## Discovering Your Purpose

Purpose is the "WHY" behind what you do. It is what will drive your success. To find your "WHY", dig deep and identify what drives you. Having a well-developed "WHY" will help you break through unexpected obstacles and guide you to prioritize your time, focus, and talents. To help discover and define your why, begin with these questions to gain inspiration:

- What are you already good at?
- What difference do you want to make?
- What do you do that does not seem like work, regardless of the difficulty?
- If you were guaranteed 100% success, what are the three things you would most like to achieve?

TAKE TIME TO BRAINSTORM YOUR PURPOSE:	

"There is no greater agony than bearing an untold story inside you." —Maya Angelou
"When you stay on purpose and refuse to be discouraged by fear, you align with the infinite self.

in which all possibilities exist." —Wayne Dyer

Write	about	what your why it is	•	you 8	&

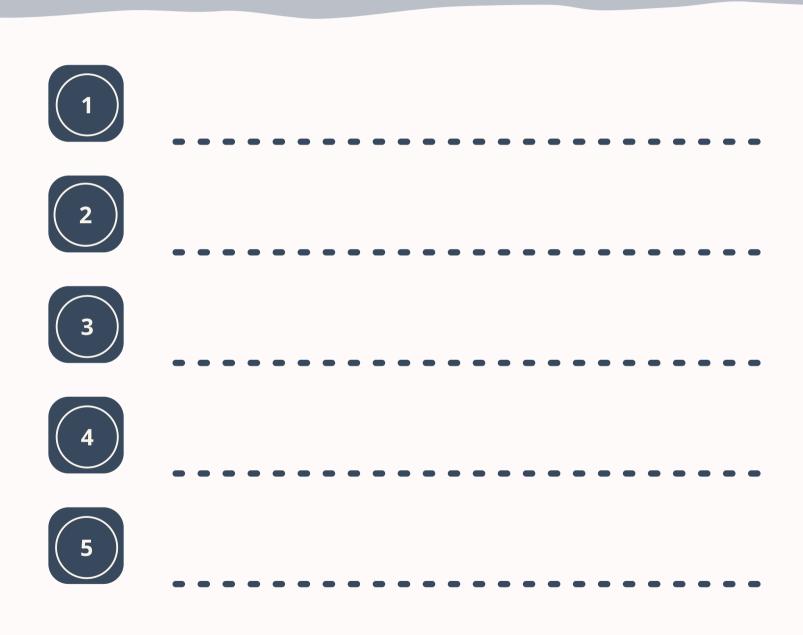
Who else will benefit from you living out your purpose? Add some specifics about the impact on others (months/days/years) into the future?

Using sensory-specific words describe if things were exactly as you wanted them to be, what would it look like, feel, or sound like?

What	might the impact be on others if you don't authentically pursue your purpose?

Take a few minutes & identify some of the obstacles that you anticipate when working to align with your purpose.

What are five things that you could engage in to help you on the journey of aligning your life with your purpose & inspiring a growth mindset?



Now it is time to take all your work and write your purpose statement. This is a written statement outlining your purpose and the change it will bring about. For inspiration, think about Dr. Martin Luther King's "I Have A Dream" speech.

Efforts and courage are not enough without purpose and directionJohn F. Kennedy
True happiness is not attained through self-gratification, but through fidelity to a worthy purposeHelen Keller