## CLIENT ACKNOWLEDGEMENT

Reiki, in Japanese, means Universal Life Energy, which was developed in Japan in the early 1900's by Mikao Usui and can be found anywhere in the world. Mikao Usui trained a naval surgeon, Dr. Chujiro Hayashi, who then trained Hawayo Takata, who then trained John Harvey Gray, who then trained his wife, Lourdes Gray, who in turn, trained me, Bobbi-Jo Perry. The teachings of Usui have been passed down meticulously through these generations with great care and accuracy.

Reiki balances the energy in one's body and the energy field around it. It is facilitated through the practitioner to whatever part of the body the practitioner is giving Reiki to through their hands. Reiki and the cells of all living organisms have the ability to communicate with each other. If the cells sense Reiki energy, they are able to draw that energy into them to support the body in relaxation, healing, balance, pain relief, and overall well-being. Reiki possesses its own intelligence and can assist with the natural healing processes of our physical, mental, and spiritual states of being.

A Reiki session is different for every individual as well as every condition. I ask you to keep an open mind and be open to the process of healing. Chronic conditions may take several sessions. There are some individuals who may feel immediate relief with conditions as others may experience little and possibly no relief at all.

Reiki can be utilized as an alternative and/or complementary healing modality. Reiki is not to be replaced for anyone or anything requiring medical treatment. Reiki practitioners do not have the ability to diagnose conditions, we do not prescribe medications, nor do we perform any medical treatments. If you feel you are experiencing a medical condition, I encourage you to seek the advice of a licensed health care professional.

During the Reiki session, at any time, if you feel uncomfortable or would like to take a break or stop entirely – please tell me immediately.

\*Except in the case of gross negligence or malpractice, I or my representative(s) agree to fully release and hold harmless Bobbi-Jo Perry from and against any and all claims or liability of whatsoever kind or nature arising out of or in connection with my session(s).

## I have read & I understand the information provided on Reiki.

Signature:	 Date:	
Printed Name:	 	