



THE LAWS OF ATTRACTION

What I Want	What I Don't Want

Instructions:

1. In no particular order, write what you want to attract on the left side (we will later re-order by priority)
2. Repeat the same exercise for what you don't want to attract in your life.
3. Once you have done the above, look for what I like to call the Plumber/Electrician Syndrome. It is rare to find a good Electrician that is also good at plumbing; the same is true for bodybuilder who is not somewhat narcissist. Plainly put, mutually exclusive characteristics, tall and short, outspoken but shy, look for opposite characteristics that may be mutually exclusive by nature.
4. Take the time to rearrange each column in order of priority, with the most important characteristic at the top. Looking at the most important attributes you would like to attract first imprints strong signals in your subconscious, thus having the list in order of what you want first reinforces this process. Do the same to the opposite side of the list, but this time reverse the order so what bothers you least is at the top of the list.
5. Once you're finished, fold the paper in half along the middle line. For the next three to four months read the "What I Want" side four times a day, at breakfast, lunch, dinner and before going to bed. DO NOT look at the flip side as the laws of attraction have no polarity, and you will attract what you focus on. Within three to four months, you will start experiencing whatever you have been focusing on. Some of you may have laid out your ultimate mate, the perfect friend, a dream job or your ultimate dream car. Whatever it was you were trying to attract, be attentive and you will see it start showing up.
6. Be careful what you wish for however, as this is a powerful tool and it needs to be handled with caution. What I mean by this is that whatever you wish for will affect your life in a near and distant future. Looking for a soulmate when you are married may have dire consequences on your marriage, as can wishing for a car you cannot afford. The opportunity to make this happen may not be desirable or even legal, so be very careful using this powerful tool.