

**YOUR NEXT STEPS FOLLOWING HOME HEALTH...
OUTPATIENT PHYSICAL THERAPY - IN THE HOME (insurance)
PERSONAL TRAINING - IN THE HOME (private pay)**

Call 440-364-6625 to get started



**Physical Therapy &
Exercise Training for Seniors in
the Comfort of Home**

**Balance Your
Life...with Exercise!**

- For Your Long Term Wellness
- Improve your balance, strength, endurance, and safe mobility
- Exercise programs for conditions such as Parkinson's Disease, COPD, and more
- Insurance coverage may be available for physical therapy services

**We coordinate care with your
Home Health Agency and
Home Care Provider**

**FREE INITIAL PHONE
CONSULTATION**

**Outpatient Physical Therapy
& Personal Training
In the comfort of Home**

**Contact David Adamczyk, PT
440-364-6625
davida@careinhome.org**

