion







5-7

8-10

AGES 5-7

1st Yareli Hernandez-Aguilar

2nd Nataly Vasquez3rd Karely Martinez

AGES 8-10

1st Piperrilee Sawatzky 2nd Tavian Kirkwood 3rd Ambrielle Torres

AGES 11-13

1st Carson Howard 2nd Leah Graves 3rd Jordan Harper

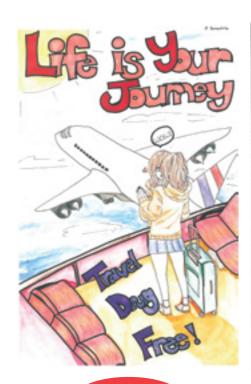
AGES 14-16

1st Hannah Yamashita 2nd Yahaira Elizabeth Rivas

3rd Elizabeth Leach

AGES 17-18

1st Scotlyn Koehler 2nd Jaden Pebeahsy 3rd Kaylene Nevaquaya





14-16

17-18

According to the 2018 Oklahoma Prevention Needs Assessment, about two-thirds of children reported that they have not talked with their parents about the dangers of drug use and they do not perceive drug use to be risky, making them more likely to begin using alcohol and other drugs.



It's not too early and it's not too late to start having conversations with your children. Use the following conversation goals from SAMHSA's "Talk. They Hear You." campaign and discuss with your kids about the risks of using alcohol and other drugs.

Show you disapprove of underage drinking and other drug misuse.

> Over 80 percent of young people ages 10-18 say their parents are the leading influence on their decision whether to drink. Send a clear and strong message that you disapprove of underage drinking and misuse of other drugs.

Show you care about your 2 child's health, wellness and success.

> Young people are more likely to listen when they know you're on their side. Reinforce why you don't want your child to drink or use other drugs—because you want your child to be happy and safe. The conversation will go a lot better if you're open and you show concern.

Show you're paying attention and you'll discourage risky behaviors.

Show you're aware of what your child is up to, as young people are more likely to drink or use other drugs if they think no one will notice. Do this in a subtle way, without prying.

Show you're a good source of information about alcohol and other drugs.

> You want your child to make informed decisions about alcohol and other drugs with reliable information about their dangers. You don't want your child to learn about alcohol and other drugs from unreliable sources. Establish yourself as a trustworthy source of information.

Build your child's skills and strategies for avoiding underage drinking and drug use.

Even if you don't think your child wants to drink or try other drugs, peer pressure is a powerful thing. Having a plan to avoid alcohol and drug use can help children make better choices. Talk with your child about what they would do if faced with a decision about alcohol and drugs, such as texting a code word to a family member or practicing how they'll say "no thanks."

Oklahoma Department of Mental Health and Substance Abuse Services

If you or someone you know needs help, **Call 211** to find services in your community.

3



LETS GET STARTED!

Your Parent/School Red Ribbon Checklist



First: Schedule the campaign: Set up a schedule for the morning announcement messages and Parent messages. Decide what day the contest flyer will be sent home with the students.



Morning Announcements: Read the Morning Announcement Script in this guide. Schedule the announcements to begin on October 23rd. Repeat the message 5 times before October 31st. The last morning announcement should be on October 31st. Our announcement script can be edited to meet the specifics of your school.



Parent Phone Message: Read the Script in the tool kit. Schedule the recorded parent message the week before October 23rd and then again on October 23rd. This message can be edited to meet the specifics of your school. Red Ribbon Week is most effective in preventing substance abuse with parent involvement.



Spread The Word: Distribute the contest flyer to the students to take home.



Email to Teachers and Staff: Let teachers and staff know the schedule and theme for Red Ribbon. Everyone can participate! Teachers can encourage their students to get involved by entering the National Red Ribbon Photo Contest at www.redribbon.org.



Tell Us About Your Campaign: We want to promote the awesome job you did with the campaign. Go to <u>redribbon.org/contact</u> and tell us about your experience.

2019 RED RIBBON DRUG FREE PLEDGE DRIVE

Our goal is to inspire Oklahoma's young people to sign the Red Ribbon Celebration Drug-Free Pledge. Each student who signs the 2019 Drug-Free Pledge will receive an Oklahoma Red Ribbon Celebration Drug Free Club Card and a Certificate of Recognition. Certificates are endorsed by Oklahoma's Governor, along with many other Oklahoma legends and celebrities.

HOW TO PARTICIPATE: Request your students to sign the Master Pledge Sheet on the following page (you may copy as many Master Pledge Sheets as needed). You do not need to send the actual pledge forms, just the total number of students who signed pledges. The Jim Thorpe Association/OSHOF will send you the appropriate number of Recognition Certificates and Drug Free Club Cards in March 2020.

Mail or E-Mail the following information, no later than December 1, 2019, to:

Oklahoma Sports Hall of Fame ~ 20 S. Mickey Mantle Dr. ~ Oklahoma City, OK 73104 Phone: 405-402-1836 ~ ojames@oksportshof.org

2019 Red Ribbon Celebration Drug Free Pledge Drive

School Name	Teacher/Red Ribbon Coordinator	Total # of Pledges
Address	City, State, Zip	Phone Number

2019 RED RIBBON MASTER PLEDGE SHEET

Drug Free Pledge

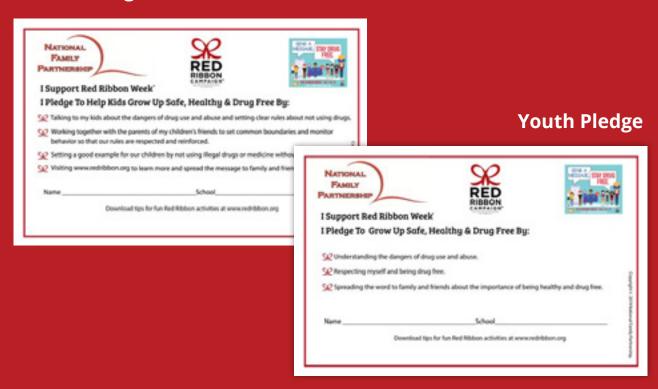
I pledge to lead a drug-free life. I want to be healthy and happy.
I will say NO to alcohol. I will say NO to tobacco.
I will say NO to vaping. I will say NO to illegal drugs.
I will help my friends say NO.
I pledge to stand up for what is right.

Signature	Print Name
	-

RED RIBBON WEEK® PLEDGE

Spread the word to get parents and your community involved in Red Ribbon Week®

Parent Pledge



- Download and print pledge to send home with students.
- Distribute the pledge to parents at school events, PTA meetings or other community events.
- Post pledges around school to show participation in your campaign.
- Download the pledge from www.redribbon.org/downloads.

RED RIBBON ACTIVITIES

- Decorate the school with red bows and work with teachers to identify drug prevention curriculum for the week (wwwredribbon.org/curriculum).
- Put the Red Ribbon Theme on the school marquee to deliver the message in the school and community.
- Have "wear red" day at school and other spirit days during the week.
 Incorporate prevention curriculum into classes each day.
- Schedule a speaker to speak to the students about the risks associated with drug use.
- Use the Red Ribbon Theme to create an Essay or Poster Contest.
- Use the Red Ribbon theme to decorate each classroom door and then each class competes for the best door.
- Use red material or plastic red Solo cups to spell out the Red Ribbon theme in the school chain link fence.

- Make small red bows for all students and staff members; wear the red bow every day during Red Ribbon Week®. Students who wear it every day win a prize.
- Deliver a drug prevention message every day during the morning announcements.
- Show the winning poster during the morning announcements.
- Read the winning essay during the morning announcements.
- Create a "Wall of Pledges" on a giant piece of poster paper in the main hallway. Print the Red Ribbon Theme on the poster paper and hang it up. Anyone who takes the "Pledge"signs his/her name on the poster.
- March around the school grounds chanting the Red Ribbon Theme or organize a walk-a-thon.
- Schedule a student screening of "Natural High" videos (www.naturalhigh.org)





Looking for educational activities for your classroom during Red Ribbon Week[®]?

We have tons of ideas for teachers for students in the following grade levels:

Grade K-5

Grade 6-8





Grade 9-12





Visit www.redribbon.org/curriculum to get started. Want to suggest a resource for our curriculum pages? Contact us at redribbon@nfp.org





NEWSLETTER INSERT Spread the Word About Red Ribbon Week®

DID YOU KNOW?

Children of parents who talk to their teens regularly about drugs are 42% less likely to use drugs than those who don't; yet, only a quarter of teens report having these conversations.

Red Ribbon Week[®] (October 23-31), the oldest and largest drug prevention campaign in the nation, is your opportunity to get the ongoing conversation started.

This year's theme is **Send A Message**, **Stay Drug Free**.™ Visit www.redribbon.org to learn more about Red Ribbon Week® and get tips for talking to your kids about drugs. The life you save may be that of your own child or a dear friend.

RED RIBBON WEEK® MORNING ANNOUNCEMENT:

- Hello students: As you already know this (next) week is Red Ribbon Week and the theme for this year is "Send A Message, Stay Drug Free.™"
- Besides participating in activities at school, we are asking all students to take the Red Ribbon message home and share it with their families and friends
- Want to win an iPad and \$1,000 for our school? Enter the Red Ribbon Photo Contest. It's easy, it's fun and it's free. Go to www.redribbon.org
- If applicable: details of the contest will be emailed to all parents on our contact list

School Personnel: Insert any other activities, announcements, schedules, speakers etc



RED RIBBON WEEK® RECORDED MESSAGE TO PARENTS SCRIPT

Good evening parents.	This is	calling
from	·	

Students are getting ready for Red Ribbon Week[®] 2019 – this year's theme is: Send A Message. Stay Drug Free[™]. At school, students will engage in activities that promote a drug free and healthy lifestyle.

Please partner with us and discuss this message at home, at the dinner table, at family outings, and with friends and extended family. Ask your child to show you the flyer he/she received from school about Red Ribbon Week[®].

Want a fun way to start or continue the conversation about drugs with your children AND have a chance to win an iPad? National Family Partnership is sponsoring a photo contest. This contest is free, simple and you could win an iPad and \$1,000 for our school!!

Log onto www.redribbon.org and find out more!

Thank you and have a wonderful evening.

RED RIBBON EVENTS AND MEDIA

National Family Partnership is frequently contacted by media outlets looking for local Red Ribbon Week® events and activities. Let the world see how you keep kids and communities safe, healthy and drug free.

Submit your event listing at www.redribbon.org/events



LOCAL GOVERNMENT PROCLAMATION FOR RED RIBBON WEEK®

WHEREAS,	Alcohol and other drug abuse in this nation has reached epidemic stages; and		
WHEREAS,	It is imperative that visible, unified prevention education efforts by community members be launched to eliminate the demand for drugs; and		
WHEREAS,	The National Family Partnership is sponsoring the National Red Ribbon Campaign® offering citizens the opportunity to demonstrate their commitment to drug-free lifestyles (no use of illegal drugs, no illegal use of legal drugs); and		
WHEREAS,	The National Red Ribbon Campaign® will be celebrated in every community in America during "Red Ribbon Week®", October 23-31; and		
WHEREAS,	Business, government, parents, law enforcement, media, medical, religious institutions schools, senior citizens, service organizations and youth will demonstrate their commitment to healthy, drug-free lifestyles by wearing and displaying Red Ribbons during this week long campaign; and		
WHEREAS,	The City of further commits its resources to ensure the success of the Red Ribbon Campaign®;		
NOW THER	FORE BE IT RESOLVED,		
	that the City of does hereby proclaim October 23-31, 2019, as RED RIBBON WEEK® and encourages its citizens to participate in drug prevention education activities, making a visible statement that we are strongly committed to a drug - free state.		
Mayor			
Attest			
City Clerk			



CITY HALL

ENTER THE RED RIBBON PHOTO CONTEST

Win An iPad & \$1,000 For Your School



Two Ways To Enter

- 1. Families may submit a photo of a home decoration.
- 2. Schools may submit a photo of a school decoration.

Two Ways To Win

Receive the most votes in your Region for your entry

- 5 school winners
- 5 home winners



Receive one of the following Judges Awards

- 5 school winners
- 5 home winners

HOME ENTRIES	SCHOOL ENTRIES
Most Creative Home	Most Creative School
Best Use Of Family And Community	Best Use Of The School And Community
Best Use Of The Theme	Best Use Of The Theme
Most Parent/Family Representation	Most Ambitious
Most Educational	Most Educational

HERE'S HOW IT WORKS

Decorate



Decorate your *HOME* front door, mailbox or fence with a Red Ribbon (double-looped) and this year's theme: "Send A Message. Stay Drug Free.TM"



Decorate your *SCHOOL* campus with a Red Ribbon (double-looped) and this year's theme: "Send A Message. Stay Drug Free.™"

Snap A Photo & Upload

Take a picture of your Red Ribbon decoration (preferably with people in it!) and upload to www.redribbon.org. You must be 18 years old to enter, so parents (or for school entries, school staff or PTA members) must submit the photos.

Get Votes!

Ask your friends, family, colleagues and school contacts to vote for your photo on our website.

PHOTO SUBMISSION PERIOD	October 1 - November 1, 2019
VOTING PERIOD	November 2 - November 16, 2019
WINNERS ANNOUNCED	December 2, 2019

Get Started Today! For more details and a list of terms and conditions, visit www.redribbon.org







HAS RED RIBBON BEEN EVALUATED?

Red Ribbon, specifically, has not been evaluated. However, Red Ribbon is based on scientific principles for substance abuse prevention. The White house office of national drug control policy as well as federal departments of education, justice, and health and human services supports the following principles that have been tested through rigorous research methods.

Evidence-Based Principles for Substance Abuse Prevention

- Address appropriate risk and protective factors for substance abuse in a defined population.
- 2. Use approaches that have been shown to be effective:
 - a. Reduce the availability of illicit drugs, alcohol, and tobacco for the under-aged through laws and policies
 - b. Strengthen anti-drug-use attitudes and norms through sharing information and engaging in activities
 - c. Strengthen life skills and drug refusal techniques
 - d. Reduce risk and enhance protection in families by setting rules and communicating
 - e. Strengthen social bonding
 - f. Ensure that interventions are appropriate for the populations being addressed
- 3. Intervene early at important stages and transitions
- 4. Manage programs effectively by ensuring consistency, training staff and volunteers, and monitoring and evaluating programs.

Office of National Drug Control Policy, Executive Office of the President of the United States

Six Prevention Strategies

Center for Substance Abuse Prevention (CSAP)

- Information Dissemination
- Prevention Education
- Alternative Activities
- Community-Based Processes
- Environmental Approaches
- Problem Identification and Referral

RED RIBBON CAMPAIGN

Center for Substance Abuse Prevention, 1992. Prevention Primer

ENRIQUE CAMARENA RED RIBBON AWARD

History

Enrique (Kiki) Camarena was a Drug Enforcement Administration Agent who was tortured and killed in Mexico in 1985. Agent Camarena believed that one person would make a difference. His sacrifice serves as a catalyst to encourage others to make a visible commitment to eradicating drug abuse from our homes, schools, communities and nation. The National Family Partnership (NFP) and its network of individuals and organizations (including Informed Families/The Florida Family Partnership) continue to deliver his message of hope to millions of people every year.

Purpose

The Enrique Camarena Award recognizes and honors one person who has made a significant contribution in the field of drug prevention in Florida, and who personifies Agent Camarena's belief that one person can make a difference.

Criteria

Nominees must:

- Be an individual, not a corporation or organization
- Be a professional, volunteer, community activist, or parent
- Be a positive role model, committed to a healthy lifestyle
- Have made an outstanding contribution in the field of drug prevention

Guidelines

Nominations must be submitted with the attached Nomination Form. Nominations may be made by a person or an organization.

Nominations should be in narrative form and no more than one (1) page in length and include the following:

- · Specific achievements, such as new programs developed through nominee's efforts
- Specific programs, publications, etc., that the nominee has participated in which encourage and motivate others to take active roles in drug education and prevention
- Leadership and organizational abilities of the nominee
- · Time and effort contributed by nominee
- Success in recruiting and motivating others

One award will be given. The winner will be selected by National Family Partnership® and announced in February 2020 All decisions are final. Nominations must be received by Monday December 2, 2019. Late nominations will not be accepted. All nominations become the property of The National Family Partnership.

ENRIQUE CAMARENA RED RIBBON AWARD

Nomination Form

Deadline: Monday, December 2, 2019

Nominee:					-
Adddress:					
City:		State:		Zip:	-
Phone: ()	Phone: () Email:				
Please check	all that apply:				
	Professional		☐ Activi	st	
	☐ Volunteer		☐ Paren	t	
If nominee is employed and position is applicable, list position and organization:					
Person / Org	anization Makin	g Nomina	tion:		
Name:					
Adddress:					_
City:		State:		Zip:	-
Phone: ()		_ Email: _			-

PLEASE MAIL FORM AND ONE-PAGE NARRATIVE TO:

National Family Partnership, 2490 Coral Way, 3rd Floor, Miami, FL 33145 or email to redribbon@nfp.org



SOCIAL NETWORKING FOR PREVENTION

Participating in Red Ribbon Week® just got even easier! National Family Partnership encourages you to participate to help us spread the message across America. All you have to do to participate is tweet or post on Facebook with any or all of the suggested language below to spread the word about Red Ribbon Week®: See the examples below, copy the language you want to use on your blog or social networking site and start spreading the message!

Sample Tweets

- Send A Message. Stay Drug Free [™] Celebrate #Red Ribbon Week (October 23-31).
- It's Red Ribbon Week® and I am taking a stand against drugs. Join me. Take the pledge: www.redribbon.org/pledge
- Today, I'm honoring Kiki Camarena, a DEA agent who died while fighting substance abuse. Join me. Take the pledge: www.redribbon.org/pledge . #RedRibbonWeek
- Today, I'm joining teens, parents, teachers, and other citizens across America in celebrating Red Ribbon Week® (October 23-31), the oldest and largest drug prevention program in the nation. #RedRibbonWeek
- Join me in celebrating Red Ribbon Week®. Our children have the right to grow up drug free and we have the responsibility to make that happen.
- Take the pledge: www.redribbon.org/pledge. #SendAMessageStayDrugFree
- I'm entering the Red Ribbon Photo Contest to win an iPad and \$1,000 for my school.
 You can enter too at www.redribbon.org #RedRibbonWeek
- I'm a teacher who believes in a drug free future for my students.

 Join me in celebrating Red Ribbon Week® (October 23-31). #SendAMessageStayDrugFree
- I'm a parent who believes in a drug free future for my children.
 Join me in celebrating Red Ribbon Week® (October 23-31). #SendAMessageStayDrugFree

Sample Facebook Posts

- Send A Message. Stay Drug Free [™] Celebrate Red Ribbon Week (October 23-31).
- It's Red Ribbon Week® and I am taking a stand against drugs. Join me. Take the pledge: www.redribbon.org/pledge
- Today, I'm honoring Kiki Camarena, a DEA agent who died while fighting substance abuse. Join me in celebrating Red Ribbon Week® 2019. Take the pledge: www.redribbon.org/pledge
- Today, I'm joining teens, parents, teachers, and other citizens across America in celebrating Red Ribbon Week® (October 23-31), the oldest and largest drug prevention program in the nation.
- Join me in celebrating Red Ribbon Week®. Our children have the right to grow up drug free and we have the responsibility to make that happen. Take the pledge: www.redribbon.org/pledge
- I'm entering the Red Ribbon Photo Contest to win an iPad and \$1,000 for my school. You can enter at www.redribbon.org.
- I'm a teacher who believes in a drug free future for my students. Join me in celebrating Red Ribbon Week® (October 23-31)
- I'm a parent who believes in a drug free future for my children. Join me in celebrating Red Ribbon Week® (October 23-31).

CREATE THE 2020 RED RIBBON THEME



Do you have a great idea for the next National Red Ribbon Week® theme?

Submit your ideas for the 2020 National Red Ribbon[®] Theme Contest. If you win, you will receive national recognition and \$500 worth of 2020 Red Ribbon Week Theme Merchandise for your local K-12 school.

ENTRIES MUST BE RECEIVED BY DECEMEBER 2ND, 2019

Email redribbon@nfo.org or mail to:

NATIONAL FAMILY PARTNERSHIP 2490 Coral Way, 3rd Floor, Miami, FL 33145

Please include your name, school telephone number and email address

For more info and helpful tips, visit www.redribbon.org/enter



BECOME A RED RIBBON CERTIFIED SCHOOL

The Red Ribbon Campaign® is the largest universal prevention campaign in the nation.

Since 2005, over 70 schools nationwide have already received the honor or Red Ribbon certification. The Red Ribbon Certified Schools[®] (RRCS) program assesses and celebrates the successful efforts of schools in the prevention of substance abuse among youth.

Why Certify Your School?

Receive national recognition for your school's efforts to:

- Produce safe, healthy drug-free kids
- Increase parental involvement in schools
- Improve academic performance
- Improve awareness and social norms around alcohol and drug use

Parents and teachers, ask your school to get Red Ribbon Certified.

Schools go through a rigorous review of how they promote a healthy school environment. Students will be impacted in the following ways:

- Better Academic Performance
- · Higher Graduation Rates
- Lower 30-day Use Rates
- · Less Binge Drinking
- Lower Alcohol and Drug Initiation Rates

For more information please go to www.redribbonschools.org

BECOME AN NFP AFFILIATE

Join us and help promote Red Ribbon Week and Lock Your Meds in your school, community or state.

What do I need to become an NFP Affiliates?

- 1. Each NFP Affiliate is required to be a 501 (C)(3) nonprofit organization, with a board of directors and by-laws.
- 2. Corporations, organizations and individuals are also NFP Partners who help strengthen our national network.

NFP Affiliates are actively working to make a difference in our fight for drug-free youth, families and communities.

Are you up for the challenge?

For more information, please contact us at info@nfp.org

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Partners in the following State:

Alahama

Minnesota

Alabama	Mississippi
Arizona	Montana
Arkansas	New Jersey
California	New York
Connecticut	North Carolina
Delaware	Ohio
Florida	Oklahoma
Georgia	Oregon
Hawaii	Pennsylvania
Idaho	Rhode Island
Illinois	South Carolina
Indiana	South Dakota
Iowa	Tennessee
Kansas	Texas
Kentucky	Vermont
Louisiana	Virginia
Maryland	Washington
Massachusetts	West Virginia
Michigan	Wisconsin



Learn more at www.nfp.org/affiliates





DID YOU KNOW?

53% of Children Who Abuse Prescription Drugs Get Them From Family Or Friends.

Review the following guidelines for prescription drug abuse prevention and discuss them with family & friends.

LOCK YOUR MEDS

Every day, 1,700 children and young adults begin experimenting with prescription drugs.² Only 53% of children who abused prescription drugs say they get the medication from a stranger, a drug dealer, the internet, friends and family.¹ Prevent your children from abusing your own medication by securing your meds in places your child cannot access.

TAKE INVENTORY

Download your Home Medicine Inventory Card at www.lockyourmeds.org, write down the name and amount of medications you currently have and regularly check to see that nothing is missing.

EDUCATE YOURSELF & YOUR CHILD

Learn about the most commonly abused types of prescription medications (pain relievers, sedatives, stimulants and tranquilizers) Then, communicate the dangers to your child regularly; once is not enough.

SET CLEAR RULES & MONITOR BEHAVIOR

Express your disapproval of using prescription drugs without a prescription. Monitor your child's behavior to ensure that the rules are being followed.

PASS IT ON

Share your knowledge, experience and support with the parents of your child's friends. Together, you can create a tipping point for change and raise safe, healthy and drug-free children.

PROPERLY DISPOSE OF OLD AND UNUSED MEDICATIONS

For guidelines on safe and proper disposal of medications, visit www.lockyourmeds.org.







Has Happened Here.

The name **Jim Thorpe** has always been synonymous with strength, resilience and **defying the odds**. Since its founding more than 30 years ago, **INTEGRIS Jim Thorpe Rehabilitation** has been proud to carry on that tradition.

When tragedy strikes – when people have their **independence** and abilities stolen from them by an accident or disease – Jim Thorpe is the rehabilitation facility Oklahomans choose. This is where the best rehab experts, the **latest technological advances** and the **most comprehensive lineup** of unique and imaginative therapies all come together to cultivate the most important element of any recovery: **genuine hope**.

It's all a part of the INTEGRIS promise: to be here For you. For health. For life.

To learn more about inpatient services, call 405.644.5253 or to schedule an outpatient appointment, call 405.945.4500.



Jim Thorpe Rehabilitation

Locations

Baptist • Edmond • Enid • Grove Moore • INTEGRIS Cancer Institute Southwest • Yukon





WE'RE ALL ABOUT SERIOUS TALENT









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CHICKASAW NATION

UNITED WE THRIVE











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