



# The FULL Armor of God

Ephesians Six

Part Two

# Part One, Highlights:

- Not everything is a “spiritual attack” Paul starts with our relationship with the Lord, then our relationship with others. Closes with “Finally” or “Lastly” put on the armor.
- It’s Gods armor, and His strength. We are just standing in it!
- This is the armor God used when He was here on earth!
- Having Faith doesn’t mean we will never have a trial or attack, it means we will successfully overcome them!
- The “Methods” of the enemy, Satan has a pattern.
- The armor mitigates the attack, minimizes the impact that the enemy designed it to have. Then flips the script!
- It’s something you develop with God, like David did.

# Ability to Stand

Eph 6:10-11 **Finally**, be strong in the Lord and in **His mighty power**. Put on the full armor of God, **so that you are able to stand against** the schemes of the devil.

- So that you may be able!
- The Armor of God (His strength) gives us an ability that we do not have otherwise.
- The Armor of God is something we prepare ahead of time.
- Its not complicated, but we do need to understand how it works.



# Equipment Gives us the Ability

- A dentist requires dental equipment.
- A welder requires welding equipment.
- A surgeon requires surgical equipment.
- A scuba diver can't dive without the proper equipment.
- It's important to have the tools!
- Equipment bestows ability that the unequipped don't have.
- God's equipment gives us the ability fulfill the job He asks us to complete.

# Equipment for Every Aspect

The Armor of God is Spiritual equipment for three areas:

- 1) **Your Heart (Spirit)**
  - 2) **Your Mind (Soul)**
  - 3) **Your Mouth (Body)**
- It covers every aspects of us!

**1Thes 5:23** Now may the God of shalom Himself make you completely holy; and may your **whole spirit** and **soul** and **body** be kept complete, blameless at the coming of our Lord Yeshua the Messiah.

The Shema:

1. **Heart** (Heb. levav) Often seen as the inner person, our Spirit
2. **Soul** (Heb. nephesh) The life or self, the living being. Thoughts/Will/Emotion
3. **Might** (Heb. me'od) – strength, resources, physical capacity.

# Importance of Equipment

- The lack of Equipment will allow the enemy to use our weakness against us. Whether that's Soul or Body to kill our Spirit. (Second death).
- We don't get beat by the Enemy and his strength, we get beat because of mind games and temptation. His "methods"
- Our mind is meant to protect us, just like our nervous system. If we have the truth we win! Confusion we lose.
- God wants us in truth, and with Him so that the attack backfires!



# Satan's plans Backfire:

Exodus 2:1-10 A man from the family of Levi took a woman also descended from Levi as his wife. When she conceived and had a son, upon seeing what a fine child he was, she hid him for three months. When she could no longer hide him, she took a papyrus basket, coated it with clay and tar, put the child in it and placed it among the reeds on the riverbank. His sister stood at a distance to see what would happen to him. The daughter of Pharaoh came down to bathe in the river while her maids-in-attendance walked along the riverside. Spotting the basket among the reeds, she sent her slave-girl to get it. She opened it and looked inside, and there in front of her was a crying baby boy! Moved with pity, she said, "This must be one of the Hebrews' children." At this point, his sister said to Pharaoh's daughter, "Would you like me to go and find you one of the Hebrew women to nurse the baby for you?" Pharaoh's daughter answered, "Yes, go." So the girl went and called the baby's own mother. Pharaoh's daughter told her, "Take this child away, and nurse it for me, **and I will pay you for doing it.**" So the woman took the child and nursed it. Then, when the child had grown some, she brought him to Pharaoh's daughter; and she began to raise him as her son. She called him Moshe [pull out], explaining, "Because I pulled him out of the water."

# Satan's plans Backfire:

- All of this began because of an attack by Satan through Pharoah:

Exodus 1:22 Then Pharaoh gave this order to all his people: "Every boy that is born, throw in the river; but let all the girls live.

- But its Pharaohs own daughter who saved him, brings him into Pharoah's house, pays his own mother to raise and nurse him!
- The very plan of the Devil was being reversed and backfires on him.

Acts 7:19-22 **With cruel cunning** this man forced our fathers to put their newborn babies outside their homes, so that they would not survive. "It was then that Moshe was born, and he was beautiful in God's sight. For three months he was reared in his father's house; and when he was put out of his home, Pharaoh's daughter took him and brought him up as her own son. **So Moshe was trained in all the wisdom of the Egyptians and became both a powerful speaker and a man of action.**



# So, you can STAND!

Eph 6:10-14 Finally, be strong in the Lord and in His mighty power. Put on the full armor of God, so that you are able **to stand against the schemes of the devil**. For our struggle is not against flesh and blood, but against the rulers, against the powers, against the worldly forces of this darkness, and against the spiritual forces of wickedness in the heavenly places. Therefore, take up the full armor of God, so that you may be able to resist **when the times are evil**, and after you have done everything, **to stand firm. Stand firm then!** Buckle the belt of truth around your waist, and put on the breastplate of righteousness.

To “stand” (histēmi in Greek) doesn’t just mean being passive—it’s about holding your ground firmly when evil presses in.

## We are to stand and...

- Not be tossed around by deceitful teaching **Eph 4:14**
- Against False Messiah’s, Prophets, and signs/wonders **Mark 13:22 & Deut 13**
- Against False Apostles **2 Cor 11:13**
- Against receiving the mark and worshiping the beast **Rev 13:17**

# Standing Firm:

James 1:12 Happy is the one who **endures testing**, because **when he has stood the test**, he will receive the crown of life, which the Lord promised to those who love Him.

James 1:13-15 Let no one say when he is tempted, “I am being tempted by God”—for God cannot be tempted by evil, and He himself tempts no one. **But each one is tempted** when he is dragged away and enticed by **his own desire**. Then when desire has conceived, it gives birth to sin; and when sin is full grown, **it brings forth death**.

# Standing Firm:

Job 11:13-15 “If you devote your heart to Him and spread out your hands to Him, if you put away the wickedness that is in your hand, and allow no iniquity to abide in your tent, then you will lift up your face without reproach; **you will stand firm** and without fear.

Psa 119:28 My soul weeps with grief. **Make me stand firm with Your word.**

1Cor 16:13 Be on the alert! **Stand firm in the faith!** Be men of courage! Be strong!

Gal 5:1 For freedom, Messiah set us free—**so stand firm**, and do not be burdened by a yoke of slavery again. (Man made traditions as doctrine)

- Be left standing:

Rev 20:12 And I saw the dead—the great and the small—**standing** before the throne. The books were opened, and another book was opened—the Book of Life. And the dead were judged according to what was written in the books, according to their deeds.



# The “Methods” of the Devil:

Eph 6:10-11 **Finally**, be strong in the Lord and in His mighty power. Put on the full armor of God, **so that you are able to stand against** the schemes of the devil.

- It doesn't say “so we can stand against the strength of the devil”...
- **G3180** μεθοδεία methodeia meth-od-i'-ah  
From a compound of G3326 and G3593 [compare “**method**”];  
traveling over, that is, travesty, (trickery): - wile, lie in wait.

2Cor 2:10-11 Now anyone you forgive, I also forgive. For indeed, what I have forgiven (if I have forgiven anything), I did it for you in the presence of Messiah, so that we might not be **outwitted** by satan—  
**for we are not ignorant of his schemes.**

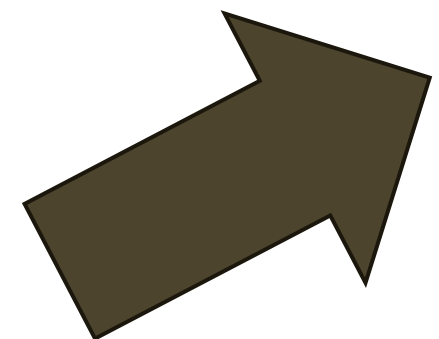
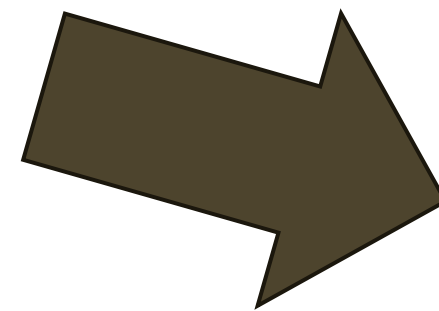
# We are not Ignorant of Satan's schemes:

There are thirteen “methods” the enemy uses, but all thirteen boil down to three “tools”:

1. **Lies:** distort God's truth.
2. **Fear:** paralyze faith.
3. **Pride:** exalt self over God.

Supporting Tools (flowing from the three):

4. **Accusation**
5. **Violence**
6. **Seduction**



1. **Steal**
  2. **Murder**
  3. **Destroy**
- John 10:10**

# The “Methods” of the Devil:

## 1. Pride & Self-Exaltation

- Satan’s own fall was through pride (*Isaiah 14:12–15; Ezekiel 28:17; 2Corinthians 12:7*). He tempts believers with pride in achievements, knowledge, or false spirituality (Religion). *1Cor 8:1; Matt 23:5; Col 2:18.*
- *Luke 10:18 And Yeshua said to them, “I was watching satan fall like lightning from heaven.*
- *1 Timothy 3:6 A leader must not be a recent convert “... or he may become puffed up with conceit and fall into the condemnation of the devil.”*
- Pride isolates us from God’s grace (*James 4:6*).



# The “Methods” of the Devil:

## 2. Deception (Individual) leads to → False Teaching (Corporate)

- **Eden (Gen. 3:1–5)**: The serpent questions God’s word: “*Did God really say...?*” and adds a half-truth to entice Eve.
- **Wilderness (Matt. 4:1–11; Luke 4)**: Satan quotes Scripture to tempt Yeshua, but twists the context. Yeshua resists with the *rightly applied* Word.
- **2 Cor 11:3**: Paul warns that just as Eve was deceived by the serpent’s cunning, so believers can be led astray. ↓ **Individual leads to mass public** ↓
- **Matthew 24:24**: “*False messiahs and false prophets will arise and perform great signs and wonders, to lead astray, if possible, even the elect.*”
- **2 Corinthians 11:13–15**: Satan disguises himself as an angel of light, and his servants as “apostles of righteousness.”
- **1 Timothy 4:1**: In the last days, some will follow “*deceitful spirits and teachings of demons.*”

# The “Methods” of the Devil:

## 3. Temptation Through Desires of the Flesh

- *“Now the woman saw that the tree was good for food, and that it was a thing of lust for the eyes” Gen 3:6*
- David & Bathsheba (**2 Sam 11**): Lust exploited, leading to greater sin.
- Judas (**John 13:2**): Satan put betrayal into Judas’s heart.
- **James 1:14–15**: Desire gives birth to sin when enticed.
- These are internal or personal temptations, different from external pressures...

# The “Methods” of the Devil:

## 4. Seduction of the World (Pleasures & Idolatry)

- Satan entices with worldly values: wealth, comfort, entertainment, or power. **Matt 13:22**
- **1 John 2:15–16**: Lust of the flesh, lust of the eyes, and pride of life.
- Demas (**2 Tim. 4:10**): Loved the present world and deserted Paul. The lure of the world dulls our devotion to God.



# The “Methods” of the Devil:

## 5. Accusation & Condemnation: Guilt & Shame

- **Job 1:9–11**: Satan accuses Job of only serving God for blessings.
- **Zechariah 3:1–2**: Satan accuses Joshua the high priest before God.
- **Revelation 12:10**: He is called “*the accuser of the brethren... who accuses them before God day and night.*”
- Different from healthy conviction.
- **Genesis 3:7–10**: Adam & Eve hid in shame after sin.
- Keeps believers trapped in the past, doubting forgiveness.

# The “Methods” of the Devil:

## 6. Division & Discord

- **Numbers 13–14**: Ten spies spread a bad report, stirring fear and rebellion among Israel. Our natural fleshly tendencies
- **Acts 5:1–10 (Ananias & Sapphira)**: Satan fills their hearts to lie, corrupting unity in the early church.
- **1 Cor. 1:10–13**: Satan fuels divisions (“I follow Paul, I follow Apollos”).
- This is fueled by unforgiveness...

# The “Methods” of the Devil:

## 7. Unforgiveness

- Yeshua’s Teaching — Forgiveness is Non-Negotiable

Matthew 6:14–15 “For if you forgive others their offenses, your heavenly Father will also forgive you. But if you do not forgive others, neither will your Father forgive your offenses.”

- Unforgiveness creates a spiritual blockage.

Mark 11:25 — “Whenever you stand praying, forgive, if you have anything against anyone, so that your Father in heaven may also forgive you.”

- Yeshua links answered prayer to forgiveness.



# The “Methods” of the Devil:

## 7. Unforgiveness

- Paul on Satan Taking Advantage **2 Corinthians 2:10–11**: Paul urges forgiveness and restoration of a repentant brother, “*so that we would not be outwitted by Satan; for we are not ignorant of his schemes.*”
- Here’s the exact language of Satan’s “method” (methodeia): unforgiveness gives the devil leverage.
- Root of Bitterness **Hebrews 12:14–15**: “*See to it... that no ‘root of bitterness’ springs up and causes trouble, and by it many become defiled.*”
- Bitterness doesn’t just affect one person — it spreads, poisoning whole communities.
- Do Not Give the Devil a Foothold **Ephesians 4:26–27, 31–32**: “*Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil... Let all bitterness and wrath and anger... be put away from you... Be kind to one another, tenderhearted, forgiving one another, as God in Messiah forgave you.*”
- Unresolved anger leads to unforgiveness, which literally gives Satan a place/foothold (Greek: topos = territory).

# The “Methods” of the Devil:

## 8. Fear & Intimidation

- **Job 1–2**: Satan “orchestrates” disasters, leaving only one servant alive each time to report, spreading fear and amplifying suffering.
- **Goliath (1 Sam 17)**: His daily taunts demoralized Israel’s army. The Philistines weren’t eager to fight, but they used fear as a weapon.
- **Nehemiah 6:9**: Enemies tried to frighten Nehemiah so he would stop rebuilding the wall. He answered: “*Should a man like me flee?*”

# The “Methods” of the Devil:

## 9. Distraction & Hindrance

- **Daniel 10:12–13:** A spiritual prince resisted God’s messenger, delaying Daniel’s answer.
- **1 Thess. 2:18:** Paul says, “*We wanted to come to you... but Satan hindered us.*”
- **Mark 4:19:** Cares of the world, deceit of riches, and desires choke the word. Entertainment, social media, video games, sports etc...



# The “Methods” of the Devil:

## 10. Weariness & Discouragement

- **Daniel 7:25**: The enemy will “*wear out the saints of the Most High.*”
- **Galatians 6:9**: “*Do not grow weary in doing good.*”
- Satan uses exhaustion, constant resistance, and delayed answers to grind down faith.
- Nehemiah’s opponents tried to discourage the workers until their “hands dropped.” **Neh 4:10 & 6:9**

# The “Methods” of the Devil:

## 11. Isolation & Separation from the Flock

- A lion hunts by isolating a sheep from the herd. Satan does the same.
- **1 Peter 5:8:** *“The devil prowls like a roaring lion, seeking to devour.”*
- **Prov 18:1** *“One who isolates oneself seeks his own desire; he defies all sound judgment”.*
- **Hebrews 10:25:** *“Do not neglect gathering together”*  
Isolation makes us vulnerable.
- Offense and busyness often feed this trap.

# The “Methods” of the Devil:

## 12. Persecution

- Herod killing infants (**Matt. 2:16**): Satan’s attempt to destroy the Messiah early.
- **Rev. 2:10**: The devil will throw some believers into prison to test them.
- **1 Peter 5:8–9**: The devil prowls like a roaring lion to devour, but believers are called to *resist him, firm in the faith*.
- Yeshua said many times: “You **WILL** face persecution.” **Matthew 5:10–12, Matthew 10:16–25, Matthew 10:22–23, Matthew 24:9, Mark, Luke 6:22–23, Luke, Luke 21:12–19, John 15:18–19, John 15:20, John 16:1–2, John 16:33, Revelation 12:17**



# The “Methods” of the Devil:

## 13. Counterfeit Signs & Supernatural Deception

- **2 Thessalonians 2:9–10**: The lawless one comes with “*all power, false signs and wonders, and with all wicked deception.*”
- Spiritual experiences, miracles, or manifestations can be manipulated to lead astray if not tested by Scripture. **Duet 13; Mat 24:24; Rev 13:13-14**
- **Revelation 20:8** “*and he shall come out to deceive the nations at the four corners of the earth*”

# The “Methods” of the Devil:

1. **Pride & Self-Exaltation;** Isa 14:12–15; Ezek 28:17; 1Tim 3:6; 2Cor 12:7
2. **Deception: leads to False Teaching;** Gen 3:1–5; Mat 4:6; 2Cor 11:3; Mat 24:24
3. **Temptation Through Desires of the Flesh;** 2Sam 11; Jas 1:14–15; John 13:2
4. **Seduction of the World (Pleasures & Idolatry);** 1John 2:15–16; Mat 13:22; 2Tim 4:10
5. **Accusation & Condemnation: Guilt & Shame;** Job 1:9–11; Zech 3:1–2; Rev 12:10; Gen 3:7–10
6. **Division & Discord;** Num 13–14; 1Cor 1:10–13; Acts 5:3
7. **Unforgiveness;** Mat 6:14–15; 2Cor 2:10–11; Heb 12:15; Eph 4:26–32
8. **Fear & Intimidation;** Job 1–2; 1Sam 17; Neh 6:9
9. **Distraction & Hindrance;** Dan 10:12–13; 1Thess 2:18; Mar 4:19
10. **Weariness & Discouragement;** Neh 4:10; Neh 6:9; Dan 7:25; Gal 6:9
11. **Isolation & Separation from the Flock;** 1Pet 5:8; Heb 10:25; Prov 18:1
12. **Persecution;** Mat 10:22; John 16:2; Rev 2:10
13. **Counterfeit Signs & Supernatural Deception;** 2Thess 2:9–10; Mat 24:24; Rev 13:13–14

**Eph 6:10-11 Finally, be strong in the Lord and in His mighty power. Put on the full armor of God, so that you are able to stand against the schemes of the devil.**



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Ephesians Six

Part One

Questions & Answers