



# A+ ACADEMY



## AN ALABAMA AMBASSADORS ORGANIZATION

We are honored that you have become a part of the Alabama Ambassadors Family, the governing non-profit organization of: A+ Academy 1 /2/3, All Kids CDC and the JCDS family. We share a small amount of your child's life and are privileged to be given the opportunity. Our goal is to have an impact on our students' lives educationally, emotionally and socially so they are provided with a strong foundation for their educational career. We look forward to working as a family to help each child reach goals that are set for them throughout their time here with us. We strive not only to provide a challenging academic program but a secure, personal environment of care for each individual student. We hope that we can exceed all of our families' expectations and want to take this time to personally welcome your family to our organization!

### Contact Information

**Address:** P.O. BOX 941 BESSEMER AL 35210

CHILDCARE SITE LOCATIONS:

SITE NAME	ADDRESS	ACCEPTS CMA
A+ Tuscaloosa Weeping Mary Location	2015 28 <sup>th</sup> Avenue Tuscaloosa AL 35401	YES
A+ Tuscaloosa Hay's Court Location	4415 18 <sup>th</sup> Street Tuscaloosa AL 35401	YES
Jesus Christian Daycare and School	1732 12 <sup>th</sup> Avenue N. Bessemer AL 35020	YES
A+ Academy Five Points West	2712 31 <sup>st</sup> Street Ensley Bham AL 35228	YES
A+ Academy Thomas (Two Sites)	833 8 <sup>th</sup> Street Thomas Bham AL 35214	YES

**Building Line:** 205-701-KIDS

**Email address:** Info@AcaAlabama.com

**Operational hours:** 6:00am to 6:00pm

**DIRECTOR CELL PHONE:** 205-765-3080- Mr. Joseph Moreno

**Referral Number/Marketing Hotline for New Potential Enrollees- (205) 701-KIDS**

# A+ Academy

## JESUS CHRISTIAN DAYCARE AND SCHOOL

### Rates and Billing Information

**\$100.00 Registration Fee** per child

Registration Fees are due at the time of registration.

Annual registration fees are due each August.

**FLAT RATES FOR ALL AGES**

	<u>Weekly Rates</u>	<u>Monthly Rates</u>
1 Child	\$199.00	\$650.00

All payments are due on the Monday before the week of care is provided. You have the entire week to make your payment. If you have a balance going forward to the next week, you will receive a late fee penalty of \$25.00. If you need an arrangement to pay, contact us before the week of care is provided.

We are open from 6:00am-6:00pm. **If you are late picking up your child, the fee that will be billed to your account will be \$1.00 per min per child, for the first 30 minutes. If you have not picked up your child by 6:30, there will be an additional \$15.00 charged.** *Per state licensing regulations, we may be required to contact local authorities for child abandonment.*

We also reserve the right to withdraw any student due to lack of payment of late fees. If withdrawn, registration fee will need to be paid again. If you receive any type of subsidy for childcare, you are responsible for the parent fee if this applies to you. You are also responsible for swiping your card EVERYDAY for us to receive payment from the state and to prevent you from being held responsible for paying the full tuition amount. If you receive full-time care, then your child needs to be here full time unless sick or has a pre-approved absence. This program has a very strict attendance policy. Please be responsible.

## **What do you need to enroll in our daycare center?**

1. Fill out and turn in a Pre-Admission Form and signed Attestation page from this handout.
2. Fill out and turn in our CACFP Income Eligibility Form.
3. Pay your registration fee and first week's tuition.
4. Bring a blanket/sheet combo or nap mat for napping.
5. Bring diapers, wipes, pull-ups, and 2 changes of clothes (seasonal).
6. **LABEL EVERYTHING PLEASE!!!!** If you don't, we will write their name on it, if time permits. We have 50-150 students in this facility at any given time and many of them have the exact same jacket, backpack, nap mat, blanket, bottle or sippy cup.
7. Please notify us of any allergies your child may have and make sure you fill out the allergy form and turn it in.
8. For any medication brought into the facility, you must fill out and sign a DHR Medication form, even for over-the-counter medicine such as diaper rash creams/ointments. This must be done each time it is asked to be applied or given.
9. Make sure you provide a valid email address for billing and please keep your contact information up to date as it changes. You must register with all of our programs.
10. All electronic enrollments must be completed. Procure/ ARISE / A+ Software

**\*\*PLEASE DO NOT SMOKE IN FRONT OF OUR BUILDING OR WHEN PICKING UP YOUR CHILD. IT IS AGAINST THE COUNTY DEPARTMENT OF HEALTH POLICIES, WHICH WE ABIDE BY IN ORDER TO KEEP OUR CHILDREN HEALTHY AND SAFE\*\***

**\*\*PLEASE TRY HANG UP YOUR PHONE WHEN PICKING UP YOUR CHILD, THEY ARE EXCITED TO SEE YOU AND HAVE BEEN WAITING ALL DAY TO TELL YOU ABOUT THEIR DAY!\*\***

**\*\*UNTIL FURTHER NOTICE, ALL PARENTS WILL NOT BE ALLOWED INTO THE INNER PARTS OF THE BUILDING FOR CHECK IN AND OUT UNLESS PRE-APPROVED BY MANAGEMENT FOR A PARENT MEETING.**

**\*\*NO LOUD MUSIC IS PERMITTED WHEN PICKING UP YOUR CHILD.**

# **POLICIES AND PROCEDURES**

## **OPEN DOOR POLICY/PARENT INVOLVEMENT**

Family members are welcome to come visit with us at any time of the day, with prior parent and center approval. Parent involvement is very important at all our centers. All parents that would like to volunteer and/or become involved at our school must be background checked and cleared.

## **NON-DISCRIMINATION POLICY**

At JCDS, we are committed to providing an inclusive and welcoming environment to all members of our community and to ensure that educational and employment decisions are based on individuals, abilities, and qualifications. Consistent with this principle, it is therefore the school's policy not to discriminate in offering access to its educational programs and activities or with respect to employment terms and conditions based on race, color, gender, national origin, age, religion, creed, disability, veteran's status, sexual orientation, gender identity or gender expression.

## **PRIVACY POLICY**

All information collected at the time of enrollment will only be used to provide optimal service to our students and their families, for security and safety of the child, and/or health related issues. Around the center, you may see hanging artwork or pictures that we may take to use as decoration within the center. Please inform your child's teacher and management if you chose not to have your child's picture or artwork, likeness, picture, or video displayed.

## **ATTENDANCE**

Attendance is very important! We are a Learning Center, and all academic activities are completed between the hours of 8:30 am - 4:30 pm. We expect all our students to attend school daily and timely. If you receive Family Guidance Assistance, CDRS, or Child Care Central, it is mandatory that you provide a doctor's excuse after the 3rd absence within that month. We recommend and encourage you to bring your child to school within the instructional time to ensure full participation in the daily lessons. Breakfast will be served from 8:30 am-9:30 am, lunch from 11:00 am-12:00 noon, and snacks from 2:30pm-3:30pm. Meal times do not usually last an hour; however, we will serve meals to every child that comes in during those times. **THE CUTOFF TIME IS 10:00 am. YOU MAY ONLY COME AFTER 10:00 AM IF YOU HAVE A PHYSICIAN'S NOTE FOR THAT DAY.**

Tardies are an ongoing concern. Tardies affect your child's academic progress and disrupts the learning environment for all students. You should call the school (205-436-2904) if your child will be absent more than one day. If you feel the need to withdraw your child, please contact us and let us know so that we can award another child with your slot; this will also prevent us from overcharging you because our billing system is an automatic biller. **For all disenrollment, you must give two weeks' notice to be compliant with your agreement. Failure to do so will incur charges you are responsible for.**

## **CURRICULUM**

Early childhood development is critically important. Within all our centers, our experienced teachers and staff help facilitate this period of learning, and that's what separates us from traditional child care facilities. Our teachers strive to deliver the most comprehensive learning and supportive environment possible. Children will learn throughout the day, including playtime, because the opportunity to learn is always present. We have more detailed information regarding your children's age group, available upon request.

## **EMERGENCY CONTACT AND AUTHORIZED PICKUP**

For the safety of your child please provide detailed information in the enrollment packet regarding authorized release persons. All persons authorized to pick up, whether authorized by written consent, within the enrollment packet or verbally over the phone, must have a government issued photo identification at the time of pick up. Individuals permitted to pick up must be at least 18 years of age. No child will be released to any person unrecognized **without appropriate photo identification**. No child will be released to any person that is intoxicated and/or impaired regardless of if they are an authorized pickup contact. We hold the right to determine at our own discretion if a person is intoxicated and/or impaired.

## **EMERGENCY PREPAREDNESS**

We have a strict commitment in providing a secure and safe educational facility. Currently in place is our Emergency Preparedness Program that all teachers and staff members, together with their students, practice monthly. Our Emergency Preparedness Program includes procedures in handling inclement weather, fire emergencies, and code red circumstances. All emergency routes are posted in each classroom alongside written procedures on managing any type of emergency. Monthly school drills are conducted to ensure that all classrooms react within appropriate time and correctly throughout the drill. In the event of an emergency, we will attempt to contact all parents by phone. If necessary, we will contact all local news stations to post information regarding emergency closings. Also, **we follow the Jefferson County School system when it comes to weather closings**. This means that if the county schools close for weather, so will we.

## **RETURNED CHECK FEE**

If your tuition payment is returned from our banking institution for any reason, a returned check fee of \$35.00 will be applied to your account. All checks that are returned for insufficient funds will not be re-deposited. A cash payment including the returned check fee must be made on the same day notification is given regarding the returned check.

## **TUITION PAYMENT METHODS**

We accept checks, cash, money order, debit card and credit cards as forms of payment.

**WE ENCOURAGE YOU TO PAY THROUGH THE PROCARE APPLICATION THAT YOU WERE INTRODUCED TO DURING YOUR ENROLL PROCESS.**

We also accept *Cashapp*. If using *Cashapp* to pay tuition, please include enough money to cover the fee charged to us to receive it that day. Our *Cashapp* tag name is: **\$ALABAMACHILDCARE**. The name you should see is ALABAMA AMBASSADORS. Please notify us if you intend to send payment this way. If you need to make a payment over the phone, feel free to contact us at 205-436-2904. If you cannot reach us at that number, contact our District Manager, Joseph Moreno at 205-701-KIDS or 205-701-5437. Give him your child's name, your name, and payment information and your account will be credited accordingly.

## **CHILDREN WITH ILLNESS**

If your child has been recognized as not being well, we will contact you, and/or the authorized person(s) to pick your child up. You will have one hour to pick up your child. When this happens, your child is not allowed to return to the center the next day, unless you provide a doctor's excuse. If you cannot provide a doctor's excuse, you must keep your child out for the next full day. We deem a child to be with illness if they exhibit signs of being sick, such as but not limited to fever over 98.6 degrees,

excessive coughing, runny nose with green mucus, diarrhea, newly developed rashes, and anything out of the ordinary that we deem your child as ill or out of their normal character.

### **MEDICATION**

We have strict guidelines for administering medication to a child. If your child needs to take a prescription drug, the label must be prescribed to your child with your child's name on it, dates on prescription medication must be current and a Medical Authorization Form must be filled out. Prescribed drugs are administered in exact accordance with its label. If your child must take an "Over the Counter" drug, you must provide the drug, and a Medical Authorization Form must be filled out. "Over the Counter" drugs can be administered for a maximum of five (5) days with parent consent. After allotted consent time, a doctor's letter must be provided to continue administering medication to a child. No medication shall be given by child care personnel without the signed permission of the parent/legal guardian. All medication must be in the original container with the child's name, the name of the physician (prescribed medication), medication name, and medication directions written on the label. All medication shall be dispensed according to written directions on the prescription label or manufacturer's label. Medication which has expired or is no longer being administered shall be returned to the parent/legal guardian. Authorization forms must be written out on a weekly basis for all medications.

Authorization forms will be void after a week regardless of dates written by parent/legal guardian and/or dates on medication labels. All medications are to be given to the office for storage in the medicine cabinet. No medication should be left in your child's bag. It is the parent's responsibility to bring all medication to the office during drop off time.

### **HOME TOYS/VALUABLE ITEMS/PERSONAL ITEMS**

Home toys are not allowed in school. These toys can pose a choking threat to the other students, not to mention will cause a disruption in the learning process. The center is not responsible for any lost or broken toys. Valuable, personal items such as watches, chains, phone, ipads, etc. Expensive clothes should not be worn to school. The center is not responsible for any lost or broken valuable, personal items, including hair bows, wraps, beads, etc. Please dress your child appropriately as children come to the center to learn and play. The school will not be responsible for any soiled, damaged, or dirty items that the children wear or bring to school.

### **HOLIDAYS/SCHOOL CLOSINGS**

Holiday closings will be posted in the lobby. If we close for any other reason, we will post that information in the lobby with as much notification as possible. Here is a list of our pre-scheduled holiday closings: New Year's Eve & Day, Memorial Day, 4th of July, Labor Day, the full week of Christmas Break, Thanksgiving Break (Thursday and the following Friday). The tuition is precalculated to be offset and include **all closures**. This includes predetermined holidays and all unanticipated weather closings. You have an annual balance that you are being allowed to pay weekly or monthly.

### **New Covid-19 Temperature Requirements**

Your child will have their temperature taken upon arrival at the center. They cannot come inside if it is above the normal range, or over 99.4 degrees Fahrenheit. Their temperature will be taken two more times while in our care, before nap time and after nap time. We will notify you to come pick them up if their temperature reaches above the normal range.

## **DISCIPLINARY PRACTICE**

Our program ensures that age-appropriate, constructive disciplinary practices are used for your child. This care will allow the child time to look over his/her behavior. We will encourage children to choose alternatives to improper behavior. To ensure a safe and successful program, discipline is a must. Steps to behavior modification:

1. Children will be corrected and asked to change their behavior.
2. Children will be redirected from the situation.
3. Parents will be contacted if behavior is not corrected.

Children shall not and will not be subjected to discipline which is severe, humiliating, or frightening. Discipline shall not be associated with food, rest, or toileting. Spanking or any other form of physical punishment is strictly prohibited.

## **CHILD ABUSE & NEGLECT REPORTING REQUIREMENTS**

All child care personnel are mandated by law to report their suspicions of child abuse, neglect, or abandonment to the Alabama DHR Abuse Hotline. Child care personnel must be alert to the physical and behavioral indicators of child abuse and neglect. "Child Abuse or Neglect" is defined as "harm or threatened harm" to a child's health (mental or physical) or welfare by the acts or omissions by a parent, adult household member, other person responsible for the child's welfare, or for purposes of reporting requirements by any person. Categories include:

Physical Abuse or Neglect (i.e., unexplained bruises, hunger, lack of supervision...)

Emotional Abuse or Neglect (i.e., impairment in the ability to function, depression...)

Sexual Abuse (i.e., withdrawal, excessive crying, physical symptoms...)

## **MEALS**

Our facility participates in the USDA Child/Adult Care Food Program. Therefore, you must complete the USDA Food Program/Income Eligibility Form (one per family). CACFP provides nutritious meals and snacks to our infants and children as a regular part of their day care. The CACFP nutrition standards for meals and snacks served in the CACFP are based on the [Dietary Guidelines for Americans](#), science-based recommendations made by the National Academy of Medicine, cost and practical considerations, and stakeholders' input. Under these standards, meals and snacks served include a greater variety of vegetables and fruit, more whole grains, and less added sugar and saturated fat.

\*IN THE EVEN OF BREASTMILK BECOMES UNSUITABLE OR ACCIDENTALLY SPILLED, WE ASK THAT PARENTS BRING EXTRA BOTTLES OF BREASTMILK AND LABEL THE MILK FOR THEIR CHILD.

### **ALL FIELD TRIPS WILL CONSIST OF INDIVIDUAL PARENT AGREEMENTS**

**ALL FUNDRAISERS WE OFFER WILL BENEFIT THE QUALITY OF INSTRUCTION THAT YOUR CHILD RECEIVES. WE ASK THAT YOU PARTICIPATE FULLY AS IT TAKES A VILLAGE TO ENSURE QUALITY SERVICES FOR YOUR CHILD AND OTHERS.**

**WE WILL ALWAYS WELCOME CONSTRUCTIVE CRITICISM, IDEAS, AND SUGGESTIONS.**

**ALL CONCERNS AND ISSUES CAN BE ADDRESSED IN THE APPROPRIATE FASHION IF ANY CONCERNS ARISE. PLEASE REMEMBER THAT THE MESSAGE MAY GET LOST IF THE INFORMATION IS NOT DELIVERED IN A DECENT MANNER.**

**PARENTS MAY REFER OTHER FAMILIES TO EARN TUITION CREDITS TOWARD THEIR ANNUAL TUITION COSTS.**

**WE ASK THAT YOU PARTICIPATE IN ALL STUDENT EVENTS, CENTER MEETINGS, VILLAGE FORUMS, AND ETC.**

**PLEASE CONSIDER ASSISTING FAMILIES THAT MAY BE LESS FORTUNATE BY MAKING A DONATION TO ASSIST US IN ALL THAT WE DO FOR THE FAMILIES OF ALABAMA. IT TRULY TAKES A VILLAGE. THANK YOU IN ADVANCE.**



## Attestation Page

**\*\*PLEASE DETACH THIS PAGE ONLY AND RETURN ON THE DAY OF ENROLLMENT\*\***

I, \_\_\_\_\_, hereby acknowledge that I have read and agree to follow all the rules and guidelines of the A+ Academy / JCDS Handbook that was given to me on this day, \_\_\_\_\_(day) of \_\_\_\_\_(month), \_\_\_\_\_(year)

\_\_\_\_\_  
Printed name of Responsible Parent/Guardian

\_\_\_\_\_  
Signature of Parent/ Guardian

\_\_\_\_\_  
Printed name of Responsible Parent/Guardian

\_\_\_\_\_  
Signature of Parent/ Guardian

CHILDREN'S NAME	DATE OF BIRTH	RESPONSIBLE PART

**Please Initial next to the following policies:**

\_\_\_\_\_ WHEN YOU ENROLL, YOU ARE PAYING FOR A SPOT/SLOT IN THE DAYCARE. THIS MEANS YOU ARE RESPONSIBLE FOR PAYING YOUR CHILD'S FULL DAYCARE AMOUNT WHEN THEY ARE ABSENT. ALL HOLIDAYS AND UNANTICIPATED WEATHER-RELATED CLOSINGS ARE PRECALCULATED INTO THE COST OF TUITION.

\_\_\_\_\_ PLEASE SIGN YOUR CHILD IN AND OUT EACH DAY AND SIGN YOUR FULL NAME LEGIBLY. WE DO NOT ACCEPT INITIALS OR SHORTHAND SIGNATURES. THANK YOU FOR YOUR COMPLIANCE. YOU AGREE TO HAVE YOUR CHILD PICKED UP ON TIME. YOU AGREE TO SCAN EACH DAY FOR YOUR CHILD'S ENROLLMENT IF THEY RECEIVE ANY TYPE OF ASSISTANCE. FAILURE TO DO SO IS YOUR FISCAL RESPONSIBILITY.

\_\_\_\_\_ All payments are due on the Monday before the week of care is provided. You have the entire week to make your payment. If you have a balance going forward to the next week, you will receive a late fee penalty of \$25.00. If you need an arrangement to pay, contact us before the week of care is provided. There will be a 10% penalty attached to payment arrangement balances.

\_\_\_\_\_ Please LABEL EVERYTHING including coats, backpacks, sippy cups, bottles, extra clothes, etc. THE CENTER IS NOT RESPONSIBLE FOR LOST ITEMS. PLEASE KEEP ALL ITEMS AT HOME.

Joseph Moreno

\_\_\_\_\_  
Director/Owner Name

\_\_\_\_\_  
Director/Owner Signature

\_\_\_\_\_  
RESPONSIBLE PARTY NAME

\_\_\_\_\_  
RESPONSIBLE PARTY SIGNATURE

DATE OF BIRTH: \_\_\_\_\_

SSN: \_\_\_\_\_

# Employee Health Policy

Name of Child Care Center: A+ ACADEMY

Address of Child Care Center: www.AplusAcademyKids.com

Tuscaloosa: 2015 28th Avenue Tuscaloosa AL 35401 / 4415 18th St. Tuscaloosa AL 35401 833

8th Street Thomas BHM AL 35214 / 1732 12th Avenue N. Bessemer AL 35020 / 2712 31st St. Ensley BHM AL 35228

No employee shall be permitted to work at the CHILD CARE CENTER while experiencing any of the following symptoms:

- Vomiting
- Diarrhea
- Jaundice
- Sore Throat with Fever
- A lesion containing pus such as a boil or infected wound that is open and draining and cannot be covered

All employees shall report such symptoms to their CHILD CARE CENTER supervisor and shall not return to work until symptoms desist.

Any employee diagnosed with a communicable disease that can be transmitted by foods or other means or who is a carrier of organisms that cause such a disease shall not be allowed to work in a CHILD CARE CENTER in any capacity in which there is a likelihood of such person transmitting disease to other persons.

## Common Communicable Diseases (The Big "6"):

- Hepatitis A virus
- Norovirus
- Shigella, spp.
- Enterohemorrhagic or Shiga toxin-producing Escherichia coli (STEC)
- Salmonella Typhi
- Nontyphoidal Salmonella (NTS)

Director of Child Care Center: Joseph Moreno

Date: 9/1/2025



JEFFERSON COUNTY  
DEPARTMENT OF HEALTH

# Smoking Policy

Name of Child Care Center: A+ Academy

Tuscaloosa: 2015 28th Avenue Tuscaloosa AL 35401 / 4415 18th St. Tuscaloosa AL 35401 833

Jefferson: 8th Street Thomas BHM AL 35214 / 1732 12th Avenue N. Bessemer AL 35020 / 2712 31st St. Ensley BHM AL 35228

Address of Child Care Center: \_\_\_\_\_

## Smoking is prohibited:

- At all times in Child Care Centers—including before and after hours of operation
- Within 10 feet of any entrance or exit
- In any vehicles used by centers to transport children
- Within sight of the children

“No Smoking” signs shall be posted in facilities and vehicles used to transport children

If a staff member consumes cigarettes before the work shift begins or during a break away from the child care center premises, the staff member shall be required to wash his or her hands thoroughly. Staff and volunteers should avoid bringing cloths that smell of smoke into the building, or onto the playground.

Director of Child Care Center: Joseph Moreno

Date: 9/1/2025



JEFFERSON COUNTY  
DEPARTMENT OF HEALTH

# Screen Time Policy

Name of Child Care Center: A+ Academy

Tuscaloosa: 2015 28th Avenue Tuscaloosa AL 35401 / 4415 18th St. Tuscaloosa AL 35401 833  
8th Street Thomas BHM AL 35214 / 1732 12th Avenue N. Bessemer AL 35020 / 2712 31st St. Ensley BHM AL 35228

Address of Child Care Center: \_\_\_\_\_

**Screen time** is the use of television, videos, video games, and computers

Screen time shall be:

- Offered as a free choice
- Limited to no more than a total of 2 ½ hours per week
- Prohibited during meal or snack time
- Prohibited for children younger than 2 years

Computer use shall be limited to no more than 15 minute increments, except for school age children completing homework.

Daily schedules including daily screen time shall be prominently posted in each classroom.

Director of Child Care Center: Joseph Moreno

Date: 9/1/2025



JEFFERSON COUNTY  
DEPARTMENT OF HEALTH

# Physical Activity Policy

Name of Child Care Center: A+ Academy

2015 28th Avenue Tuscaloosa AL 35401 / 4415 18th St. Tuscaloosa AL 35401 833

8th Street Thomas BHM AL 35214 / 1732 12th Avenue N. Bessemer AL 35020 / 2712 31st St. Ensley BHM AL 35228

Address of Child Care Center: \_\_\_\_\_

- Each child shall have an opportunity for the appropriate amount of active play each day. Active play shall take place outdoors when weather and environmental conditions permit. When the weather and/or environment do not permit outdoor activity, active play shall take place indoors.
  - 3 yrs and older(preschool children)-At least 90 minutes per 8 hour day
  - 12 months to 3 yrs -At least 60 minutes per 8 hour day
- **Infants to 12 months**- caregivers shall make provisions for the promotion of physical development on a daily basis, including varied activities appropriate to each child's development.
- Daily schedules including physical activity time shall be prominently posted in each classroom.
- Children who exhibit out of control behavior during active play may be given a time-out of no longer than 5 minutes. Children cannot be made to remain indoors or seated as punishment for earlier classroom behavior.

Director of Child Care Center: Joseph Moreno

Date: 9/1/2025



JEFFERSON COUNTY  
DEPARTMENT OF HEALTH

# Nutrition Policy

Name of Child Care Center: A+ Academy

Tuscaloosa: 2015 28th Avenue Tuscaloosa AL 35401 / 4415 18th St. Tuscaloosa AL 35401 833  
8th Street Thomas BHM AL 35214 / 1732 12th Avenue N. Bessemer AL 35020 /  
2712 31st St. Ensley BHM AL 35228

Address of Child Care Center: \_\_\_\_\_

- All food served in Child Care Center shall comply with USDA recommendations for Meals and Snacks.
- Water shall be available at all meals and snacks
- No sugar sweetened beverages shall be served to children.
- Only 100% juice
  - No more than 6 ounces per day
  - Only served at meal or snack time
  - Only for children over 12 months
- Milk with 1% or less milk fat for children 2 years and older (unless medical documentation is provided for child)
- Food items that shall be served at least once a week
  - Orange vegetable- for vitamin A
  - Dark green vegetable-for iron, Vitamins A and C, and fiber
  - Legume- for protein, iron, B vitamins
- At least half of grains served each week shall be whole grains
- Menus shall be
  - Posted in view of parents and food preparation staff
  - Prepared at least 2 weeks in advance
- Special diet needs and food allergies shall be kept on file in food preparation areas and in the children's eating area
- Documentation of amended menus must be corrected in writing and any substitutions shall be of equal nutrient value.

Director of Child Care Center: Joseph Moreno

Date: 9/1/2025



JEFFERSON COUNTY  
DEPARTMENT OF HEALTH

# Policy for Prevention of Communicable Diseases

Name of Child Care Center: A+ Academy

Tuscaloosa: 2015 28th Avenue Tuscaloosa AL 35401 / 4415 18th St. Tuscaloosa AL 35401 833  
8th Street Thomas BHM AL 35214 / 1732 12th Avenue N. Bessemer AL 35020 /

Address of Child Care Center: 2712 31st St. Ensley BHM AL 35228

## Common Communicable Diseases

No employee shall be allowed to work while having an illness diagnosed by a health practitioner due to:

- Norovirus
- Hepatitis A virus
- Shigella spp.
- Enterohemorrhagic or Shiga Toxin-producing Escherichia coli (STEC)
- Salmonella Typhi
- Nontyphoidal Salmonella (NTS)

## Detection of Illnesses

In order to control the spread of communicable diseases in the child care center, it is important that the caregiver recognize illnesses early. Isolate the child immediately and contact a parent or guardian so the child can be removed from the center as soon as possible. Staff should be alert to the following symptoms:

1. Severe coughing
  - a) Child gets red or blue in the face
  - b) Child makes high-pitched croupy or whooping sound as he coughs
2. Breathing trouble—especially important in an infant under 6 months old
3. Yellowish skin or eyes
4. Pinkeye/Conjunctivitis—tears, redness of eyelid lining, irritation, followed by swelling and discharge of pus
5. Unusual spots or rashes
6. A lesion such as a blister, boil, pustule or infected wound that is open or draining
7. Feverish appearance
8. Lethargy
9. Diarrhea
10. Vomiting
11. Unusual behavior
  - a) Child is cranky or less active than usual
  - b) Child cries more than usual
  - c) Child feels general discomfort or just seems unwell
  - d) Child pulls at ears
  - e) Child has difficulty swallowing
12. Frequent scratching of the body or scalp  
(may be a sign of scabies).



JEFFERSON COUNTY  
DEPARTMENT OF HEALTH