



My inner and
outer world
mirrors my core
values.




My thoughts,
words and actions
affirm my core
values.




I am true to my
values and the
life they guide
me to live




My core values
make me
purposeful.




My core values
give meaning to
my life.



I allow others to
live their lives
according to their
core values.



My confidence
and courage are
anchored to my
core values.



My goals are in
alignment with
my values.