



How to share safely, protect your privacy, and support others online.

Why It Matters

Everything you post, click, or save builds a picture of who you are. Scammers, advertisers, and even strangers can use that information to guess passwords, target scams, or impersonate you.

Good privacy isn't about hiding — it's about controlling what you share and with whom.

© Common Privacy Gaps

- Oversharing | Posting birthdays, locations, or travel plans publicly.
- **➡ Old accounts** | Forgotten logins still holding personal data.
- Dinked apps | Games or tools connected to your profiles collecting data.
- Public profiles | Everything visible to anyone, not just friends.
- Weak permissions | Apps that can access photos, contacts, or location.

♡ Practical Privacy Habits

- ▼ Think before you post. Ask, "Would I say this on a public noticeboard?"
- Lock down accounts. Check privacy settings on social and email platforms.
- Use strong, unique passwords. Stops one breach revealing all your info.
- Review connected apps. Remove anything you no longer use.
- **Keep personal data personal.** Share only what's needed.

(S) If You've Shared Too Much

- 1 Delete or hide posts with personal or sensitive info.
- **Change your passwords** if you revealed hints like pet names or birthdays.
- 3 Update privacy settings across your accounts.
- 4 Watch for impersonation attempts or unusual friend requests.