



BUILD MUSCLE & SCULPT YOUR BODY NO SWEAT REQUIRED!

Ask me about **EMSCULPT**Why Wait? Visible results in two weeks!



= TOTAL TIME COMMITMENT







IT'S NOT ALL ABOUT FAT



35%

of your body is made up of muscle.

When your subcutaneous fat is removed, will your underlying muscle be addressed?





DID YOU KNOW?

As our society transitioned to white collar jobs our physical activity decreased significantly.

Only **51.7%***

of adults get enough aerobic activity to meet the national Physical Activity Guidelines.

WE SIMPLY DON'T HAVE THE TIME.



THINGS THAT MAKE YOU GO HMMMM...

Sit-ups only work the middle and upper front of your stomach. To achieve the six-pack look, you also need to work the muscles of your lower stomach, sides and waist and your deep stomach muscles.



THINGS THAT MAKE YOU GO HMMMM...

Squats on the other hand are difficult in technique, require the use of weights and often build up one's thighs.





BECOME AB-SOLUTELY AB-MAZING IN 5 EASY STEPS

- 1. STRAP IT
- 2. PLACE IT
- 3. CRANK IT
- 4. EMSCULPT IT
- 5. FLAUNT IT





BRING YOUR BOOTY BACK IN 5 EASY STEPS

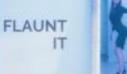
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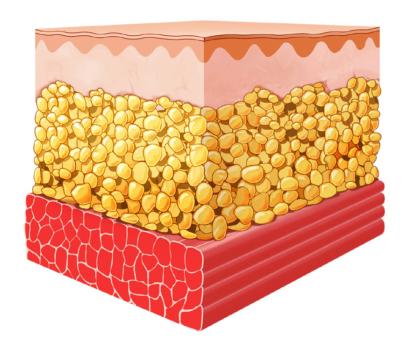








HOW EMSCULPT WORKS



Skin, fat and muscle form your overall body appearance.

The non- invasive HIFEM® (High-Intensity Focused Electromagnetic) technology induces powerful muscle contractions not achievable through voluntary contractions.



RESULTS IN AS LITTLE AS TWO WEEKS

BEFORE



AFTER EMSCULPT



12 WEEKS AFTER 4th TREATMENT, COURTESY OF: SUNEEL CHILUKURI, M.D.

The workout without a workout. Best of all **EMSCULPT** is:



Non-Radiating Non-Thermal Non-Ionizing

In addition,



No Needles No Anesthesia No Downtime





"No matter how much we work out or eat right there is always those hard to target areas. I love EMSCULPT because it helped me in troubled areas where I really needed help."

Bianca (abdomen) New York, NY

"To see that initial result is mind blowing...I have been with my wife since I was 18. I am now 44. Needless to say the romance was a little old. She now thinks it's a newer me."

Brian (abdomen) Philadelphia, PA







"I took a long break from working out and I thought this treatment would be a perfect kickstart to getting back into the gym. With my muscles feeling stronger than ever, I feel ready to get back there!"

Tara Michelle (abdomen) Los Angeles, CA



"People definitely said they noticed that it looked like I was working out but I was just sitting at home eating food, watching Netflix and getting Emsculpt done."

Ada (buttocks) Beverly Hills, CA







"With all the exercise I was doing I wasn't accomplishing my main goal - mainly to gain more fullness and texture improvement. With Emsculpt I definitely saw results and it only gets better."

Monique (buttocks) Miami, FL



WORD IS OUT











TOWN&COUNTRY







NEWBEAUTY

























EMSCULPT: IT'S NOT ALL ABOUT FAT

The world's first, non-invasive, muscle building and body sculpting procedure

Lift, firm and tone both your abdomen and buttocks











EMSELLA® CHAIR APPLICATOR



SAY NO TO INCONTINENCE

Ask me about **EMSELLA Chair Applicator** Why Wait?

Live A Carefree Life in as Little as 3 Weeks



= TOTAL TIME COMMITMENT





JUST THE FACTS ABOUT LIFE



Up to 23%

of women take time off work because of their incontinence*.

Women with severe urinary incontinence pay \$900 annually for incontinence routine care*.



JUST THE FACTS ABOUT PLEASURE

According to the NAFC,

54% of women with undiagnosed incontinence report loss of confidence with

45% reporting a loss of intimacy*.



JUST THE FACTS ABOUT PLEASURE

Between 25–50% of women with urinary incontinence experience sexual dysfunction.





JUST THE FACTS ABOUT FITNESS

More than a third of women between 45 and 50 avoid athletic activities out of fear of an incontinence episode*.



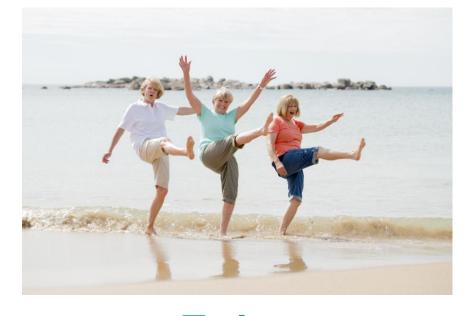


RECLAIM YOUR LIFE IN 3 EASY STEPS





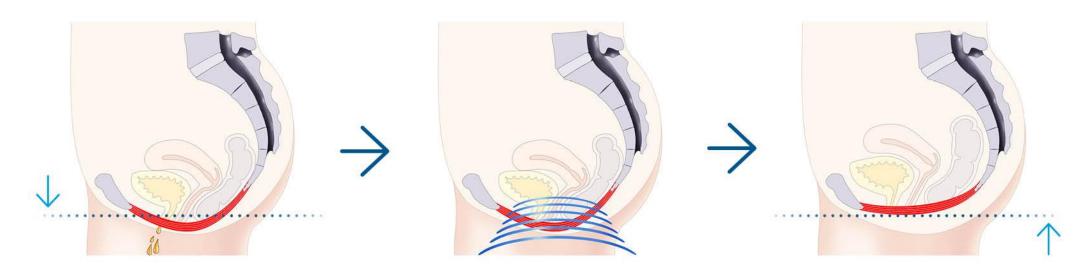




Enjoy



HOW EMSELLA WORKS



BEFORE

Pelvic floor muscles insufficiently support pelvic organs and affect bladder control.

TREATMENT

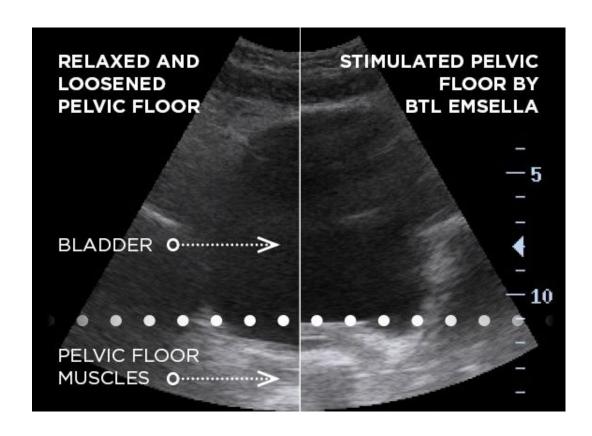
EMSELLA Chair Applicator effectively stimulates pelvic floor muscles via thousands of contractions.

AFTER

Stimulation leads to regained control over pelvic floor muscles and bladder.



RESULTS IN AS LITTLE AS THREE WEEKS



An EMSELLA Today Keeps the Urine Away. Best of all EMSELLA is:



No Probe Insertion Non-Radiating Non-Thermal Non-Ionizing

In addition,



It Treats Your Entire Pelvic
Floor While You Remain Fully
Clothed





"What it does is kind of take the place of Kegels which a lot of people don't have the time or energy and quite frankly its uncomfortable to sit down and do Kegels."

Melissa Louisville, Kentucky

"Usually when you come into a Gyno's office, it's so ok take your clothes off. You know I sat there in my blue jeans and read a book, and it's the easiest thing I have ever done here."

Barbara Detroit, MI







"It's...ummm... freeing, very freeing to be able to just do what you want to do again ."

Pam Detroit, MI

"The most important thing it takes care of in our life is urinary incontinence. But it's the other part of it that makes our life a little more enjoyable – sex. Why not sit down on it?"

Cindy New York, NY





WORD IS OUT











NEWBEAUTY



EMSELLA Chair Applicator: STOP SUFFERING IN SILENCE

Restore Your Pelvic Floor with A breakthrough in Women's Intimate Wellness.









CORE TO FLOOR THERAPY



TO GOOD HEALTH

Ask me about Core to Floor Therapy Why Wait?

Be Empowered in as Little as 3 Weeks







VISITS

THE REALITY OF IT ALL...

Only 55% of adults engage in enough physical activity to achieve health benefits*

Even the smallest daily tasks can become more difficult as a sedentary lifestyle can lead to a decrease in bone density and lean muscle mass, tightened hip muscles, and an overall loss in muscle strength





AGING COMES WITH CONSEQUENCES

After the age of 30 one loses roughly 3% to 5% of one's muscle mass per decade*

Complicating matters, one month of physical inactivity can reverse 6 months of gains*





WILL YOU BECOME A STATISTIC?

- 67% of women with abdominal separation have pelvic floor disorder*
- 26% of people with back discomfort blamed weak muscles or a lack of exercise*
- Every 11 seconds, an older adult is treated in the emergency room for a fall*

Inactive adults spend \$1,500 more per year on health care than their physically active counterparts*





STRENGHTEN YOUR SOUL WITH WHOLE CORE THINKING











EMSCULPT

EMSELLA

EMPOWERMENT



HOW CORE TO FLOOR THERAPY WORKS

Core to floor therapy utilizes two HIFEM procedures to strengthen, firm and tone the abdomen and pelvic floor muscles.

The result is increased muscle growth and restoration of neuromuscular control, which can improve strength, balance, posture, and incontinence as well as potentially alleviate back discomfort.



+16% increase in muscle mass*



Patient satisfaction*



RESULTS IN AS LITTLE AS THREE WEEKS

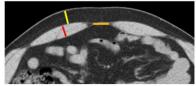
BEFORE



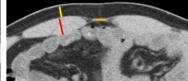


4 WEEKS AFTER 4th TREATMENT, COURTESY OF: MELANIE PALM, M.D.

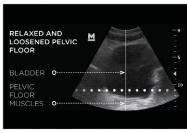
BEFORE



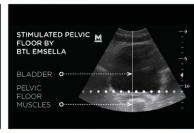
AFTER EMSCULPT



BEFORE



AFTER EMSELLA



A FRONTAL VIEW OF THE PELVIC FLOOR MUSCLES AND BLADDER USING ULTRASOUND IMAGING

CORE TO FLOOR THERAPY is the first solution to address the whole core which can improve:



Muscle Strength
Balance
Back Discomfort
Incontinence

In addition,



No Needles
No Anesthesia
No Downtime





"Getting on the Emsculpt and having that experience for me was wonderful because it's the first step in trying to make my life easier."

Susan Houston, TX





"This is going to do for the body what Botox did for the face in the '90s. It's really going to change the game for medical and cosmetic applications. The body is the new face."

Paul Jarrod Frank, MD New York, NY



CORE TO FLOOR THERAPY: MAKE 50 THE NEW 30

Discover whole core thinking to live your best life. A healthy life!



16% INCREASE IN MUSCLE MASS*



PATIENT SATISFACTION*



TREATS THE ENTIRE
ABDOMEN & PELVIC FLOOR



NO SURGERY & NO ANESTHESIA



